

THE WAR ON | CANCER

*Chinese medicine
successful
protocol*

*Facts, data, and practical proof
will transform your view of traditional Chinese medicine.*

Author **Philip Chen**



**Fable, myth, fairy tale...
Or reality?**

**A new era of evidence-based
Chinese medicine!**

PREFACE

When speaking of "cancer," we may immediately think of many often related words, such as Western and Chinese medication, health, surgery, chemotherapy, radiotherapy, prevention, keeping in good health, organic diet integrated treatment...etc. It would be very rare to put "cancer" and "ocean" together, but our lives connect both.

The president and most of the main members of the International Rehabilitation of Cancer Association have the same background as the ROC Taiwan Navy. As navy officers, we have devoted ourselves to three things since we were young. One is standing at attention and at ease, another is gun and artillery expertise, and the other is military tactics and war technique. How did we arrive into the field of "health" and "cancer?" Actually, it's fate.

At an early stage, with limited experience of "health, body, cancer and medication," we have nothing but the revolutionary soldiers' courage and belief. For twenty years, we have become more passionate with this job and learning opportunity which has allowed us to contact people directly, frankly, and to encourage each other. In this environment, we have a chance to appreciate the true honor and greatness of humanity.

During the wild days in the Taiwan Straits, we praised ourselves to be great, invincible, and proud as youngsters. But when we touch every patient, every individual, and the disease he or she suffers; we reconsider the value of being "human". Years of learning and experiences make us suddenly discover that what we used to believe turned out not so great, invincible and proud. Because working and serving at IRCA (International Rehabilitation of Cancer Association) let us truly experience the greatness and pride of "respecting life".

This book consists of the wisdom of all the colleagues who come

from China, Japan, Hong Kong, Philippine, Thailand, Malaysia and Taiwan. Although the languages are distinctive and different, the harm cancer causes is the same. Therefore, the attitude we treat our patients with is sincere and shows no difference. Without professional background from medical schools, the writers provide the most sincere belief with every paragraph and every photo to complete every article in this book. In the meantime, I would like to thank Professor, TCM Practitioner, Sun Ling-Xian, for his instruction and suggestions on clinical medication.

Finally, I want to show my thanks to those friends who provide their own observations. The stories, feelings, and expectation of their selfless hearts will encourage other patients and support them. Although each cancer patient wrote only a few pages of this book, every piece of writing is the truest and perfect markers of life. And I really should stand at attention on the seashore of Victoria Harbor and salute to all; and thank you and wish you all the best for finishing this book successfully.

Philip, HW Chen
Hong Kong November 2011
Photography in Warsaw, Poland.



SHARING! THE NEW CONCEPT OF CHINESE MEDICINE

Sze-Piao Yang, M.D., F. C.C.P

- Ex-Director of the Hospital of National Taiwan University
- Honor president of Society for integration of Chinese and Western medicine, Taiwan
- President of Taiwan Keeping Life and Health Association

Among modern medical technology, which changes with each passing day, cancer treatments are quite complicated and involve wider ranges of variation. Basically, modern medical treatments are more likely to fully attack cancer cells; on the other hand, Chinese doctors completely choose defensive method. Both of these have advantages and disadvantages. We and all the other people in this field believe and hope to balance both, and at the same time, to give patients the safer, harmless treatments to upgrade their quality of life and give them a chance to live longer.

When I received this book, it occurred to me that many people changed after they got cancer. Their meaning of life and attitudes to family and friends changed, and so did their viewpoints. Their hearts are full of greater love. This book, “The war on cancer - Chinese medicine successful protocol.” contains the deepest expectation, thoughts and feelings of patients with cancer. Their frankness is touching and encouraging to the bottom of our heart. As an old soldier in this medical field, I sincerely pay my respects to those valiant patients who are willing to share their very own experiences of resisting cancer.

Whether it is the Chinese herb medicine (Tian Xian Liquid) mentioned in this book, Qi Gong, yoga, or other unique ways to defeat cancer and keep a healthy life; many of them are not pursued from the angle of current medication. No side-effects is the main desire, as well as mild treatment methods, products based on medical theory or science, and food or other complementary medicines are all good methods, as long as they can achieve the goal of defeating cancer and keeping a healthy life.

At last, I want to encourage you and myself with these words: “Face it bravely, and dare to change!” Please cheer up for those who are still fighting against cancer. I hope that this book can help many people and families in need. Even just one paragraph or a single statement is worth sharing and recommending to us all.

Dr. Obitsu Ryoichi

- Director of Obitsusankei Hospital
- President of Japan Holistic Medical Society
- President of Japanese Hormoeopathy Association
- President of Nihon Chowado Society

“There is a hope, there is a chance!” Chinese medicine is not necessarily a “home run,” but more a “safe hit!” as in the baseball theory.

Most patients choose Chinese medicine or herbal medicine as a supplementary treatment. In fact, most patients do get better if they choose to take the right one. Cancer patients focus their attention upon this supplementary therapy for purposes of prevention and care for their health.

However, there are also plenty of doctors who disagree with the function of Chinese medicine. My experiences have told me that Chinese medicine is not an effective cure in a very short time but a good prescription that can lead directly to patient improvement. Therefore, to regard Chinese medicine as a “home run” which is quick and magically effective is not needed.

For example, the famous Japanese baseball player, Suzuki Ichiro, always thinks how to get on the first base when he plays. Getting on the first base means a chance to score. If he always thinks about home run, he easily strikes out. The theory of Chinese medicine treatment is like the “home run” with base loaded.

In my hospital, I examine sixty cancer patients in a day. The condition of every patient’s body is “severe”. In Japan, there is a word called Yokotsuma in Sumo.

There is no “secondary” among my patients. I encourage them to choose good Chinese medicine as complementary therapies and to do Qigong with me in order to perspire. Therefore, they keep healthy and survive whether they have had cancer for five or ten years. Most of them are even models to “live with cancer!” So, you can gain a chance to live happily just to rebuild the new concept of life and disease.

Professor Tong Yao

- President of school of Chinese medicine, the University of Hong Kong

In the medical history of cancer, traditional Chinese medicine plays an indelible and important role.

The theory of traditional Chinese medicine says that if the Qi and Blood don't circulate well inside the body, the organs will fail to function and then evil influence gets into the body to cause Yin and Yang not to balance. This is the basic pathogenesis of cancer. Therefore, Chinese medication to prevent cancer is to use Chinese medicine, to drink and eat well, and to use emotional therapy... etc. Making Qi and Blood circulate well and increasing the good energy of life will balance Yin and Yang.

At present, we combine Chinese and Western medication together. In other words, we treat patients with Chinese medicine before and after they have their chemotherapy, radiotherapy and surgeries. Examples prove that their bodies become healthier, the treatment is more effective and the patients feel less uncomfortable, they successfully prevent cancer from happening again, the quality of their life gets better and they live longer. We believe that cancer, the biggest nemesis against human health, will be conquered by the hardworking of Chinese and Western medication in the coming future.

IMPORTANT STATEMENT

This book is basically describing the origin of the Chinese medicine, Tian Xian Liquid(TXL, THL). The author supports any other treatment for tumor. Every research content and number of this book is true and receives public comments.

The best treatment for tumors should be:

Accepted by most people

Mild

Examined by medical theories

No side effects

The theory of this book emphasizes on the effect of combining Chinese and Western medication to treat tumor, not replacing the current Western treatment of surgeries, chemotherapy and radiotherapy...etc. If the reader himself or herself or the family member is also a cancer patient, please evaluate the condition with a calm mood to consult and choose among other integrated treatment, natural treatment, Chinese medicine treatment and nutrition diet.

The description of the whole book has not been examined by a food inspection agency or drug inspection bureau. No matter what kind of treatment the reader is going to take, he or she should evaluate and consult with medical-related personnel.

Any suggestions, indications and omissions are welcome by publisher and will be the basis of improving books of the same kind and reprint.

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Chapter one

THE KEY TO CURE CANCER

Part One

*Knowing cancer and
master the key*

DOES CANCER MEAN DEATH?

Many people think cancer is an incurable disease. Having cancer means you are diagnosed to death.

It is true that cancer takes countless precious lives. It is on the top of the COD (cause of death) list of every country around the world. Though there has not been 100 percent curable medicine invented in the medical field yet, people are getting to know this disease better and continuously developing new treatments and prevention steps with the improvement of medication and technology; therefore, the result and the effect of cure are rising. When experts and doctors remove the mysterious veil of cancer, they will have more confidence and plans for cancer treatments in the twenty-first century.

Nowadays, the way of addressing cancer as the “incurable disease” has been changed. It should be “a chronic disease that is more difficult to cure.”

There are countless people who have successfully fought with cancer and regained a longer life. The cure rates of the first stage of uterus cancer, breast cancer, stomach cancer, esophagus cancer, and throat cancer have reached over ninety percent. Even the survival rate of liver cancer, considered the most difficult cancer, has reached three to five years. As long as we can find it and cure it at the early stage, with a complete treatment, cancer is definitely not a terrible disease.

When Western and Chinese medications meet and interflow, modern and natural medications are compatible with each other. In fact, during the past ten years of cancer treatment, the biggest changes are “many-faceted” and “more human.” Conventional Western medication has the advantage of “immediacy” and “focus” in cancer treatment, but the results of multiple evaluations indicate the limit. Nowadays, medical experts all over the world still keep researching

the cause of cancer, and looking for the best solution through clinical study and experiment. Some of these methods and procedures might succeed; the others might fail due to other side effects. In the process of success, failure, invention and challenge, the more suitable treatment program for “cancer treatment” might be found.

Whether you are a doctor or a patient, you should thank those unknown scientists, doctors, and experts for their selfless research and devotion. Because of them, the rate of cancer cure rate is increasing by 1% and 2% step by step.

HAVE YOU CHOSE YOUR CANCER TREATMENT CORRECTLY?

Modern and advanced Western medical treatments

These treatments of cancer are most promoted and the methods are many-faceted. The main treatment programs of the conventional Western medication are the following three methods:

(1) Surgery treatment.

Although the programs of treating cancer trends to be many-faceted, surgery of cutting off a tumor is the most effective, direct, and quickest standard method. Especially early stages of cancer are almost curable. Even if the cancer cell transfers, surgery can get rid of focus of infection caused by cancer.

But, there are many limitation of resection. Any ways of resection may cause inevitable damages. During a surgery, normal tissue is cut open, veins, lymph and nerves are cut off. Sometimes, this will cause other sequelae. Moreover, when cancer cells extend deeply to inner important organs, veins and lymph, doctors will evaluate the safety of the operation. Therefore, the trust of the patient and family to the doctor, with proper and frank communication between them are the basic elements of increasing the success rate of the surgery.

(2) Anticancer medicine (chemotherapy) treatment.

Anticancer medicine is the effective in curing leukemia and malignant lymph tumor. Besides, it can prevent transfer, recurrence, and increase the efficaciousness of entire treatment while surgery is unable to cut off all the cancer cells.

However, most concerns for this treatment is that normal cells are also destroyed when killing the cancer cells. The side effect is that the destruction of human digestion, blood and lymph systems will lower the body's leucocyte, appetite, and physical strength. Without complete metabolism, anticancer medicine will accumulate and cause the body to collapse, and fail the goal of the treatment. It is also the most uncomfortable method among all treatments.

The most common side effects of anticancer medicine include:

- Restrain the function of marrow: immunity decreases because of the low leucocyte, blood platelet, and hemoglobin. Therefore, bacterium infection, fever, bleeding, and tiredness occur easily.
- Digesting function decreases: feel thirsty, no appetite, sick, ulcer, constipation, diarrhea, gastrointestinal bleeding, abdominal pain etc.
- Immunity decreases: anticancer medicine can't tell the differences

between normal cell and abnormal cell, and it can't stop cancer cells growing inside the body, so cancer may transfer and recur etc.

- Kidney function decreases: backache, lumbago, hematuria, edema, abnormal urine etc.
- Liver function decreases: pain in liver, jaundice etc.
- Heart function decreases: ventricular hypertrophy, edema shown in face and four limbs caused by poor blood circulation.
- Lung function decrease: interstitial pneumonia, lungs swell, fever, coughing, difficult breathing etc.
- Effect to the nerves: numbness of hands and feet caused by peripheral neuritis, feeling strange etc.
- Loss of hair: baldness affects emotion and bad mood stimulates radical inside the body and increases cancer cell.

(3) Radiotherapy treatment.

Radioactive rays perform great destruction to the proliferation of young cells and the growth of cancer cells, so they can be partially used in treatment. They kill cancer cells spreading around, transferring to other parts of the body and those can't be removed completely at surgery.

Although radioactive rays can completely destroy cancer cells, there are many other precision instruments, such as x-knife, gamma knife, and spiral cutter. With the help of medical technology like computer control, 3D solid, fixed position and acceleration, cancer cells can be killed more precisely than killed by cobalt sixty. However, some normal cells are still damaged. Therefore, radiation treatment is not suitable for patients at the terminal stage of cancer, of old age, or with chronic diseases.

Radiotherapy might cause the following side effect including:

- Fatigue, headache, dizzy, and immunity decreases etc.
- Digesting organs disorder causes no appetite, sickness, vomit, dyspepsia, abdominal distension and diarrhea etc.
- Restrain the function of marrow and affect hematopoiesis and decrease leucocyte, blood platelet.
- Skin symptom: reddish, itch, loss of hair, pigment sediment, fester, becoming bloodshot and edema, blister and ulcer etc.
- Oral symptom: oral cavity ulcers because of atrophy of saliva, dry mouth, change or even lose function of taste and smell.
- Brain symptom: atrophy or necrosis of brain
- Spinal cord shows myelitis, feeling and movement disorder etc.
- Lung symptom: pneumonia, coughing, sputum, fever etc.

Traditional Chinese Medical Treatment

I. Chinese medication combines with Western medication, the secret of complementary efficiency.

TCM (also called Chinese medication or Chinese medicine) contains the quintessence of thousands of years of clinical experiences. It is examined after practice, not hypothesized. In the Chinese history, disasters caused by virus and contagious diseases are obviously less than those that have happened in Europe and America. This has been achieved through practicing Chinese medication. It is a pity that those medical achievements are not precisely and completely recorded for the descendants. Without being analyzed by the Western technology, they are rarely known.

In fact, many Chinese medicines have an anticancer function. The ingredients of present anticancer dosages are made from plant extracts. They were previously made from chemistry and compounds. Those plants are recorded as anticancer plants which can destroy cancer cells directly or indirectly. It draws Western doctors' to pay serious attention and begin to practice the theories of Chinese medication .

When speaking of Chinese medicine, people usually regard it as nutriment which can recuperate strong bodies. Most of them don't think that it has anticancer and preventative functions of cancer. The main effect of Chinese medicine is to activate the immunity of human body. Once the immunity is increased and balanced, the human body can restrain and decrease the growth of cancer cells. Therefore, if Chinese medicine, traditional anticancer dosage and radiotherapy can work together without distinguishing which effect belongs to traditional medicine or to Chinese medicine, patients will be benefited by the integrated treatment.

Using the direct way, such as surgery, anticancer drugs, and radiation, to terminate cancer cells, and taking the unique Chinese compound medicine to destroy the remained cancer cells, and to help and strengthen normal cells, this combination of Chinese and Western medication has been practiced on terminal and late stage cancer patients since 1996. It shows great effect on easing the pain and prolonging life.

The objective way of speaking is that Chinese medication pays attention on the "human" while Western medication pays attention on "disease." How do we define the difference?

Chinese medication, with the wisdom of thousands of years, researched the connection, logic, and influence of different parts of human bodies, mainly the vital organs. Chinese doctors diagnose a disease with connections among each organ, not with the symptoms

of individual organs. Therefore, you may see most Chinese doctors hold a patient's hand and feel the pulse and diagnose a weak or strong pulse. This is the origin of Chinese medication.

Like the teacher at our first biology science class who asks the students to dissect a frog and look for the different organs, Western medication divides the human body to seven independent systems. Each diagnosis is made from the symptoms. So, conventional medication starts with testing blood, urine, and taking blood pressure, then analyzes each symptom and diagnoses it as individual incident.

No matter whether it is the vital organs or the function of seven systems, the importance should be the cooperation of both to benefit the patients. Early European and American experts and medical personnel who accepted Western education didn't pay attention to the theory of Chinese medication. Since 1998, the American Government has changed its position from a dissenter to a role that provides budget for teaching hospitals and schools for research and analysis. It now faces up to and values Chinese medication and other medication to approve important parts in cancer treatment when faced with limited of medical developments.

II. The magic of Chinese medicine.

Although the methods are different between Chinese and Western medication, the purpose is the same. Chinese medicine has its unique theory and traits. There are many differences between Chinese and Western medications on how to treat cancer. In brief, the advantage of Chinese medicine is where the Western medication is limited. The following will explain the direction of Chinese medical treatment.

1. Not only to treat the illness, but also to get to the root of the illness.

We have mentioned earlier that Chinese medication masters all the illnesses of the body by observing the “human body.” Owing to the focus of infection effects the whole body, Chinese medication not only pays attention to curing the focus of infection, but also on recuperating the immunity of the body. As for treating cancer, Chinese medication advocates to get rid of the focus of infection first, and stop it from getting worse in order to improve the condition of the body. Then to strengthen the anticancer functions and prevention which controls the proliferation, spread, and transfer of cancer cells.

2. Against evil influence VS strengthen vital energy.

Chinese medication calls all the causes of sickness as “evil,” and the immunity as “vital.” The “evil” that causes cancer includes not only the mental pressure but also qi stagnation (the stagnation of the internal air), xue yu (the stagnation of the blood), heat-toxin (evil heat and poison gas), shi ji (accumulation of damp), tan ning (something that slows down the circulation of qi and blood and cause stagnation at certain part) etc.

Cancer is the result of the “overlap,” when the body is lacking vital energy and evil influences attack the weak body. Vital energy consists of qi (air), blood, yin and yang. When vital energy gets weak, the body and partial organs start to weaken.

The way Chinese doctors prevent illness (cure the illness before any symptoms shown) is to balance immunity and gain vital energy. “Evil has no influence when vital energy exists.” That’s how they prevent cancer. The happening of cancer is also “the fight between vital energy and evil influence.” When vital energy regains and gets stronger, the evil influence turns weak and patient’s condition turns better. On the

contrary, when evil influence becomes stronger, vital energy gets weak, and the patient's condition gets worse and becomes hopeless.

3. Symptomatic medication.

Another characteristic of Chinese medication is the certainty of “proof.” In brief, the place where cancer exists and how the situation worsens cause different symptoms. Therefore, each patient's condition is different. Integrated diagnosis, to provide an effective medicine is one of the most obvious characteristics of traditional Chinese medication called “diagnosis based on overall analysis of patient's condition.”

Chinese doctors' syndrome differentiations include 8 fundamentals, internal organs & entrails, qi & blood, 6 meridian, 4 component, sanjiao meridian (triple heater/burner/warmer/energizer or three warmers) etc. Cancer treatment is usually based on 8 fundamentals, internal organs & entrails, and qi & blood. The principles of “relieving vital energy and eliminating pathogens” mainly include nourishing the circulation of blood, nourishment for vitality, antipyretic method and relieving internal fever, the circulation of qi, reduce damp and phlegm, soften the hard and node, antibody generator, and removing rot and regeneration etc. According to these principles, doctors can be certain of the condition and cancer treatment, choose the proper medicinal herbs to treat the patient and ease symptoms.

4. The advantage of adjusting function.

The greatest characteristics of Chinese medication are stable, mild and few side effects. Conventional Western treatment emphasizes on “enforcement” and “binding force,” so it causes stronger side effects. This is also the blind spot that conventional Western medication must improve and make a breakthrough. Of course, Chinese medicine has

a shortcoming which was difficult to conquer in early times. That is the purity of ingredients and standard of production, etc. Under the requirement of GMP and global standard, people have more and more confidence in Chinese medicine. As long as the medicine is properly put together, using Chinese medicine as a complement should reach a result of double winnings for doctors and patients.

III. Chinese and Western medications work together so that the dream of overcoming cancer will come true.

The so-called combination treatment of Chinese and Western medication doesn't mean to simply put these two together, or try other therapy while accepting some kind of treatment. The treatment is a complete, planned, and reasoned cooperation by examining the patient's condition and the characteristic pathology of cancer first, and then analyzing each advantage of Chinese and Western medication. The particular ways of combination include:

a. Combinative treatment for increasing curative effect.

According to the diagnosis, classification, and stages by the Western medication, cancer is treated in various ways, including surgery, radiotherapy and chemotherapy, combined with the treatment of a Chinese doctor's diagnosis based on overall analysis of a patient's condition. Even the diseases are diagnosed as the same kind, the differences of every individual patient and his or her stage of sickness will show different "proofs" and naturally the treatments will be different (like the way to nourish qi, or the expectorant and damp reducing way.)

Take lung cancer for example, some belong to the type of weak qi and yi, others belong to the type of damp phlegm and internal knob, and Chinese medication calls "different treatments for the same

disease.” Besides, if different types of cancer patients show the same “proof”(like proof of weak spleen) at some stage, Chinese doctors will treat with the same way to nourish qi and spleen. This is “same treatment for different diseases.” With this, the whole body is treated.

b. Perfect combinative treatment.

Whether it is surgery, radiotherapy, or chemotherapy, they are all effective treatments for cancer (terminating evil influence) which aim at destroying cancer cells. In other words, these therapies will reduce the immunity of the body and bring obvious side effects, complications, and sequelae. Therefore, these therapies should include some ways to increase the patients’ immunity, to remedy the damaged cells and tissues, and to help the patients to resist cancer, which mean to strengthen vital energy.

c. The damaged cells can be remedied by Chinese medication.

Those who have skin neoplasm, nasal cancer, cervical cancer, and bladder cancer must accept the entire treatment. Patients at terminal stages still have to accept partial treatment first, although cancer cells have migrated all over their bodies. They should accept partial radiotherapy to ease their pain for tumor repressing might cause terrible pain at this time.

While accepting partial treatment like surgery or radiotherapy, taking Chinese medicine to remedy and recuperate the entire body is the treatment combining partial to the whole and is the most hopeful one that everyone is looking forward to today.

d. Is life therapy the key to reducing recurrences?

Cancer treatment must include medical treatment and management of the whole life to work. After surgery, radiotherapy,

or chemotherapy, patients should have a special diet, live a normal lifestyle and exercise properly in order to present the result of cure and to prevent recurrences. So, a complete treatment must include the management of recovery and life.

e. The concern of cure and prevention.

While ensuring for long-term plans for cure, patients should have treatment gradually according to their development, in other words, using different ways at different stages. The point is not a short term of outcome of treatment, but a long term of keeping the curative effect, preventing recurrences and transfers, and returning to normal life.

Complementary and Integrated Medicine, CIM

For over forty years, the main medical field of different countries have examined and proved that Conventional Medicine, CM, such as surgery, radiotherapy and chemotherapy, has limitations to the patients' quality of life, curative effect, and survival. Especially the side effects of those treatments have great influence on patients' will and confidence in continuing to accept the treatment, and worsening their quality of life; so they are looking for the possibility of Complementary and Alternative, abbreviation of CIM. The followings represent the current development of some areas:

(1) United States

National Institute of Health, NIH, has established Office of Alternative Medicine, OAM and committee in October, 1991 and re-established as National Center for Complementary and Alternative Medicine, NCCIM, in 1998. National Cancer Institute, NCI, of

NIH, established Office of Cancer Complementary and Alternative Medicine, OCCIM. These researching departments were established to find out the proof of CIM through scientific methods by exploring the past complementary and alternative healing practices in the context of rigorous science, disseminating authoritative information to the public, and trying to integrate it.

So, the concept of CIM is to integrate CM with CIM through scientific research and concrete evidence in order to increasing the curative effect of every kind of chronic disease, especially cancer.

The top ten cancer institutes of national evaluation in US have established the department of CIM, which show that it is playing an increasingly important role in clinical cancer treatment.

(2) Japan

In 2004, there have been twenty-five complementary or alternative institutes of every kind established in Japan, and later JACT (Japan Alternative and Complementary Therapy) was established. Eighty-five congress members of different parties initiated the establishment of Committee of Integrative Medicine. Ministry of Health, Labour and Welfare organized Project Team, PT, and started analyzing the effects and safety of CIM on February 11th, 2010. In addition, the government set aside tens of billions especially for researching Chinese medicine in the 2010 budget.

Kazuhiko Atsumi of Integrative Medicine Japan indicates that there will be one hundred doctors carrying out seven subjects, including establishing international cooperation, building the National CIM center and international medical universities, which will have universities, professional schools and issue the doctor's licenses in the future. That is the project of CIM for future Japanese medication. Besides the national development, they will actively plan for

international cooperation that will be establishing Asian association of the integrative medical organization.

(3) China

China is one of the earliest nations to develop CIM for tumors. Because Chinese traditional medication has unique diagnostic theories, Chinese medicine which is examined after practice, not just conjectures, contains extracts of thousands of years of clinical experiences. The special curative effect of Chinese medicine is quite different from the Western medicines, but it can complement for the lack of Western medicine in the above conditions and also work an overall effect for cancer treatment.

After the Global Tumor Conference in 1996, the office of International Cancer Prevention and Research Office of International Cancer Prevention Institute were established, as well as the Integrating of Chinese and Western Medication Study Group. In January of 1985, the Professional Committee of Integrative Medicine on Cancer was established. Moreover, in 2001, the research of “treatments for increasing the life time of cancer project” was added to the “15” categories of science and technology directed by the nation. This is the largest national clinical research to observe the curative effect for cancer of the integrative Chinese and Western treatment done by China Academic of Chinese Medicine, Guang An Men Hospital Beijing. Eight large Chinese and Western hospitals like Beijing Cancer Hospital and China-Japan Friendship Hospital would join the research, which was conducted at random, with double-blind trials with large samples (more than one thousand cases), and taken in multiple centers for the first time. After three years of thorough research, the following is the conclusion:

Survivals of integrative team: 12.03 months

Survival of Chinese treatment team: 10.92 months

Survival of Western treatment team: 8.46 months

The integrative team is obviously better than the other two. After scientific research and clinical practice for a long time, Chinese medicine does play a very important role in the integrative treatment. Through those positive examples and proper arrangement of medicinal herbs, Chinese medicine definitely can be used in any kind of cancer treatment. The importance of Chinese medicine is now gaining increasing clinical attention from people all over the world.

(4) Malaysia

In order to support the development of traditional and complementary medication, the Ministry of Health Malaysia established the “Traditional and Complementary Medicine Division,” and drafted a national policy for traditional or complementary medication which classified traditional medication of Malaysia, Chinese and India as complementary medicine. Chinese medicine has become an important part in the health care system in Malaysia by the formal text. This was the first time that Malaysia government officially brought Chinese medicine and other traditional medicine into national health policies. Many private colleges have offered bachelor’s degree courses in traditional Chinese medicine and encouraged Western doctors’ further study for Chinese medicine and other traditional medicine.

According to the research of Institute for Medical Research, Malaysia (IMR), there are about 50-60% of families taking traditional and complementary medicine in Malaysia. Until 2009, the Malaysian government has opened Chinese medicine and traditional medicine departments in three national hospitals where Chinese doctors will offer services for consultation, such as acupuncture and moxibustion, massage, and foot acupressure treatment. These hospitals are Hospital Putrajaya, Hospital Besar Pulau Pinang, and Hospital Sultanah Aminah Johor Bahru, and the government plans to increase these government hospitals to a total of seven.

Private hospitals with a Chinese medicine department and integrating departments of Chinese and Western medicine are Tung Shin Hospital, The Negeri Sembilan Chinese Maternity Hospital (NSCMH), Federation of Chinese Physicians and Acupuncturists Association of Malaysia (FCPAAM) etc.

(5) Thailand

Western and Thai medication have been the mainstream in Thailand. With the improvement of civilization and the changes of diseases, the Ministry of Health in Thailand gradually realizes the limitations of Western and Thai medication and starts to research and use “alternative treatments.” Therefore, Chinese medicine with complete theories and experiences of systematic prevention draws their attention. The Ministry of Health in Thailand issued the first decree of “regulations for authorization of treatment to Chinese medicine method” and this was the first time in Thai history to recognize Chinese medicine and announced the legalization of traditional Chinese medicine in Thailand.

In 2002, the Department of Development of Thai Traditional and Alternative Medicine Ministry of Public Health was established formally to fully promote CIM.

There is a purpose in executing this policy by the Thai government. Many Thai people turn to the help of “Thai herbs,” “Chinese herbs,” “health foods,” or “some unknown prescriptions” other than accepting conventional treatment when they face serious diseases, which cause many bad consequences and medical malpractices. After the government issued this decree, all alternative medicines are required to be under the unified standard so that people can choose the most effective treatment and medicine for the individual using principles of freedom and safety. This is quite a humane policy.

(6) Taiwan

Although the development of CIM started late in Taiwan, since National Taiwan University Hospital, the leader of medical care in Taiwan, formally established Center for Complementary and Integrated Medicine on April 6th, 2009, it showed that medical care in Taiwan had to face the practical needs of the patients and follow the world trend. At present, the center offers consults for Chinese medicine and complementary medicine to ease pain in order to achieve the basic mission to improve a patients' quality of life, which is a very important milestone at improving patients' curative effects and quality of life as part of medical care in Taiwan.

Other large medical centers established cancer centers and equipped with almost every kind of advanced and expensive equipment for diagnosis and treatment. These centers organize every type of medical treatment team for different cancers (such as medical treatment teams for breast cancer, etc.) based on the classifications of diseases, and start to watch for all kinds of tendencies, like nutrition and psychological treatment or palliative care etc. However, each cancer center varies its CIM according to the manager's understanding and stress to CIM. Take Chang Gung Medical Foundation for an example, it started to provide the integration of Chinese with Western medical services for cancer (such as nasal cancer and cervical cancer etc.) in April of 1998, and was the first medical center to establish CIM. Mackay Memorial Hospital was the first medical center to open Palliative Therapy. Besides these, Taipei Medical University Hospital Cancer Center and Taipei Medical University Shuang Ho Hospital Cancer Center are trying to find the safer, more effective and thriftier ways for the patients with an open mind and a scientific attitude. We believe that there will be more and more cancer centers in Taiwan joining the world's main stream against cancer.

THE MOST EFFECTIVE TREATMENT FORMULA

Either the methods to treat cancer that we have commonly seen like the conventional Western treatment, Chinese Medicine treatment and CIM (natural remedies), or even the stem cell treatment which very possibly will be the mainstream in the future has its individual advantages and blind spots. For the past ten years, the medical fields all over the world have admitted that integrated treatments work better than single treatment. As for how to choose and group treatments; there is no single best or particular way, but to depend on the patient's condition and the environment. Basically, choosing one as the main and another as the complementary without interfering with each other should be recommended and acceptable.

The writer who is not a professional cancer doctor but has more than ten years of experiences in cancer consulting, assisting, and handling science activities, etc. The situation which concerns me is that there are patients and family members of ones that have better economic ability and can get medical information more easily than others. In order to get well more quickly, without thinking they take three to five different therapies in a very short time. No one can blame them, but treating cancer is not something to delay or to be done shortly. "Being proper and obtaining positive effects" should be the point. If a patient takes three to five therapies at the same time and gets well soon, the problem is no one knows which therapy or medicine is the right one for the focus of infection of the patient; on the contrary, if the patient's condition turns out to be worse, no one knows which one causes that. Therefore, the double therapy which has one as the main and the other as the complementary under the scientific bases should be the mainstream cancer treatment in the twenty-first century.

In Japan, a cancer patient, Mr. Sekine Susumu, who got esophagus cancer in 1999, is still alive now because he chose what he approves, CIM. More than that, he provides to all the other patients and their families, his experiences of all the treatments, feelings and twenty ways to anticancer collected during his ten years of being a cancer patient. He thinks that cancer patients and their families must analyze and choose the most proper treatment according to the location, time, hospital, doctors, and other complementary conditions. Once you have made up your mind, you should accept it, experience it, and observe it with a peaceful mind. Cancer is not like fever which you take a pill today and get well tomorrow. There is a process in a complete cancer treatment, and during this process, the patient's body will be affected by the medicine and treatment. Normally, it takes two or three months for us to judge the complete curative effects. And during the process and time, the only thing the patients and their families should consider is how to keep the patient's body functions normal and a normal quality of life. In brief, if the patient can eat, drink, sleep, and go to toilet normally, then the cancer treatment is the best one for them.

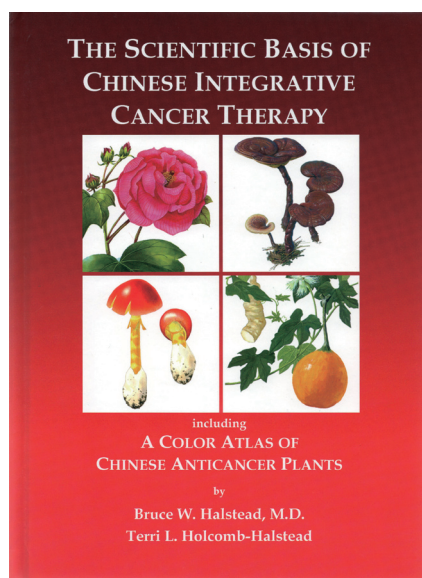
I will use simpler words to conclude the above description in the following. And I sincerely hope that every reader will think with an open and peaceful mind and give you a simple answer. With this simple answer, you will find the correct and proper direction to health for you and your family.

Western medicine is a powerful skill to cure the symptom.

Chinese medicine is a great art to cure the human.

Readers who worship Western medication and medicine must think that the writer looks down upon it, but the fact is not true. The achievement of Western medication and medicine is undoubted in its range and effect, but the treatment for cancer should be many-faceted

and multilevel. If Chinese medicine, Western medicine and natural medicine work respectively, then they are just business working with health and medical behavior. We should stand in a patient's shoes and take the true responsibility of "being stable," "turning good," "improving" and "recovering." The efficiency rate of cancer cure by the current medical field is about 20 to 30 percent. If we can integrate with other treatments, just to increase one percent of the cure rate, that means fifty thousand to one hundred thousand people get benefit from it. If it is a good thing, and it is worthy trusting and doing by us.



↑ "THE SCIENTIFIC BASIS OF CHINESE INTEGRATIVE CANCER THERAPY" is written by the expert of toxicology, Dr. Bruce W. Halstead, in 2003; the book drew an outline of the keys and functions of traditional Chinese medicine and western medical cancer treatment on the base of "TXL" as a reference book for the US and European people to learn about medical plants.

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Chapter Two

COMPOUNDED CHINESE MEDICINE, “TIAN XIAN LIQUID”

Part One

*Knowing cancer and
master the key*

IS WELL-KNOWN CHINESE MEDICINE JUST UNFOUNDED FOLK PRESCRIPTION?

For decades, even hundreds of years, if Chinese medicine is mentioned without promoting slogans, such as “ancient recipe over one hundred year,” “ancient secret recipes“, and “secret recipes for imperial use” etc., the medicine seems to lack “mystery” and “efficaciousness.” The result of compound errors stop Chinese medicine being accepted by formal medical hospitals and brings it names like “folk prescription” or “secret recipes.” Not to mention the world, Chinese people don’t pay enough attention to Chinese medicine. If we want to change the image of this stereotype, we have to have a hardworking attitude, and be practical with scientific data. In order to change people’s view to Chinese medicine, we have to adjust our own attitudes to traditional Chinese medicine and Chinese medication.

The book is going to introduce a doctor of traditional Chinese medicine from China and the oral medication he developed. Readers might wonder, there are plenty of doctors and medicine in the world and why I should I pay attention to this particular one. In my opinion, there is a very important reason. Many of those who work on development of medicine have strong faith in the efficaciousness of their products. But the development is limited in a small area or country instead of having a footing on the worldwide medical stage. Especially traditional Chinese medicine or herbs, they are lucky enough not to be regarded as “folk prescriptions” under the current medical system. The research fellow, Dr. Zhen-Guo Wang, introduced here in the article, spent over twenty years working on the cell, animal, and clinical research of his products as Western medicine and achieved substantial recognition. He is described as “a lonely

pilot” rather than a vanguard because every footprint he left is worth learning and following by all the other traditional Chinese medicine and herbals during the process of becoming an evidence-based medicine (EBM).

In the past, we emphasized on public praise of traditional Chinese medicine and herbs;

In the future, we will emphasize on public praise and proof!

THE FAMOUS ANTICANCER SPECIALIST WILL SHOW YOU A CHANCE OF LIVING AND THE BOUNDLESS VITALITY.

The researcher, Dr. Zhen-Guo Wang, who comes from Tonghua city, Jilin province of the North East of China, is a hard-studying Chinese doctor with achievements. If you talk about tumor treatment, CIM, or cure results etc. in China, his name is definitely on the top of the list; but if you ask which university he graduated from, we are sorry to tell you that he doesn't have illustrious records of formal schooling. If you ask how many patients he has cured, please compute them with “thousand” or “ten-thousand.” In 2001, the famous Taiwan enterpriser, Dr. Wang Yung Ching (deceased), had a chance to arrange a meeting with Dr. Zhen-Guo Wang to discuss the task of cancer treatment. Before the meeting, Dr. Wang Yun Ching, didn't know the experience and background of Dr. Wang Zhen Guo, the researcher, so

he had some unit investigate the background of Dr. Zhen-Guo Wang. The answer he got was “his name is on the top of the list of cancer treatment in China.” In fact, the original sentence is more sensational and astonishing, but I think we should respect all the other precursors and friends in the medical field. After all, our mutual starting point should be patients’ health, not about who is the first place.

In the field of treating cancer, it is not how skillful Dr. Wang is personally, but how he makes good use of every medical resource for the best of the patients and gets better results than average medication. Twenty years ago, Dr. Wang worked with an overseas cooperation to develop an oral liquid, named “China No. 1 Tian Xian Liquid,” which has been trusted and used by many cancer patients and their family members for a very long time. A couple years ago, the writer didn’t have faith in such a miracle, but after years of contact and discussions, I couldn’t help admiring this respectable Chinese doctor. Therefore, with his special permission, I put reports in order about the current developments of TXL in areas or countries other than China. Besides the process of the development and the patients’ testimonies, he particularly asked me to save some length in this book to show his thankfulness and gratitude for those model seniors who have helped him. Because he couldn’t visit every one of them to repay their favors, the only thing he could do is to repay them by his achievement in cancer treatment little by little.

YOU MUST ASK THE HISTORY OF TIAN XIAN LIQUID

The reason why Dr. Wang is determined to fight “cancer” is because, when he was still an intern he witnessed a twelve-year-old girl kneeling in front of him with tears all over her face and wailing, “Doctor, please save my mother! I beg you, please!” He was in his twenties, and he couldn’t do anything at that moment, but to let her mother’s precious life taken by liver cancer. He made up his mind at that time to be determined to fight cancer and he believes deeply that traditional Chinese medicine will definitely cure cancer, so he pledged to “save children’s mothers so that they won’t lose their mothers’ love so early.”

At first, he started with collecting all those herbs, prescriptions and folk therapies which were “effective with cancer” at that time, and then extensively researched anticancer dried medicinal herbs. That’s right! Except for those recorded in pharmacopoeia, over half of those prescriptions he gathered at the time are regarded as “folk prescription” in the eyes of modern world. So what? Finding the truth is his goal. During that period of time, he collected nearly twelve hundred dried medicinal herbs and prescriptions based on traditional Chinese medicine theory. He induced and recorded those dried medicinal herbs and prescriptions, based on four principles of Chinese medicine, including antipyretic, stimulating blood circulation and decreasing stasis, relieving pain, nourishing qi. Learning on his own, he started the first lesson of statistics and analysis.

After strict selection, he kept sixty required dried medicinal herbs and prescriptions out of twelve hundred; followed by mice experiments, he got thirty out of them. These dried medicinal herbs basically give first place to those with highly anticancer functions and

complement those with functions of digestion, diuresis, nourishment, and adjusting immunity. Through repeating experiments of blend, extraction, integration and self-trials over hundreds of times, he finally got this finished product of anticancer medicine after eighteen years.

He wanted to thank for the government's support for carrying out the large clinical experiment when the environment in China still fell behind at that time. The first product, "Tian Xian Capsule," was highly praised by the Chinese government and became the national primary research item by National Ministry of Pubic Health, China and National Science Council in 1985, and produced as a new national-level anticancer medicine. In 1988, it was approved and certificated as an anticancer Chinese medicine for the first time.

Based on "Tian Xian Capsule," different systems, kinds, and forms of the drug are developed to satisfy the needs of cancer patients. Among them, the most important research task would be Japanese Dr. Obitsu Ryoichi's suggestion and the request of China-Japan Feida Union Co., Ltd., to liquefy TX Capsule. Based on Chinese medicine and combined by Western medical technology, the first liquefied anticancer Chinese medicine, "China No. 1 Tian Xian Liquid," was completed with the hard work of all the experts, doctors, and scholars in 1991. From the helpful "China No. 1 Tian Xian Liquid" for cancer



↑ China No. 1 Tian Xian Liquid

↗ Super China No. 1 Tian Xian Liquid

treatment to “Super China No. 1 Tian Xian Liquid” with obvious effect, he still keeps improving in order to ameliorate, research and develop more effective medicine for cancer to save more lives of cancer patients. This is his faith and the eternal mission he bears on his shoulder.

THE HEAVEN WHERE PRICELESS HERBS GROW

Dr. Wang Zhen-Guo was born in the area of Changbai Mountain in the north-east of region China. At the age of eight or nine, he needed to carry several shoulder poles of Chinese medicinal herbs, which he worked hard to gather in the mountain area, and crossed over several mountain tops just to sell them in the market so that he could earn some money for a living. If you look at the process of his growth now, it will seem like God placed him there on purpose so that he could touch and taste the pith and property of hundreds, even thousands of traditional Chinese medicine in the vast mountains and boundless remote highlands in different seasons. These are the practical experiences that many young people and students who are learning traditional Chinese medicine and herbs in this modern world will never get.

Those dried medicinal herbs he chooses are mostly from Changbai Mountain; for those are the purest, the most precious and the best in quality and quantity.

Changbai Mountain is a big mountain which contains enormous precious minerals in the north-east region of China. It is an active

volcano and erupted three hundred years ago. Hundreds of miles of mountain ridges were covered with thick volcanic ashes and after a long time, the earth in the area contains more than twenty kinds of micro- elements, especially “selenium” and “germanium” which only exist in the volcano. These micro- elements are indispensable substances for a human body, and they are greatly effective in improving physiques, aging prevention, restoring energy and preventing cancer etc. With the growing condition of the weather and high latitude, those herbs have a short growing period and a long dormancy; therefore, the quintessence of the earth is absorbed in the roots and stalks of plants.

For instance, the famous product of the north-east is ginseng which



contains rich ginsenoside, so its price is very high. The appearance of a north-east ginseng is not attractive at all. Compared with ginsengs grown in other areas, they look thin and dried. Those look beautifully fat like carrots don't contain ginsenoside. That is the reason why both you and I will choose ginsengs grown in the north-east area or Korea.

The range of Changbai Mountain is located in a fault zone. If you put a dried ginseng grown in the north-east in the local natural spring, you will find it will miraculously germinate. Except this, the local people live a long life on average though they don't have modern medical equipment as those in the big city. Maybe it has something to do with the drinking water which springs from Heaven Lake and is called by the local people as "spring of forever young." The source of



↑ The full view of Heaven Lake, located in Changbai Mountain.

“TXL” is taken from the range of Changbai Mountain for the “water” and “herbs” are both originated from this rich nature which meets the requirement of “organic grower,” and maybe it is the main reason why “TXL” is particularly effective.



↑ The waterfall in Changbai Mountain.

WHY IS TIAN XIAN LIQUID A WONDERFUL MEDICINE?

TXL is developed on the basis of Chinese pharmacology and it is a “compound traditional Chinese medicine.” Particularly, there are some important ways to think about.

(1) It can restrain and obstruct the growth of cancer cells.

- Normal circuit gi means to accelerate the movement of internal air (qi).
- Activate blood and resolve stasis means to smooth the detained blood and dissolve the solidified blood.
- Soften hardness and dissipate binds means to soften and loosen the lumps and swellings.
- Clear heat and Detoxify means to relieve the heat and poisonous gas in the body.
- Dispel dampness and resolve phlegm means to reduce internal damp and phlegm.
- Dispel stasis to promote regeneration means to excrete and defecate putrefactive tissues and generate new tissues.

(2) It can achieve a good supply of nutrition by recuperating the body.

- Fortify the spleen and Invigorate the stomach means to improve the function of digestive system.
- Soothe the liver and Secure essence means to support the function of liver and kidney, to strengthen the function of kidney and provide nutrition for liver.
- Harmonize gi and Blood means to supplement body energy and

strengthen hematopoiesis.

- Enrich yin and tonify yang means to regulate the balance of the body and develop vital energy.

(3) It is made with consideration to be suitable for most people to drink.

- The natures, tastes and meridians of traditional Chinese medicine: there are four natures including cold, hot, warm, and cool. Five tastes mean pungent (acid), sweet, sour, bitter and salty. Special herbs can act upon particular meridians in the body because different meridians of the body correspond to specific organs.
- The functions of rising, falling, drifting and sinking: there are four theories in pharmacology and every one of them produces natural adjustment.
- Sovereign, Minister, Assistant and Courier Medicine : “Sovereign” is the main medicine of the prescription, “Ministre” is the medicinal herbs with supplementary function, “Assistant” is the medicinal herbs to control the side effects caused by the property of the medicine and to cure other symptoms, “Courier” is the medicinal herbs that balance the whole prescription and direct the main herbs to certain effects.

The consideration and design of pharmacology must match the traditional Chinese medicine pharmacology and popularity. As a doctor, what Wang Zhen Guo considers is the limited amount of patients he sees every day. He wants to let cancer patients in other areas and countries take conventional treatment with proper complementary traditional Chinese medicine so that the cure rate can be raised and the patients benefited will double. This should be the basic attitude and responsibility of medical practice around the world. After patients obtain stable treatment effects at the first stage, maybe

they will come to his hospital from a distance and take a steady and long-term therapy. With over twenty-year experience, he still believes his design and proposition are correct and practically effective.



↑ The experiment base where herbs produce.

THE INGREDIENTS OF “TIAN XIAN LIQUID”

TXL is not only a compound traditional Chinese medicine, but also has to be produced through special biological technology. For example, with the same plant, some medicinal herbs are extracted from the root and others are extracted from the stalks. Some are taken from plants growing in winter; others are taken from plants growing in summer. Most medicinal herbs use water to extract, but there is still one or two that need a few drops of alcohol to extract the property of a medicine. Through these complicated processes, the excellent synergy function of dried medicinal herbs work much better than just a single boiling herb. The pharmacological functions of the main ingredients of TX series of products are explained as follow.

(1)Radix ginseng

It works greatly in supplying body energy. Besides, ginseng grown from the earth and watered from Changbai Mountain contains at least over twelve kinds of saponin, amino acids, polypeptide, polysaccharides, vitamins, sodium, potassium, magnesium, iron, manganese, copper, zinc and germanium etc.

In the animal experiment in researching chemical materials which cause cancer, it is certain that cancer rates are lowered and cancer cells stop growing after eating ginseng for a long time. Besides, polysaccharides contained in ginseng can protect the liver, increase immunity and strengthen the prevention of mutation. When worked with chemotherapy, it increases the curable effect and decreases the side effects caused by chemotherapy. It has great effect on both stomach cancer and colorectal cancer; and patients having fewer leucocytes and lymph node will increase both in clinical trials after taking it.

(2)Ganoderma

The chemical components of ganoderma are complicated. Over one hundred and fifty compounds have been isolated until now. They have been divided into ten categories, including polysaccharides, triterpenes/triterpenoids, nucleosides, polypeptide amino acids, alkaloids, sterols, fats and oils, furans, inorganic ions, organic germanium. There are over one hundred kinds of triterpenes compounds. Polysaccharides, triterpenes, and organic germanium are regarded as the main effective ingredients. Polysaccharides contained in ganoderma can strengthen normal cells, increase body liquid, and raise non-adaptive immunity. It can also restore immunity or make it close to normal, while patients' immune function decreases because of immunosuppressant, antifolate/antimetabolite drugs, pressure and aging.

Ganoderma are used in cases like coronary heart disease, high cholesterol, chronic bronchitis, asthma, Leukopenia (low white blood cell count), etc. Polysaccharides contained in ganoderma can increase immune function of patients with tumors, ease the harmful reaction and low white blood cell count caused by chemotherapy and radiotherapy, and improve the function of bone marrow to produce blood.

(3)Cordyceps Sinensis

Cordyceps sinensis is the most precious medicinal herb among all; it is also called the“king of the medicine.”

The main chemical components of cordyceps sinensis are 28.9% carbohydrates of water-soluble polysaccharides and cordyceps polysaccharides, eighteen kinds of amino acids after hydrolysis, 25.3% crude protein, various cyclic dipeptide, eleven kinds of nucleosides and adenosine, nine kinds of sterols, 8.4% fatty acid, vitamins of vitamin A, C and B12, 7% organic acid of niacin, nicotinamide and cordyceps

sinensis acid, cordyceps sinensis element and twenty-four kinds of inorganic element minerals.

Cordyceps has an important role in immune regulation; its mechanism comes from polysaccharides, cyclic peptide and nucleotide. The main ingredient is polysaccharides; the bigger the water-soluble beta-linked molecular mass of polysaccharides, the stronger the effect. Cordyceps sinensis can increase the myocardial nutritional blood flows, reduce cholesterol in the serum and beta-lipoprotein, it can expand bronchial smooth muscle, and strengthen the pharmacological effect of epinephrine. In addition, it has other pharmacological functions of anti-arrhythmia, anti-aging, anti-fatigue, sedation, and excitatory sexuality. In recent years, it was also found that it has anti-tumor effect.

(4)Margarita

The ingredients of margarita include calcium carbonate, organic material and various micronutrients. In the experiments of yellow drosophila and mice, margarita is used to decrease the lipofuscin of the heart and brain tissues separately; therefore, it is certain to have the function of removing free radicals (reactive oxygen species) and oxidization.

(5)Astragali Radix

Astragali contains polysaccharides, monosaccharides, flavonoid, lymphatic temperament, and micronutrients etc. According to the latest medical research, it is proven to increase immunity, especially against pathogenic microbes, and strengthen the function of T lymphocyte. Polysaccharides in astragali can stimulate and bring out interference, increase the activity of T cell esterification and raise cell immunity, suppress the growth of virus or cancer cells of tissue, so it is used as immune catalysis.

(6) *Atractylodis Macrocephalae Rhizome*

It contains volatile oil, coumarin, sugar, etc. Experiments prove that the neutral oil in the essential oil contained in *Atractylodis macrocephalae* rhizome can suppress esophagus cancer. As for the volatile oil, it can suppress ascites built-up in the abdominal cavity and increase immunity. It can also increase the amount of leucocyte, so it is used to prevent side-effects caused by radiotherapy and chemotherapy in clinical.

(7) *Ligustri lucidi fructus* (*Ligustrum* seed / Glossy privet fruit)

Its ingredients are oleanolic acid, lupeol, mannitol, oleic acid, linoleic acid, palmitic acid, glycerol etc. The basic experiment shows that it can increase production of lymphocyte and suppress the loss of leucocyte caused by radiotherapy and chemotherapy. In the experiment of cervical cancer of mice, *ligustri lucidi fructus* reaches 49.2% suppression rate.

(8) *Fructus lycii*

Its chemical components include alkaloid such as trimethylglycine (TMG), sterols such as triterpene sterols and stigmasterol, organic acid such as α -Linolenic acid and behenic acid, CIS 14 eicosatrienoic acid, vitamin such as carotene, niacin, thiamine, riboflavin, ascorbic acid; dozens of minerals, such as germanium and selenium.

Fructus lycii polysaccharides consist of core protein, arabinose, glucose, rice lactose, mannose, rhamnose, xylose etc. Its protein consists of dozens of amino acids like glutamic acid.

Fructus lycii plays an important role in adjusting immunity, and it can extensively adjust connection among nerves, endocrine, and immunity. It can intensify the phagocytosis of mononuclear phagocyte

system and the activity of macrophage.

There are two characteristics of fructus lycii polysaccharides in immune pharmacology. One is that it mainly functions in the central immune organs (thymus and marrow); the other is the immune system is not the only target system to fructus lycii polysaccharides. It has obvious adjustment in functional activity of the gonads, adrenal gland, and hypothalamus.

So, fructus lycii polysaccharides may balance the connection among nerve, endocrine, and immunity. Mr. Sato Akihiko experiments on human cervical cancer cell JTC-26 and selected more than eight hundred natural medicine and food screened; the result shows that the suppress cancer rate reaches above 90%.



↑ GMP manufactory of Tonghua Changbai Mountains Medicine Research Institute.

↗ The Botanical Garden in Tonghua Changbai Mountains Medicine Research Institute.

(9) Glycyrrhizae Radix

It contains glycyrrhizin, and the potassium and calcium salt of the main glycyrrhinic acid also contain flavonoid. Animal experiments prove that glycyrrhiza polysaccharides can obviously suppress viruses of enterovirus, adenoviridae type III, herpes simplex type 1 and vaccinia/cowpox. In addition, experiments also prove that glycyrrhizin and its inducement can suppress the transfer of bone marrow cancer of mice and obtain anti-leukocyte function.

(10) Hedyotis Diffusae Herba

Hedyotis Diffusae Herba contains ingredients of alkaloids. Experiments proved that it can strongly suppress leukemia cells. During the immune process, it can strengthen the body protection, and stop the focus of infection of cancer from metastasizing and getting nourished. Therefore, it can suppress recurrence and it means a lot in cancer treatment. After the immunity gets obviously stronger, HDH can intensify the devouring function of leucocyte so that it strengthens the immunity of body fluid. In addition, HDH is toxic-free and it can suppress uterus cancer and tumor S180 of mice, liver cancer and hepatocarcinoma.

NOTE:

Can't cancer patients eat ginseng?

During the process of consulting and instructing, the question mostly asked by the patients is that many research reports show that cancer patients can't take ginseng, but TXL contains ginseng, so what can I do? Actually, this question is not only well asked but also important to all cancer patients.

Before tumor patients take any conventional surgery, chemotherapy or radiation therapy, are they suitable to take "single-simmering ginseng soup". At first, you have to understand that the usage of orthodox traditional medicine is based on the diagnosis of the special skills of "wàngwénwènqiē" by Chinese doctors and readjusted based on their reactions. Ginseng usually plays a role as a complementary medicine in the Chinese entire compounded prescription. After ginseng is highly isolated and purified, the extract can't cause reacting work in coordination with other Chinese medicine. Any experiment with a single isolated ingredient can't completely see the whole vision of ginseng.

Can ginseng be taken as a prescription? This question should be answered and decided by doctors with profound basic background of traditional Chinese medicine theory and clinical experiences, who will see the constitution and condition of the patient first, and then judge by "the principles of traditional Chinese medicine, diagnosis based on overall analysis of patients." Especially for cancer patients who have taken chemo-radiation therapy are lacking of qi and blood, they need to improve the quality of the body based on the theory of traditional Chinese pharmacopoeia with dried medicinal herbs which

can enhance qi and nourish blood, and regulate the constitution, so ginseng is a very important dried medical herb in the prescription. But if you want to take partial of the processing research result in the lab as the only conclusion that “ginseng is not suitable to take clinically, it is actually not fair. Because we can still find many successful cases of Chinese compounded medicine which contains ginseng can relieve patients’ uncomfortable feelings or even cure the patients through our clinical observations!

Ginseng has been regarded as precious tonic since ancient times. According to the modern technological research, we can find that ginseng is a dried medicinal herb which equips multiple effects; besides using as a complementary medicine when treating tumor, it has systematic regulating functions of immunity, indocrine and circulation etc. If we use single ingredient medicine to treat cancer, it would be like using a finger to fight your enemy; you might get hurt easily and the enemy could get away with it (for example, producing resistance to action of drug.) But if we use five fingers and form them into a fist to fight your enemy, the result should be more effective and successful.

The reason why TXL contains ginseng is part of the design based on pharmacology; every property of a medicine must be grouped to achieve the effects of “balance, complementation and multiple effects” in order to satisfy the patients’ needs. It is different from putting any single-ingredient medicine together, like the math formula that one plus one equals two. It is not that simple. Therefore, with the experiences over twenty years, we can often see the inconceivable effects of TXL redouble, like one plus one equals two, even three. A historical traditional Chinese compounded medicine is like a good doctor with many years of experiences, it has to be able to pass the strictest test for a long time.

Chapter Three

WHAT IS THE TRUTH OF BECOMING THE KEY OF CIM FOR CANCER?

Part One

*Knowing cancer and
master the key*

PUT UP WITH HARDSHIP AND STRAITENED CIRCUMSTANCES, JUST FOR ONE GOAL!

The research fellow, Dr. Zhen-Guo Wang, started the research of TX capsule since 1983. After a series of clinical experiments on human bodies, it finally had the honor to be listed in the developing projects of scientific technology by the Chinese government in 1986. In 1988, experts in the US National Cancer Institute, NCI, visited his laboratory and took the sample to experiment on it by themselves and found that it did have very obvious effect on tumor suppression, so they highly evaluated it. In the same year, TX capsule was checked and ratified as a formal anticancer Chinese medicine by the Chinese government. With these affirmations, he made up his mind to challenge medicine in the world.

The achievement at that time not only excited him, but also made him proud in his hometown. However, many patients who took the capsules reflected that the swallowing would cause uncomfortable feeling at their gastric area. Then, he started observing the patients and noticed that most of them were emaciated, so he assumed that the function of their digestion deteriorated. Therefore, he accepted the suggestion and requirement of Dr. Obitsu Ryoichi, President of Japan Holistic Medical Society and China-Japan Feida Union Co., Ltd., and started the project of changing the capsule into liquid in progress in order to increase not only the assimilation rate of the effective Chinese medicine but also the acceptances of oral liquids by the patients at the terminal stage, and decrease the uncomfortable feelings caused by capsules of the patients.

Surprisingly, the idea was objected to right after it was announced. Many colleagues and good friends dissuaded him from doing so. They

said, “Capsules are lighter, and the cost of transportation will increase doubt if you change capsule to liquid.” Their suggestion was correct and to the point, but the patients’ point of view was about the effect instead of the cost, so he believed that amelioration was the right way. After three years of traveling and examining in and out the country, he consulted with experts at pharmaceutical factory and finally made it and sent the first made “TXL” to thirty medical institution and college hospital at Beijing, Tianjin, and Jilin to process clinic observation.

The reports at that time was aimed at seven kinds of cancer and the clinic experiments included six hundred and ninety-six cases, which were mainly about terminal stage of esophagus cancer, stomach cancer, and intestine cancer. After analyzing the results, they found the effective rate was much higher than they expected formerly, and the most obvious complementary effects were shown on esophagus cancer, stomach cancer and intestine cancer. Those who felt uncomfortable at their intestine and stomach took both capsule and liquid, the effect became more obvious. (*In 2008, the University of Hong Kong also did some research to confirm that TXL can suppress cancer cells at the stomach and intestine, and it has the function of prevention of recurrence.)

Based on the above clinic observation, TXL did reach higher evaluation than TX capsule. High opinions kept arising here and there. TX Osteo Tablet and the development of TXL first won the prize of the most excellent product in the area of Pacific Ocean and the Gold prize at the 2nd Beijing Int’l exhibition on products/foods. Then it represented Chinese people and won the Medaille de Chevalier at the Eureka 38th World Fair for Innovation, Research and Industrial Innovation in Brussels.

In the summer of 2004, the general manager of Taiwan “Sun Ten Pharmaceutical Co., Ltd.,” a GMP manufacturer of concentrated herbal extracts, Mr. Shen Chong Guang, came to visit the

pharmaceutical factory in the northeast while there were two rainbows in the sky after a torrential rain. “Sun Ten Pharmaceutical Co., Ltd.” is a big pharmaceutical factory which is second to none in Taiwan, and his visit was a great event to the factory. After he visited all the production line, he said, “we have purchased TXL all over the world, and we notice tastes are consistent; we have also analyzed and studied many collections of illustrative plates and founded that TXL purchased everywhere all show a consistent standard. Today I have the chance to visit your factory, and I am very impressed, hoping that we can have a chance to cooperate and interflow in the future.” It was our honor to hear it from such a senior person in the same field, and it also proved that we were right to make such a decision to insist on purification, standardization, and GMP of production at early phase.



↑ Modern production base and equipment completely reach the GMP standards.

CELL AND BIO-RESEARCH

One of the best choice of CIM: Tian Xian Liquid

From the viewpoint of traditional Chinese medicine, Tian Xian Liquid can truly base on “relieving the heat and humidity in the body, acceleration of the circulation of blood and easing pain, providing energy,” to carry out the goal of “attacking the bad without harming the normal, and nourishing the normal not to be bad,” for it is originally designed for such a goal and direction. If you speak the latest modern molecular biomedical standard language, TXL can present the inconceivable effects of multiple molecular targets. It does not harm the normal cells inside the human body while it suppresses the cancer cells; in other words, it is a very smart Chinese targeted therapy.

From many books, reports and medical periodicals, we can collect much research which had been cooperated with many first-class organizations, hospitals and medical schools in Taiwan, Japan and Hong Kong for the past ten years; and from each summary of this research, you can roughly obtain the following conclusions:

The effects of Tian Xian Liquid

(1) Apoptosis promotion

The ingredients contained in TXL can not only suppress the growth of cancer cells but also prevent them from regenerating. The mechanism works with roughly the following efficacy:

- Cell cycle regulation.
- Blocking cancer cells' metabolism of energy sources.
- Decomposing cancer cell membranes, making it self-dissolve and self-destruct.

(2)Balance the metabolism

TXL can change the metabolic function of cancer cells. It can suppress cancer cells and at the same time improve the body which cancer cells make inroads on; also, it can improve the metabolic function and increase the anticancer effects.

(3)Immunomodulation

TXL can modulate the immune environment and activate T-cell, and the functions are called specific immunomodulation and non-specific immunomodulation. Dried medicinal herbs, including ganoderma, astragalus radix, radix ginseng, etc. can enhance the function of T-cell, stimulate the function of B-cell and accelerate the function of specific immunomodulation. In addition, medicinal herbs which can stimulate immunity through monocyte and macrophages system and Natural Killer cell Interferon system, include Ginsenoside and astragalus Polysaccharide which function as non-specific immunomodulation.

(4)Anti-spread of cancer cells

Through the function of micronutrients, TXL can improve functions inside the body and treat pathology; moreover, it can stop the cell cycle regulation of cancer cells after activating the gene. For example, one of the micronutrients, Selenium, can suppress the cancer gene. While it is suppressing cancer cells of liver cancer, it is stopping cells at inter-phase from going into cell division. In addition, another

micronutrient, Germanium, can induce secreted interleukin-2 (IL-2) and Interferon to stimulate defense, suppress cancer cells growing and spread.

(5)Reduce side effect of chemo-radiation therapy and prolong life

TXL is an anticancer Chinese medicine (pure traditional Chinese medicine and Crude drug) with highly curative effects, which is so outstanding that it can improve all types of cancers and reduce side effects of Western medicine and treatments. It can, not only kill cancer cells, but also modulate the immunity; moreover, it can avoid damaging heart, kidney, liver and hematopoietic functions, and it hardly causes obvious damage to internal organs. If working with chemo-radiation therapy, the curative effect will rise, and it will reduce side effects greatly. Patients' physical strength can be improved before and after surgery.

As for patients at terminal stage of cancer, it can relieve terminal symptoms and pain, and increase survival time, enhance coexistence with cancer cells and improve Quality of Life (QOL). It can prevent atrophic gastritis from happening and stop benign tumors from worsening and becoming malignant ones.


Super Tian Xian Liquid

Super Tian Xian Liquid is improved from Tian Xian Liquid basis. But its ingredients are more pure and stronger. Its functions are:

1. Differentiation induction.
2. Apoptosis promotion
3. Cell cycle regulation.
4. Signal transduction inhibition.

5. Anti-invasion.
6. Anti-metastasis.
7. Anti-angiogenesis.
8. Elimination of cancer stem-like cells.
9. Immunomodulation.
10. Chemo-radiation sensitization.
11. Reduce side effects of chemo-radiation therapy.
12. Appetite stimulation.

Once, Prof. Chia, from National Taiwan University, described that it was worth praising to realize so many research achievements during the process of scholarly visiting groups. Moreover, the conclusion and achievement of every individual event was through many experiments, and it was something extraordinary to any pharmaceutical factory in Europe and America. Because each function can be manufactured medicine individually, it represented the outstanding achievement and the price of the stock in the future. Those pharmaceutical factories all take the market operation particularly seriously, and it had its positive meaning. TXL, the Chinese medicine alone, equipped with so many applications, is an amazing achievement.



STC Test Report

Date : 2008-11-13
No. : IHC221548 Page 1 of 1

Applicant (Code: CHJ001): China-Japan Feida Union Co Ltd
8/F, Heeny Tower
9 Chatham Rd
TST Kln HK

Description of Sample(s) : One submitted sample said to be China No.1 Tian Xian Liquid
中國 1 號天仙液
Country of Origin: China

Sample(s) Received Condition(s): In intact original package
under ambient temperature

Date Sample(s) Received : 2008-11-07

Date Tested : 2008-11-11 to 2008-11-12

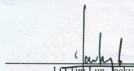
Investigation Requested : Melamine content (三聚氰胺)


Method(s) Used : Liquid Chromatography / Mass Spectrometry

Test Result(s) :

| Sample(s) | Melamine content |
|--|------------------|
| China No.1 Tian Xian Liquid 中國 1 號天仙液 | Not Detected |

Note: ppm denotes part(s) per million
Method detection limit of Melamine is 0.1 ppm


 Lo Tin Lun, Jacky
 Chemical and Food Department
 For and on behalf of
 The Hong Kong Standards and Testing Centre Ltd.



***** End of Test Report *****

The Hong Kong Standards and Testing Centre Ltd.
10 Shek Ming Street, Shek Ming Industrial Estate, N. T., Hong Kong
Tel: (852) 2009 1888 Fax: (852) 2009 4222 E-mail: hants@hants.org.hk Website: www.hants.org.hk
This report shall not be reproduced without prior written approval from The Hong Kong Standards and Testing Centre Ltd.
For Conditions of Sale and other test report please refer to the website of hants.org.hk

↑ “TXL” has listed heavy metal and toxicity as requested investigation long ago; in 2008, melamine content was also placed as requested investigation to prove that the quality of the product completely matches the standard.

Chapter Four

EVIDENCE BASED MEDICINE WINS COMPLIMENTS

Part One

*Knowing cancer and
master the key*

THE TIME THAT TRADITIONAL CHINESE MEDICINE HAS NO SCIENTIFIC DATA IS ABOUT TO END.

TXL will overturn your view to traditional Chinese medicine with proofs of actions, facts and data.

It is not easy for Dr. Wang to achieve what he has researched and developed for the past thirty years with his family background. First, he did not graduate from a famous university, so he did not have a record of formal schooling and connections. He needed to depend on those people who really want to offer a tribute to the development of traditional Chinese medicine. He entered many national hospitals and laboratories, and tried to obtain full support and assistance from the government so that he could execute many researching programs

Can you imagine spreading one Chinese medicine, which is related to immunity and tumor, to the whole world from Mainland China twenty years ago when they were still at the initial stage of reform and opening to the world? It was extremely difficult for “TXL,” with research reports from China only, but no overseas reports to support it. It would be a pity, wouldn't it? The relationship between Mainland China and Taiwan was quite nervous, so there was rare interchange. As the president of global agent of TXL at that time, Mr. Sydney Lu told him boldly, “Zhen-Guo, you do not worry that we do not have overseas research reports. The relationship between Taiwan and Mainland China is still underdeveloped, and they are not only sensitive, but also fastidious to products made in China. I will do

everything possible to find a first-class hospital and research institute in Taiwan to examine TXL in the most stringent way, but you must take the full responsibility for the result because we do not know if the outcome will be good or bad, true or false.”

In the blink of an eye, the promise finally came true. The results of more than twenty research all present outstanding success which made us so pleasantly surprised. Dr. Wang said to me, “frankly speaking, I am so surprised with the positive results which can only be examined by modern technology. In any case, all the experts, scholars, doctors and colleagues in the labs who participated in every research project are people I respect and thank in my life.”



→For the same goal of stepping into investigation of Chinese Medication, a souvenir was given to China-Japan Feida Union Co., Ltd., from Hong Kong Baptist University.

IN THE YEAR OF 1983~1996: RESEARCH OF TIAN XIAN LIQUID PHASE I

During this period of time, more than twenty cancer research institutes and hospitals, including China Academy of Traditional Chinese Medicine and Tianjin Medical Research Centre, began to process all kinds of examinations on toxicity, pharmacology, property and ingredients of TXL. Among them, there was an expert from National Cancer Institute (USA) coming to get the sample for practical research. Through these experiments, they proved the safety and complementary anticancer effect of TX capsules, and that taking it for long periods of time will not cause any harmful influences or damage to red blood cells, white blood cells, blood platelet, and the main internal organs such as heart, liver, kidney, etc. The conclusions of the research at that time include:

(1)It contains cell toxicity for multiple cancers and forty-eight kinds of cell lines. Besides blocking the protein biosynthesis needed for the growth of cancer cells, it can block cancer cell cycle regulation and cause apoptosis promotion of cancer cell membrane by solution.

(2)When processing S-180 tumor mark experiment with rats, the result is confirmed that TXL is effective for solid tumor, especial for plat tumor at anterior stomach.

(3)Through research of immunity and pathology, the tumor samples (forty-eight cases) surgically removed from patients with esophagus cancer who took TXL before their surgeries were found that the reactions of lymphocyte and phagocyte inside and outside the tumor were strikingly enhancing through pathology and histology with electron microscope, meaning large quantity of lymphocyte had been

osmotic into cancer tissue and around cancer cells. Cancer nucleus had already presented apparent denaturation, and partial cancer cells were confirmed to present necrotic phenomenon. Moreover, some surgical cases also showed that patients' tissues around tumor not only softened but also easily came off so that their cancer were more easily surgically removed when they were given TXL.

(4)The clinical research showed that synergy effect is presented and the complete amelioration rate of radiation is enhanced to 28.3% ($P<0.01$), and chemotherapy is enhanced to 25% ($P<0.05$) when patients with esophagus cancer take TX capsules and radiation therapy (725 cases) and chemotherapy (131 cases), so it was confirmed at that time that it could enhance the effective rate of high radio therapy and chemotherapy. In the experiments of combining chemotherapy with TXL, compare the patients with terminal stage of esophagus cancer in the experimental group (combining TXL with chemotherapy) with the control group (chemotherapy only), and observe the results of curative effect which show TXL can enhance the short-term treating effect of chemotherapy and the curative rate of esophagus cancer; at the same time, it can eliminate the side effect which is caused by chemotherapy, such as suppressing bone marrow.

(5)A clinical research project was aimed at TX capsules; six hundred and ninety-six cases of terminal stage of esophagus cancer, stomach cancer and intestine cancer at more than twenty medical institutes in Beijing, Tianjin and Jilin were provided with TX capsules. In the clinical research of patients at the terminal stage of stomach cancer, and patients at the terminal stage of esophagus with recurrence after treating, the evident phenomenon of suppressing cancer cells' growth is confirmed. 2.6% of patients ameliorated completely (tumor completely disappeared), 9.3% of patients ameliorated partially (reduced over half of the size of tumor), and 77.2% of patients appeared in stable condition (reduced less than half of the size of tumor or cancer cells do

not continue proliferating.)

(6)The series of TX products have excellent effects on improving patients' quality of life (QOL) for it can relieve the swallowing problem for patients with esophagus, and symptoms of particular pain etc.

IN THE YEARS FROM 1999~2011: RESEARCH OF TIAN XIAN LIQUID PHASE II

TXL strode forward to another decade of next stage developments. During this period of time, there were innumerable top medical schools, hospitals and research institutes in Asia willing to form ties with TXL and carry out all sorts of research with it. In the past, many units of these organizations used to hold an attitude of disdain when considering traditional Chinese medicine and medicinal plants. However, as times changed, these organizations had to readjust their direction. Whether they were challenging or pursuing the truth, as long as they chose to sit down to discuss with us, research or provide data, it represented that traditional Chinese medicine and medicinal plants had already been accepted by the mainstream of medical science. Statistics showed that the units which had participated in research for the past ten years included:

- Chin Shin Medical Foundation, TAIWAN, R.O.C.
- Taipei Medical University Graduate Institute of Biochemical Materials and Engineering, TAIWAN, R.O.C.
- New Drug Development Research Centre, Inc. JAPAN.

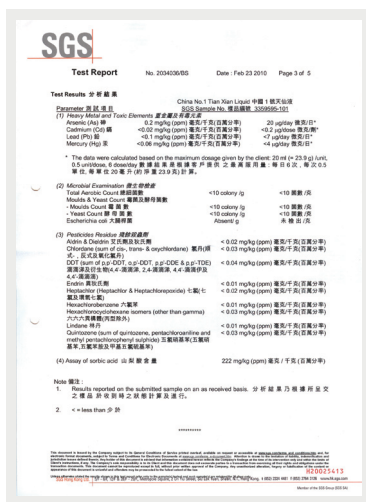
- Tungs' Taichung MetroHarbor Hospital Cancer Treatment Center, TAIWAN, R.O.C.
- Hong Kong University College of Traditional Chinese Medicine, HUNG KONG.
- Kaohsiung Medical University College of Dental Medicine, TAIWAN, R.O.C.
- Industrial Technology Research Institute Biomedical Engineering Research Laboratories, TAIWAN, R.O.C.

Besides these units which have concluded and signed contracts, and proceeded with research, there were experts and scholars at Chang Gung Medical Foundation in Taiwan, Chulalongkom hospital in Thailand, The University of Sydney and National Melbourne hospital in Australia, and The University of Tokyo interested in cooperation on experiments and research. But the cooperation on research did not really take place due to the similar contents of those projects research and the arrangement of their budgets. From those sincere and pragmatic conversations, Zhen-Guo Wang could feel that the position of medical field was truly eager to wait and see the possibility of traditional Chinese medicine for they could no longer hide their great interests and high expectations in it.

The following are twenty research focal points and conclusions on “TXL”:

- Study (1) The Immunomodulation Function of Tien Hsien Liquid
- Study (2) Tien Hsien Liquid Kills Cancerous Cells
- Study (3) Tien Hsien Liquid Inhibits Cancerous Cell Development
- Study (4) Tien Hsien Liquid can inhibit the Growth of
- Study (5) Tien Hsien Liquid can inhibit the Recurrence and
- Study (6) Tien Hsien Liquid can inhibit Cancerous Cell growth and

- Study (7) Tien Hsien Liquid can inhibit Tumor Metastasis: an
- Study (8) Tien Hsien Liquid can inhibit the Immunocompetence of
- Study (9) The Effects of Tien Hsien Liquid's Multiple Targeted-1
- Study (10) The Effects of Tien Hsien Liquid's Multiple Targeted-2
- Study (11) The Effects of Tien Hsien Liquid's Multiple Targeted-3
- Study (12) The Effects of Tien Hsien Liquid's Multiple Targeted-4
- Study (13) The Effects of Tien Hsien Liquid's Multiple Targeted-5
- Study (14) The Influence of Tien Hsien Liquid on the Immune
- Study (15) The Influence of Tien Hsien Liquid on Tumors
- Study (16) The Influence of Tien Hsien Liquid on Cancer
- Study (17) Pro-clinical Study on Tien Hsien Liquid and its Ability to
- Study (18) The Influence of Tien Hsien Liquid on the Synergy
- Study (19) Tien Hsien Liquid Toxicity Experiment
- Study (20) An Activation Analysis of Hepatitis B's Virus



→ Every drop of TXL must be strictly examined by SGS S.A.

INTERNATIONAL MEDICAL REPORT OF PROVING THE FUNCTION AND EFFECT

Whether the research or reports are about immunomodulation, anti-angiogenesis, prevention of recurrence or metastasis, multiple ways of effective target and stem cell, etc., they all need to be published on the national medical periodicals by those experts, doctors and scholars who have taken part in the research so that people in the academic circles can draw support from such a platform to value the potential of development of traditional Chinese medicine in the future and to increase interflow and discussion which will give more people a chance to learn and utilize on the base of medicine study. Since the year 2004, “TXL” has been published on formal dissertations in national periodicals; the research fellow, Zhen-Guo Wang especially valued these precious achievements because every project and result represented the researchers’ painstaking efforts and because they were writing the historical footnote of the development of traditional Chinese medicine.

We have mentioned before that the one who caused all these research projects to happen was the president of the global agent of “TXL,” Mr. Lu. While the reports were revealed one after another, there were people on the market asking Mr. Lu that “now, is so much research and reports formally published, TXL should be much easier to spread in the future, right?” Unexpectedly, Mr. Lu answered, “You are so wrong. The purpose of doing all this research is to take the responsibility of the promises we have made before. At early stages, many consumers of TXL trusted us and took TXL as their choice of complementary medicine under the circumstances of no research reports. Therefore, I just want to be responsible for every word I said

to them before; in other words, I have never lied to you that TXL does have these effects.”

In fact, there might be thousands upon thousands of research reports on a single herbal prescription in the national medical periodicals, but research treatises which are aimed at Chinese compounded medicine with multiple ingredients are rarely published. People dominant the medical periodicals in the western environment have difficulty comprehending why there are so many kinds of dried medicinal herbs in Chinese medicine. The more difficult it is, the more eager we are to conquer; and research projects which achieved national and specialized subjects and level will be respected and approved. Papers on “TXL” which have been formally published on national medical periodicals before the end of June of 2011 included:

1. The American Journal of Chinese Medicine, Vol.32, No.2, 2004. USA.
Immunomodulating Effects of "Tien-Hsien Liquid" on Peripheral Blood Mononuclear Cells and T-Lymphocytes from Patients with Recurrent Aphthous Ulcerations.
2. Journal of Alternative and Complementary Medicine, Vol.11, No.2, 2005. USA.
The Chinese Herbal Medicine Tien-Hsien Liquid Inhibits Cell Growth and Induces Apoptosis in a Wide Variety of Human Cancer Cells.
3. The American Journal of Chinese Medicine, Vol.33, No.4, 2005. USA.
"Tien-Hsien Liquid" Can Modulate Antigen-Stimulated Cytokine Production by T-Cells Isolated from Patients with Recurrent Aphthous Ulcerations.
4. Journal of Dental Sciences, Vol.3, No.3, September 2008. Taiwan, ROC.

- “Tien-Hsien” liquid modulates antigen-stimulated cytokine production by T-cells from patients with erosive oral lichen planus.
5. Evidence-Based Complementary and Alternative Medicine Volume 2011, Article ID 984154. UNITED KINGDOM. Targeting PML-RAR α and Oncogenic Signaling Pathways by Chinese Herbal Mixture Tien-Hsien Liquid in Acute Promyelocytic Leukemia NB4 Cells.
 6. BMC Cancer Journal, 2010 10:175. (30 April 2010) United Kingdom.
Inhibition of metastasis, angiogenesis, and tumor growth by Chinese herbal cocktail Tien-Hsien Liquid.
 7. Chinese Medicine 2010, 5:25 (21 July 2010), Macau China.
Tian Xian Liquid (TXL) induces apoptosis in HT-29 colon cancer cell in vitro and inhibits tumor growth in vivo.
 8. SAGE, Integrative Cancer Therapies March 2011; (10) 1. USA.
Regulation of p21, MMP-1, and MDR-1 Expression in Human



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1. Alternative and Complementary Medicine
2. The American Journal of Chinese Medicine

Colon Carcinoma HT29 Cells by Tian Xian Liquid, a Chinese Medicinal Formula, In Vitro and In Vivo.

9. Journal of Ethnopharmacology 1 Sept 2011. JEP-6810 NETHERLANDS.

Differential effects of anti-metastatic mechanism of Tian-Xian liquid (TXL) and its bioactive fractions on human colorectal cancer models.



↗ Copied and all copyright reserved:

1. Journal of Dental Sciences
2. Evidence-Based Complementary and Alternative Medicine
3. BMC Cancer
4. Journal of Ethnopharmacology

DISCUSSION OF “TREND AND CHANGES” IN MEDICAL CONFERENCES

At the initial stage of the development of Chinese medicine twenty years ago, probably 99% of doctors could not approve to take TXL as the complementary nutriment in the combination of Chinese and western treatment for cancer; and their subjective mentality might even make them take steps to reject or refuse it. The developing background of medicine at that time forced Zhen-Guo Wang, the research fellow, to do nothing but accept the cruel fact. Once, a patient said to him, “Dr. Wang, my doctor in charge told me to stop taking TXL, or I will have to leave his hospital for he will not diagnose my disease.” He could only advise and encourage the patient, but he was never despondent. He believes that one day people will affirm and trust Chinese medicine through complete experimental certificate.

Owing to the outstanding data and results continued revealing in every kind of research, model senior in experience and people at the same business gradually affirmed and invited Wang to attend national medical conferences. Being able to report the research result of “TXL” at those conferences is admittedly important, but the more important part is to be able to learn from each other by exchanging views with more doctors about how to think afresh about treatment in the center of “human,” instead of the treating the way of “disease” or “medicine” on the point of order when treating cancer. In the future, traditional Chinese medicine and doctors of traditional Chinese medicine will definitely play a very important role in the global developing of medicine.

Information showed that there are more and more medicine

developers joining this founding procession together, too. The unbalanced proportion of 99% twenty or thirty years ago has improved greatly recently. Most doctors will not object to their patients to take Chinese medicine or healthy products which is suitable for the individual under the circumstances of “safe, no side effects and with scientific bases.” The doctors who strongly objected at first follow these three principles by themselves when they look for suitable Chinese medicine and healthy products.

No matter if it is traditional Chinese medicine or nature medicine, there are so many open areas to try; when experts and people at medical care and nurses in every field open their hearts, break the sectarian bias and listen to the functions and take the superiority of other treatment, those who can benefit from it will be the patients who need to be taken care of. For the past five years, we have had chance to attend the following grand meetings and that was a great beginning.

1. March 2005, First Int'l Thai Conference on Integrated Management of Cancer “Worldwide Experience”, Thailand
2. September 2005, The Thirty Three Forum of Cancer Control, CCS, LA, USA
3. August 2005, the fifteenth Conference of the Asian Pacific Association for Study of the Liver (APASL) in Bali, Indonesia
4. November 2006, World Congress on Chinese Medicine by HK Baptist University, Hong Kong
5. November 2006, The Third Cancer Conference of APASL, Thailand
6. April 2008, 5th WONMP Congress, Hong Kong
7. August 2008, THL Int'l Conference, Taipei, Taiwan
8. November 2008, World Congress of APACS
9. November 2008, The 8th International conference of Integrative

and Longevity Medicine

10. October 2009, The Seventh International New Drug Development Conference
11. February 2010, The 2nd International Conference on Drug Discovery & Therapy, Dubai, UAE
12. February 2010, The Fifteen Kampo Medicines International Forum, Tokyo, Japan
13. August 2010, The 9th Meeting of the Consortium for Globalization of Chinese Medicine, Hong Kong
14. September 2010, 2010 International Tumor Medical Congress, Taipei, Taiwan
15. November 2010, CINO Cancer Symposium on Frontiers in Tumor Progression, Madrid, Spain
16. November 2010, International Conference on Integrative Medicine against Cancer cum The 6th Pond Ding Yuen International Symposium on Traditional Chinese Medicine. Hong Kong, China.

Safety is the most important thing in our twenty-year experience!

Based on the above scientific excess syndrome and clinical experiences for more than twenty years, “TXL” not only presents the function of mechanism of improvement as the Chinese medicine says “relieving vital energy,” but also obtain the outstanding function of immunomodulation. Therefore, not only cancer patients, but also patients with hypersensitivity and autoimmune diseases, such as AIDS, SLE, HIV, RA, H1N1 and enterovirus, can take drinking TXL into consideration.

We have provided many positive research results in the former chapters, but we still need to remind all the readers and explain to you that many experiments were set on the level of cells, animals and mechanism, so it should cause an effect of “getting better” to those with immune disorders or those with severe tumor diseases, but the effect is not absolute. No matter it is Chinese medicine or western medicine, the effects will present different levels related to the patient’s age, physique, weight, other diseases, environments, diet and spirits. No matter what kinds of complementary medicine you choose, safety is still the first factor you should consider; and the main reasons why “TXL” can be supported and affirmed by many people for twenty years successfully are “safety” and “trust.”

The U.S. Food and Drug Administration (FDA) is one of the most trustful in the world and one of the most important agencies responsible for the supervision of medications and medical devices. For the past twenty years, there have been more than one hundred kinds of anticancer medicines approved formally; as time goes by, the medicines which have passed the clinical tests and are still practically used on patients may be just less than 10%. Those 90% of approved medicine might have no longer been used or taken, but many patients and their family members have been hurt during the process; this is something we could hardly change but a fact that we had to accept.

The traditional Chinese medicine, “TXL,” has been approved with the certificate of traditional prepared Chinese medicine and healthy food in Hong Kong, Malaysia, Thailand, Philippines, Singapore, Turkey, Romania, etc. Before we have successfully got those approvals in the past twenty years, several thousands of cancer patients and family members have chosen it for its complementary function; the meaning of it represents that TXL is trustworthy, not toxic, safe, and it has no side effects

HISTORICAL PROOF OPEN UP A NEW BEGINNING OF ERA OF TRADITIONAL CHINESE MEDICINE

Many experts, scholars, people dealing with medical matters, patients and their family members completely refuse and reject traditional Chinese medicine. Their basic concepts were right; the development of traditional Chinese medicine at the early stage did have more defects than advantages and lacked convincing scientific data.

“TXL” is a new direction for producing traditional Chinese medicine; it has neither approvals in ancient books and pharmacopoeia nor complete data information on the early days, so it has to bear doubts, smears and distrusts from everywhere. But these practical circumstances will not be the obstacles to “pursue improvement and truth;” therefore, “TXL” can win trust and respect by continuous researching and proving with “unflinching and enterprising” spirits.

The year 2011 is an important year to the development of “TXL.” We do not use the word “achievement” to describe it but “TXL” does hand in a wonderful report card at least. We are not only grateful but also eager to say “we made it” to those experts, scholars, patients and their family members from over thirty countries in the past twenty years for they always support, encourage and trust us at the most difficult moments. The time that “traditional Chinese medicine had no scientific data” is announced to end in the year 2011.

Besides the related research projects mentioned in the former pages, there are also important deeds that are worth recording forever in the following:

1. On June 30th, 2011, the clinical experiment project, code name “THL-P,” in connection with cases of breast cancer at stage four is completed in the National Taiwan University Hospital, ROC. The experiment project is also listed in the U.S official records and proclaimed in the US national clinical experiment website.

2. The U.S National Cancer Institute defined “THL-P” (Tien-Hsien Liquid-P) as an effective pharmaceutical and conferred it with pharmacopoeia serial number “C88275.” This is a new milestone for the development of all the compounded medication and traditional Chinese medicine.

3. U.S National Library of Medicine, National Center for Biotechnology Information has officially registered the global research papers of “TXL” to its official website and listed in the official records.

ClinicalTrials.gov
Evaluation of the Safety and Efficacy of THL-P in Metastatic Breast Cancer

This study has been completed.

First Posted on July 6, 2005 | Last Updated on June 9, 2011 | History of Changes

| | |
|-------------------------------------|-------------------------------------|
| Sponsor | Taiwan THL Co., Ltd. |
| Collaborator | National Taiwan University Hospital |
| Information provided by | Taiwan THL Co., Ltd. |
| Chemical/Drugs/Interventions | THL-P (THL-P) |

Purpose
The purpose of the study is to obtain evidence from both safety and efficacy in Metastatic Breast Cancer patients. The average of all changes from baseline to post-treatment, and safety, is placed respectively with C88275, which is already approved by the United States Food and Drug Administration (FDA) for the treatment of breast cancer.

| Condition | Intervention | Phase |
|--------------------------|--------------|----------|
| Metastatic Breast Cancer | THL-P | Phase II |

Study Type
Interventional
Study Design
Randomized Controlled Trial
Primary Outcome Measure
Safety (Adverse Events, Serious Adverse Events, Death, Discontinuation Due to Adverse Events, Discontinuation Due to Disease Progression, Discontinuation Due to Patient Withdrawal, Discontinuation Due to Protocol Violation, Discontinuation Due to Other Reasons)

Other Information
Study Start Date: October 2005
Study Completion Date: January 2011 (First data collection date for primary outcome measures)

Results
THL-P is a novel, potent, and safe, which is already approved by the United States Food and Drug Administration (FDA) for the treatment of breast cancer. The purpose of the study is to obtain evidence from both safety and efficacy in Metastatic Breast Cancer patients. The average of all changes from baseline to post-treatment, and safety, is placed respectively with C88275, which is already approved by the United States Food and Drug Administration (FDA) for the treatment of breast cancer.

PubMed.gov
Search: PubMed
ten hsien liquid

Results: 5

- Inhibition of metastasis, angiogenesis, and tumor growth by Chinese herbal cocktail Tien-Hsien Liquid**
Chen JS, Du J, Hsu WB, Sun A, Chang CP, Wang WB.
BMC Cancer. 2010 Apr 30;10:175.
PMID: 20429193 [PubMed - indexed by MEDLINE] Free PMC Article
Full Text Link
- Targeting PI3K, RAR[alpha], and Chaperone Signaling Pathways by Chinese Herbal Mixture Tien-Hsien Liquid in Acute Promyelocytic Leukemia M1 Cells**
Yan CJ, Yang SM, Chang SE, Yan JL, Liu CY, Chen SW, Yan KH, Lai TY, Lai GM.
Evid Based Complement Alternat Med. 2009 Nov 21 [Epub ahead of print].
PMID: 19897545 [PubMed - as supplied by publisher]
Full Text Link
- Tien-Hsien Liquid can modulate antigen-stimulated cytokine production by T cells isolated from patients with recurrent aphthous ulcers**
Sun A, Chen JS, Wang WB, Chang CP.
Am J Chin Med. 2006;34(2):169-71.
PMID: 16735308 [PubMed - indexed by MEDLINE]
Full Text Link
- The Chinese herbal medicine Tien-Hsien liquid inhibits cell growth and induces apoptosis in a wide variety of human cancer cells**
Sun A, Chen JS, Chang CP, Hsuan SP, Du J, Wu CY, Wang WB.
J Altern Complement Ther. 2005 Apr;11(2):24-34.
PMID: 15954698 [PubMed - indexed by MEDLINE]
Full Text Link
- Immunomodulating effects of Tien-Hsien liquid on peripheral blood mononuclear cells and T lymphocytes from patients with recurrent aphthous ulcers**
Sun A, Chen JS, Wang WB, Chang CP.
Am J Chin Med. 2004;32(2):21-34.
PMID: 15112102 [PubMed - indexed by MEDLINE]
Full Text Link

PubMed.gov
Search: PubMed
ten hsien liquid/TXL

Results: 3

- Differential effects of anti-metastatic mechanism of Tien-Hsien liquid (TXL) and its bioactive fractions on human colorectal cancer models**
Chen ES, Sze SC, Cheung HP, Wong KL, Liu Q, Ng TB, Tong Y.
J Ethnopharmacol. 2011 Jan 6 [Epub ahead of print].
PMID: 21460777 [PubMed - as supplied by publisher]
Full Text Link
- Regulation of p21, MMP-1, and MDR1 expression in human colon carcinoma HT29 cells by Tien-Hsien liquid, a Chinese medicinal formula**
Chen ES, Sze SC, Cheung HP, Wong KL, Liu Q, Ng TB, Tong Y.
Integr Cancer Ther. 2011 Mar;10(1):68-69. Epub 2010 Aug 11.
PMID: 20743461 [PubMed - in process]
Full Text Link
- Tien-Hsien Liquid (TXL) induces apoptosis in HT-29 colon cancer cell in vitro and inhibits tumor growth in vivo**
Liu Q, Tong Y, Sze SC, Liu WK, Lam L, Chen ES, Yew CM.
Chin Med. 2010 Jul 25;25.
PMID: 20637610 [PubMed - in process] Free PMC Article
Full Text Link

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1. U.S. National Institutes of Health
2. U.S. National Library of Medicine

4.The record is the souvenir of the twentieth anniversary for “TXL” to spread in the whole world; although it is not the only one, it is the most valuable one.

NCI Thesaurus
 THL-P (Code C88275)

Terms and Properties
 Definition: A proprietary, oral Chinese medicinal herb preparation with potential antioxidant, immunomodulating, and antineoplastic activities. THL-P (Tien-Hsien Liquid-P) contains fourteen Chinese medicinal herbs including: Cordyceps sinensis, Orlanidia diffusa, Indigo pulvulata levis, Polyporus umbellatus, Radix astragal, Panax ginseng, Solanum nigrum L., Pogostemon cablin, Abradykodia macrocephala rhizoma, Trichosanthes radix, Clematis radix, Margatille, Ligustrum lucidum All and Glycyrrhiza radix. Administered as an oral liquid, THL-P may modulate the activity of natural killer (NK) cells, cytotoxic T-lymphocytes (CTLs), macrophages and polymorphonuclear leukocytes, and enhance the secretion of interleukins (ILs) and interferon-gamma (IFN-gamma). This agent may also induce G2M cell cycle arrest and downregulate several important oncogenic signaling pathways.

Synonym Details

| Term | Source | Type | Code |
|-------|--------|------|------|
| THL-P | NCI | PT | |

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National Cancer Institutes



Chapter Five

THE THING THAT WE ALL SHOULD KNOW!

Part One

*Knowing cancer and
master the key*

HOW TO FACE CANCER?

As a professional oncologist for thirty years, Dr. Wang has treated more than one hundred and twenty thousand cancer patients; this amount is difficult to believe for any average oncologists. In the summer of 2006, president of Wanhua Hospital in Taiwan, Dr. Kun Hui, Ying, was invited to Chungbai Mountains to visit his base. Besides visiting the botanical garden for medicinal purposes and the GMP manufacturing factory, he saw about three or four hundred cancer patients in high spirits and excellent form during his visiting activities in these days. While climbing in Chungbai Mountains, he noticed many healthy and normal people were encouraged by a cancer patient at the moment when they almost gave up ascending heights because of the height of the mountains or lacking physical fitness. All of them finally finished ascending the two thousand three hundred and eighty-two stairs of Chungbai Mountains and got a chance to comprehend the naturally fresh and enormously great grand view of Chungbai Mountains and Heaven Lake because they kept encouraging one another. When he left, he said to Dr. Wang, “we are at the same age and practice medicine for the same time, but I have never seen so many brave, healthy and optimistic cancer patients all together; every patient is so sincerely thankful for you, and I am so touched and admire you.”

The Internet can speedily spread all kinds of information. So much common sense and knowledge about the prevention of recurrences and metastasis of diseases can be searched on the net easily. Most patients will express their emotional feelings when they know they have cancer, and 90% of them will “refuse to accept,” “dread,” “become anxious,” “lose control,” “be helpless,” or “despair.” According to our experiences, we rarely see a patient come to tell us “he got cancer” in a happy state of mind with a slim and graceful pace. As a person, the

former expression of sense of loss and fear is a normal behavior.

In fact, cancer is not terrible, for the terrible thing is we lost the bravery to live on. The process of diagnosing cancer is extremely complicated and loaded down with trivial details, so the first thing that I just want to ask the patients and their family members to do is to “calm down” when they know they have cancer. Some people will spend three to five days on it, and others need one month or two, and there are those who could never do that. But trust me, as long as you can calm down and think, you can execute the following steps and face the correct and complete treating procedures which are good for you:

(1) Seek the doctor and choose the hospital correctly.

Be sure of the correctness of the diagnosis and understand if the doctor’s special knowledge suits you. Is the doctor willing to listen to you? Do you trust him or her?

(2) Know the good and the bad of the treatment.

Get to know the surgical methods, risks, side effects and how it helps your condition; what kind of chemotherapy it is and how many times you need to do it, and side effects of it, and if you have alternative choices.

(3) Remember to ask for a second opinion.

Ask bravely because the diagnosis could be wrong or uncertain even if you are checked by the accurate equipment. Any major medical decision made or when the doctor could not provide you with other possible treating choices or complementary treatment after the surgery, remember to ask another doctor for a second opinion

(4)Collect materials and be an active patient.

The more you are willing to take part in the process of your disease, the better treating effect you might get; try to do your part to learn the right information, if you have any questions or doubt during the process of diagnosis, do not keep it to yourself, ask your doctor and discuss with him or her bravely.

(5)Change the basic source of the disease: diet.

Nutrition is the root of physical strength, and the key factor to restore health. During the process of treating cancer, nutrition and chemo-radiation therapy are equally important. Like the rear service of supply, nutrition is the greatest support to help you maintain completion of the treatment; it might not directly suppress cancer cells, but it can eliminate the destructiveness of cancer cells to your body and help you increase the immunity. At the key moment of treatment, you have to keep a prerequisite diet of “intensifying your strength and completing the treatment” so that you will not miss the prime time of the treatment for lack of the physical strength to complete the course of treatment.

TO PREVENT CANCER AND STOP ITS METASTASIS ARE REQUIRED GENERAL KNOWLEDGE

The one that dominates your life or death is you!

40% of cancer can be prevented. Even if you can successfully complete the treatment, it does not mean that you can be healed completely; there is still a possibility of metastasis and recurrence. At present, the doctor will exhort you to keep a regular follow-up diagnosis every three month; if the result is normal, you can go home happily and come back in three months again. Therefore, many people will get “ninety-day anxiety.” If cancer cells recur or metastasize, the patient will experience a very long and difficult treating process again. The patients and their family members are always in a passive situation.

When you entrust your cancer treatment to a doctor, the doctor can only help you with 50% of it even he has taken all his time and energy to treat your disease; that is only half of it, and how will you get the rest of it? In fact, the patients and their family members have the other fifty points in their hands; it is up to you to create the other half of your vitality.

Basically, everybody knows that cancer has four stages, Stage I, II, III and IV. In the same treatment and environment, Stage I cancers are the least advanced and often have a better prognosis (outlook for survival). Higher stage cancers are often more advanced, but in many cases can still be treated successfully while some of the patients at initial stage lose their precious lives in just a few months!

Why? Why?

The answer is very simple. Those patients who can increase survival time are basically optimistic, unrestrained and happy; in other words, they choose to keep a “positive and optimistic” mood and attitude instead of an “anxious and irascible” one. Those who fail to survive are people who moan all day and lose their hopes for living. The outcome is not perfect because they push themselves to the bottomless and deep “anxiety and irascibility.”

Therefore, to “change your state of mind, life and thoughts” in a positive way means the points you get from the rest of the fifty, and how many points do you get for yourself? If you plus any other points from your doctor, you get the effective rate of complete treatment. Speaking of the US president, Barack Hussein Obama, who has won the presidential election because of positive “changing” and you can be like him to win your life back with a “positive change.”

Master regulations of health

Everybody knows well a basic health concept that prevention is better than cure, but the problem is people “know it” instead of “do it.” I am going to teach you some basic self-check of cancer, prevention and some ways of managing your diet and mode of life in the following. However, I hope you understand that this part is not common knowledge when you get cancer. These are some very basic, simple and effective ways to improve your health. The more you can do it, the healthier you will become.

Do signs of early stage of cancer happen to you?

| cancer | high alerts | significant alerts |
|--------------------------|---|--|
| Lung cancer | Smoke more than half pack every day, usually contact smoke and factory dust, | Continuous cough, lung infection, chest pain, sputum, hoarse |
| Breast cancer | Family history of breast cancer, irregular cycles of menstrual period, often eat high fat food, the maternal age is older and first birth, women never pregnant in her life | Breast or nipple pain, nipple discharge or nipple inversion, lump, ulcer or swollen breast skin, lumps found in lymph nodes located in the armpits |
| Cervical cancer | Many sexual partners, early age at first intercourse(before eighteen), human papillomavirus (HPV) infection | Contact bleeding, vaginal bleeding or discharge, vaginal bleeding after menopause, pelvic pain |
| Oral cancer | Smoking, chewing areca fruit, drinking | Mouth sores that do not resolve easily, abnormal lump, a white patch (leukoplakia) |
| Throat cancer | Smoking | Hoarse sounding voice, a lump or a sore in the throat |
| Nasopharyngeal carcinoma | Smoking, harmful smoke and dust, food curing, salty food | Tinnitus is perceived in one year, hearing loss, nasal bleeding, headache, cervical lymphadenopathy |

| | | |
|--------------------|---|---|
| Esophage-al cancer | Tobacco and alcohol consumption, curing food | Dysphagia (difficulty swallowing) |
| Stomach cancer | Dried food or salted, pickled and cured foods, surfeit, nervous emotions | Stomach virus, having blood in stool |
| Liver cancer | Patients with hepatitis B, C virus and cirrhosis, fatigue, unhealthy diet | Being bloated and in pain at the upright of epigastric region, jaundice, weight loss, fatigue |
| Bladder cancer | Constantly contacting chemical materials, control over urination | Hematuria, dysuria(pain during urination) |
| Colorecta cancer | With a history of polyps of the colon polyps, a family history of early colon cancer, diets high in high-fat food | A change in bowel habit(shape), the passage of bright red blood in the stool |

Although the commonly seen signs related to the causes of cancer are listed in the form, we can roughly conclude that the forming of cancer is closely related to diets, life style, working environment and emotions etc. Some of them can be controlled by the individual, others cannot. It is commonly seen that some people never smoke in their entire lives, but they still get lung cancer, so they become indignant. The forming of cancer belongs to the appearance of multiple symptoms; you do not have to be a smoker to get lung cancer, and you just have higher possibility than the average person. When the body accumulates all kinds of harmful factors and reaches the conditions to form cancer cells, the cancer cells will automatically search the weakest organ or tissue inside the body and form together as cancer, therefore, cancer cells are quite smart cells.

Every one of us has cancer cells in our bodies, but the immunity regulation is normal. So the cancer cells, though they exist, will not cause any threats or dangers to our bodies. In the theory of nature medicine field research, they tell people not to treat cancer cells as enemies or fight against them because the cancer cells at the early stage help our bodies filtrate many harmful virus and substances. When cancer cells no longer put up with those viruses and harmful substances, they will gather together in a great surface area or spread to form the focus of an infection as cancer. The theory of natural medicine is similar to the theory of traditional Chinese medicine; they both take gentle ways to treat cancer cells in a peaceful coexistent and naturally regulative way to maintain the basic health of body, which is quite different from the western conventional medication of fighting against cancer cells directly.

Which one takes which medical techniques? And which is the best choice of cancer treatment? Traditional Chinese medicine has its advantages, but I think the Western medical treatment has some means and ways of eliminating the immediate threats and danger; as for multiple recuperation, regulation and reconciliation, you should choose to take the means or ways of either traditional Chinese medicine or nature medicine to get more ideal results.

Then, what ways should we take to reduce the forming and recurrence of cancer? I have concluded the following principles based on the environment we contact more often:

Four principles to lower the chance of having cancer

(1) Mode of life: keep a regular life, exercise appropriately, keep a good habit of defecation, quit smoking and drink less alcohol.

(2)Diet habit: eat more vegetables and fruits, less meat, proper consumption of food and drink at regular time, eat proportionate nourishment, less consumption of chemically-processed food or spices, fried or burned food, and drink clean and safe water.

(3)Living environment: do not overexpose under the sun, avoid exposure to radiation, and avoid contacting chemical medicaments which cause cancer, watch out for occupational disease, and breathe more fresh air.

(4)Healthy examination: at least take healthy examination every one or two years; pay attention to the functions of liver, and the changes of lung, breasts, uterus, esophagus, stomach and intestine.

Regain the basic instinct of a healthy body

In order to keep yourself truly healthy, or for cancer patients to prevent tumor from recurring and metastasizing, I can list many other emphases and notions besides the former four principles. I recommend you to go to the nearest bookstore and look for writings and books written by experts on nutritional science and counseling psychology to read more and learn more about it.

I believe that there are still people asking what kinds of ways, life, diet and state of mind we should take as a part of the whole treatment.

A concept of “self-administration of health” is posed here, like a government, a company, and a group organization, all these must rely on a well-organized mechanism to function smoothly and normally. The human body is a more complex combination which surely needs a fine way to manage it and make it function healthily and normally. I expect all the patients and their family members to establish your personal well-organized mechanism, such as what you eat and how

you eat it, improving your drinking water, exercising appropriately, looking after your moods, etc., which are all in the range of self-management when you read many books on healthy knowledge and hear a lot of experts' and scholars' reports and advice.

The most important part of this organized mechanism should be setting a goal which can be achieved in the easiest way, so it is meaningful. Once there was a family member, a daughter, who had prepared all kinds of nutrition and supplements for her father, and she even hired someone particular to wait upon her father at a regular time every day with about two hundred pills and capsules which can increase his immunity; but the father still had an anxious expression on his face every day and showed no sign of recovery. I asked her, "Have you ever tried taking two hundred pills and capsules every day?" She answered me with a perplexed look, "never." I told her a healthy person has difficulty in swallowing two hundred pills and capsules every day, not to mention that your father is a sick and weak man. His intestines and stomach could not bear so many medicines and that is an inappropriate health management! Therefore, all the health managements should be "doable" and that is the most important part. All those rules of management like the highly suspect story, Arabian nights, are inappropriate.

After you have a concept of managing your health, keep three essentials of your design, "**easy, natural, and balanced.**" Master these three essentials and you will gain great responses with little effort. Take the diet which all of you are deeply concerned for example:

Do you notice that whenever there is a report in the newspapers or magazine about some particular foods which are effective in anticancer, they will run out of stock and become more expensive after the internet gives publicity to it? And some patients begin rushing to purchase and hoard it. Then they eat nothing, but those things. In fact, this way of doing it is all wrong. Generally speaking, most foods

that are not fried, pickled, cured, salted are good to our bodies. Those foods that are given special publicity to are mostly mildly alkaline food; if you can keep your body constitutionally alkaline, the chance of getting cancer will reduce relatively. Therefore, you should keep and normalize a healthy base of diet when you manage your food, and slightly add those recommended foods in the newspapers and magazines. You need not nervously attend to needs here and there. It would be best to keep it ordinary. This is the way of making it “easy.”

Average doctors of traditional Chinese medicine all remind their patients to eat less chili when they make up prescriptions. Some of them who come from Sichuan or Southeast Asia where people enjoy spicy food might get nervous for they have been eating spicy food since they were born, and dishes without chili would be tasteless for them; others even ask me what they should do for the dishes they ate last night that included some chili. In fact, the answer is quite simple. For the people from Sichuan, you can keep eating spicy food, but can you eat less? As for the later, it is okay that the cook put some chili in the dish. If you do not eat pungent food, eat less of it or mala (Szechwen spicy hot pot) sauce. This is the right way of “nature.”

Human beings were orientated to be able to eat both “meat or fish” and “vegetables” when they were originally created. Therefore, you do not have to emphasize eating nothing, but vegetables, and believe that eating only vegetables can make you healthy forever. Our bodies still need the intake of animal protein to provide heat energy and physical strength but that does not mean we need to eat nothing, but meat. We can keep a balanced proportion of “2:8 between meat and vegetables;” eat meat when you should, but eat less; and eat vegetables and fruits when you should, and it is good for you to eat more of them. That is the principle of “balance.”

You are still young, and don't leave nothing but regrets with yourself!

According to the statistics data of every country and our clinical observations, the tendency that the proportion and amount of young people getting cancer is gradually increasing; and it brings great shocks and hurt to each family every time. Of course, there are many analyses and reports discussing the causes of the tendency, but from my viewpoint, I believe the reason of the increasing proportion may be closely related to the rising of computers and online games. The possible reasons are:

- Unhealthy life; not only staying up at night, but also sitting all day.
- Unhealthy diet; eating too much junk food and lack of nutrition.
- Unhealthy body; lack of exercise and poor function of metabolism.
- Unhealthy environment; spending long hours on electrical equipment, electromagnetic wave and cigarettes.

When all the unhealthy causes are put together, the condition is created for cancer to generate and spread. I encourage all young people to welcome your time to come with intelligence and enthusiasm, like I welcome the coming of the time of high technology. However, based on the main points of “easy, natural and balanced,” please do:

- Give yourself enough sleep.
- Eat more healthy food.
- Exercise more.
- Use your computer properly.

Don't be afraid of having cancer!

If you happen to be a cancer patient, I want to ask about:

- Is there a law in the whole world stipulating that cancer patients can only lie sickly on the bed and be looked after by their family members or treated by the doctors?
- Is there a law in the whole world stipulating that cancer patients can never sing, travel or get close to the nature?
- Is there a law in the whole world stipulating that cancer patients can be a taker not a giver?

Please think carefully about the above three questions and see if you have been “tied up by cancer” and remember to free yourself from it. I believe love can conquer everything and you will become brave, confident and fearless if you have love in your heart. In April of 2010, I attended the activity of “Cancer Ambassadors of Love” held by Beijing Zhen Guo hospital and there were one hundred ambassadors of love from every province of China, and US, Japan, Taiwan, Philippine, Thailand, Malaysia and Hong Kong. And they were granted with the official title of “Cancer Ambassador of Love.” When they first gathered together and issued their description of impressions with a sincere state of mind, someone said that I had three years of fighting cancer and you all should listen to me; another one said that three years was nothing and his personal experience was five years and what he said was true; while a cancer patient with ten-year experience of fighting cancer, there was an old man said that he has fought for twenty years. At the end, all the cancer patients whooped together, “I am alive” with their joyful tears and their loud and sonorous voices. Yes, “I am alive” is admittedly important, but it will be more meaningful to “live with dignity and quality.”

Love conquers everything!

Love conquers everything!

Love conquers everything!

Wish all the patients could think about it and be enlightened at different nations and corners!!



↑ From April to June in 2008, Tombo Enterprise Sdn Bhd invited the executive president of Formosa Cancer Foundation, Dr. Gi-Ming Lai, Dr. Da-Fu Shu, Dr. Lingxian Sun and Ms. Joycelyn Wu to be the speakers of the series course of lectures “Doctrines about health” in Kuala Lumpur.

Chapter Six

NO MENTORS, NO “TXL” !

Part One

*Knowing cancer and
master the key*

CONTRIBUTORS BEHIND THE SUCCESS

Dr. Wang, the research fellow was born in the northeast mountain area in China that is surrounded by a group of mountains, which are not just one or two mountains, but dozens and hundreds of continuous mountain ranges. You could say that the environment where he was raised is hard for modern people to believe. In the 40s or 50s way of saying that he is a thoroughgoing “youth from the rural area!” How many people would believe in a youth from the rural area determined to conquer cancer? It would be unusually lucky that no one laughed at him. He is especially grateful to the environment he grew up and cherishes memory of his mother who gave him a lot of courage and determination to conquer difficulties though the environment in which he grew up was backward; his mother who was not well-educated gave him warmth and the best education to develop his character. That is the “root” that he could be outgoing and develop upward.

In order to carry out the goal and ideal of “conquering cancer,” the basic condition is to be able to bear hardship, but the more important part is to have a teacher to teach him and guide him so that he could have thorough knowledge of the theory of traditional Chinese medicine and blend it harmoniously to make his dream come true gradually and prudently. Besides China, there are more overseas medical experts and scholars who admire his fame and travel far to visit him in the Chung-Bai mountain area to talk to him. They give him guidance, instructions and encouragement, which made him able to master the direction of the development of modern technology in the field of how to conquer cancer with traditional Chinese medicine, and made “TXL” a Chinese medicine which is able to pass through all kinds of tests, made us feel proud and elated and made cancer patients fully benefit from it, instead of just being another Chinese medicine.

This is the “foundation” to carry out the goal.

While we were editing this book, Dr. Wang especially requested me to put the following seniors in experience, experts and doctors in writing with length to record events in order to show his gratitude and thankfulness in his heart because they all are his mentors and leaders forever.

1. Mr. Ru Sui Fa (Mentor).

Dr. Wang was thirty years old in 1984; although he had five or six years of experience in researching anticancer medicine, his background and record of formal schooling were not deep or good enough for people to believe his research result. Mr. Ru took charge of Jilin Drug Administration as the director of authority at that time; after understanding Dr. Wang’s research contents and reports, he said, “let’s not look at which university Zhen-Guo Wang graduated but at his prescription that he researches. And the objective we should pursue is whether it is effective practically and in examination. Mr. Ru helped him organize a meeting to examine and comment on his own initiative to practice the pharmacological and toxic examinations with research medicine at that time, and applied for the national scientific research budget. He was the one that gave Dr. Wang bravery and facilitated the mission of “conquering cancer” to last another thirty years. In March of 2010, Mr. Ru came to visit his Beijing hospital at the age of eighty and he continued guiding and supporting Wang by asking him if there was anything he could do for him. You can tell his greatness of from this.

2. Prof. D. Carleton Gajdusek (Deceased).

He was the recipient of Nobel Prize in Medicine in 1976. In the summer of 2001, he came to the product base in the northeast and asked a lot about the pharmacology of traditional Chinese medicine, practical usage and clinical observations through the translator and exchanged ideas of cancer treatment. He crossed broad water area to China and appointed Dr. Wang's pharmaceutical factory in the remote mountain areas in the northeast to exchange experiences of the western medication with oriental medication. We can imagine that must be an unparalleled and exciting moment of honor.

3. Dr. Bruce W. Halstead, MD. (Deceased).

Dr. Halstead was a famous US ocean toxicologist and he had anticipated in the 70s that traditional Chinese medicine would occupy an important position in the future usage of medicine; you could say that he was the pioneer who initiated traditional Chinese medicine in the US. At one international conference in 2001, our work team introduced "TXL" and "Chinese medicine" to him, and he only said, "I will see it myself and experience it personally so that I will believe in anything you are telling me now." In May of 2002, Dr. Halstead, at the age of eighty-two, was invited with his medical team to Japan, China, Hong Kong and Taiwan to practically reconnoiter all the operative team, production base, research group and cancer patients; he asked about big and small questions on every process link of production, research and use. After going back to the US, he spent the rest of his life finishing the monumental work of three hundred and eighty-six pages, "The Scientific Basis of Chinese Integrative Cancer Therapy," introducing "traditional Chinese medicine and cancer" from the western point of view before he died. This book has been sent to every medical school and library in the US as a reference book for all

the western people to study about traditional Chinese medicine.

4. Mr. Yung-Ching Wang (Deceased).

Mr. Yung-ching Wang was one of the most successful industrialists with accomplishment not only in Taiwan, but also in the whole world. The story of his industrious management of his rice business when he was young is almost the first required course for all the young students when learning about management science. In 2001, Dr. Wang came to visit Taiwan and suddenly received a notice that Mr. Yung-ching Wang would like to meet him and President Lu. At the meeting, Mr. Yung-ching Wang honestly told Dr. Wang that he had made a full investigation and confirmation on Dr. Wang before he agreed to arrange the meeting. While he was apologizing to Dr. Wang, he also respected his achievement in the field of cancer treatment. Also, he encouraged Dr. Wang to spread the quintessence of the medicine of China to the whole world. After the meeting ended, he specifically instructed his daughter to show them around Chang Gung Medical Foundation and Chang Gung University. The meeting with “the God of management” brought unparalleled shock and influences on Dr. Wang, and the idea and messages passed from Dr. Wang’s palm are still on Dr. Wang and President Lu today with a profound influence. On October 16th, 2008, they heard of Dr. Wang’s death, and they were extremely sorrowful and emotional.

5. Dr. Obitsu Ryoichi.

Doctor of Medicine at the University of Tokyo, Japan, Director of Obitsusankei Hospital, Chair Professor at Beijing University of Chinese Medicine, is also a senior of Integrative Medicine. Although he is over seventy years old, he still concentrates on teaching patients how to keep in good health and regulate it by practicing Qi-gung and a kind of shadowboxing with sweat and smiles in his hospital. Twenty

years ago, it was his advice to change “TXL” from TX capsules and this reached a new extent and thought.

6. Dr. Abe Hiroyuki.

Authoritative doctor specializes in cardiac surgery, Director of Kudan Clinic, Tokyo and President of the International future Medical Association. Through his private investigation at his hospital, he noticed some of the patients who presented cheerful spirits and good quality of life showed huge differences from average patients, though they were taking chemotherapy or radiation therapy at the same time. And his investigation showed one thing in common among those patients who came from different places, that they all drank “TXL.” This drew his curiosity and thirst for knowledge to go deep into the patients’ recovery condition by observation and records. In 2001, he wrote a new book of “the kampo that breaks the bottleneck of cancer treatment.” At that time, we heard that there were people persuading him not to risk his reputation in the Japanese medical field for a Chinese doctor whom he was not acquainted with, but he refused. He said, “It is the truth that I am seeking.” This book was translated into Chinese; until today, the common knowledge recorded in the book is still worth reading carefully for people who want to learn or understand traditional Chinese medicine.

7. Mr. Qiu Yong Han.

A very famous expert on Asian finance and economics in Japan, he was born in Taiwan and he has lead countless Japanese corporations in Japan, Hong Kong and China to carry out very pioneering and cooperative investment. In 2001, he saw his Japanese good friend, Mr. Sekine Susumu, fight hard against cancer for the first two years and then at the time when all the Japanese doctors almost gave up on him, he recovered magically with the complementary help of

traditional Chinese medicine. Mr. Qiu, who always keeps an attitude of seeking the truth from fact when he studies finance and economics, came to the northeast with his doubts and did nothing but inquired Dr. Wang; after very frank and honest discussion, he finally realized clearly the secrets and effects of the traditional Chinese medicine on cancer treatment. Besides writing down the records of events that “I am getting more and more interested in the traditional Chinese medicine with thousands of years of history” in his “Qiu Yong Han’s special column” on “WEALTH MAGAZINE,” he wrote a book “THE MAGIC SCIENTIFIC KAMPO TXL” with his background as being an expert on finance and economics. While there was no official research report on TXL at that time, he wrote with stern and severe vigor of style in his writing as endorsement. Until today, Zhen-Guo Wang still respects him and calls him his “mentor.”

8. President Yang Sze-Piao and President Yang Zhao Xiong.

In fact, these two seniors in the medicine field have only met Dr. Wang once, but their support for traditional Chinese medicine deserves the highest respect from all the friends in the field of traditional Chinese medicine. Both of them held the post of President of National Taiwan university hospital, one after the other. At early stages, traditional Chinese medicine was not allowed to be discussed in their educational and working fields. But after they retired, they gradually found that the field and development of traditional Chinese medicine would become an inevitable current in the future. So they made use of every opportunity to initiate the concept of complementary Chinese medicine and to continue giving guidance their students to respect and assist traditional Chinese medicine on either the research in the medical field or the formulation of government policy so that the “health of the entire people,” which is really advantageous for the people, can be created.

Of course, there are many more medical experts, scholars and doctors coming from overseas to visit Dr. Wang's hospital and manufacturing base. He took records of events and long lists from his notebooks one after another, saying "I believe that all these experts, scholars and doctors come to China from afar not just for touring, but for the truth of medicine; they come to give me the necessary test and verification. And there are many medical experts and scholars whom I have never met researching traditional Chinese medicine and TXL quietly in their working field. I must express my sincere thankfulness and respect to them for their encouragement, doubts, instructions, advice, and even comments because all those will become the motivations to improve our research and development."

Allow me to put all their names in order here so that I will always remember:

※ Japan

- New Drug Development Research Centre, Institute.
- Japan Society of Integrative Medicine, Kazuhiko Atsumi, MD
- Magazine Editor, Japan Economic Critic, Mr. Sekine Susumu
- Tokyo Women's Medical University, Prof. Kurihara Takeshi
- Kokubunji Susuki Hospital, President Susuki Tetsuya
- Kakizoe Dermatology Surgical Clinic, Kakizoe Kenji, MD
- Kokyo Ginza Namikidoori Clinic, President Miyoshi Tatsu
- Shigaken Yumori Clinic, President Yumori Yasuaki
- Kenshikai Medical Corporation, Mr. Syuto Hiroshi
- Okayamaken Subaru Clinic, President Itami Zinro

※ Thailand

- Anong Teerawanichpong, Ph.D.(Medicinal Chemistry), Huachiew Chalermprakiet University, Department of Pharmacology, Lecturer.
- Somrudee Khongkhawithoon, TCM Dr., Certificate of Traditional Chinese Medicine, Huachiew Chalermprakiet University, Department of Chinese Medicine, Associate Professor
- Jakkris Bhumisawasdi, Bsc.,M.D. Health Inspector, Ministry of Public Health of Thailand
- Suchai Yonganukul, Bsc.,M.D.St.Carlos Medical Center, President
- Kamon Chaiyasit, Ph.D.(Pharmacology), Certificate Dietitian of Thailand
- Malin Piyachinawan, TCM Dr., Certificate of Traditional Chinese Medicine

※ Taiwan

- Ching Hsing Medical Foundation (Taiwan)
 - Yang Zhao Xiong
Honor Professor, College of Medicine, National Taiwan University
Director, Ching Hsing Medical Foundation
Ex-President, College of Medicine, National Taiwan University
 - Won Bo Wang
Professor, Graduate Institute of Microbiology, College of Medicine, National Taiwan University
 - Andy Sun Ph. D.
Immunology, National Taiwan University

Jean-San Chia Ph.D.

Professor of Immunology, National Taiwan University

Chun-Pin Chiang Ph. D.

Director of Graduate Institute of Oral Biology, Department of
Dentistry, School of Dentistry, National Taiwan University

- Dr. Gi-Ming Lai

Senior Investigator, Division of Cancer Research, National
Health Research Institutes

Team members: Chin-Jung Yao, Professor

Yeh Chi Tai, Professor

Yan Jiann Long, Professor

- Peter Yah Chi-Yuqn M.D.

Officer of Tungs' Taichunh Metroharbor Hospital Cancer
Treatment Centre

- Deng Win-Ping

President of Graduate Institute of Biomedical Materials, Taipei
Medical University

- Ying-Hua Hsieh

Vice President, Wan Fang Hospital, Taipei, Taiwan

Lin Chang-Hsien M.D.

- Ying Kun-Hui

President, Wanhwa Hospital, Taipei, Taiwan

- Dr. Huang Ding Yan

Heart Oasis Health Resort Centres, Taipei, Taiwan

- Dr. Shu Da Fu

Dr. Shun Natural Clinic, Taichung, Taiwan

- Dr. Chen Wei Hua

Hung Hsin Clinic, Taichung, Taiwan

- Dr. Xhang Xiao Cheng
 Bao Sheng Tang Chinese Medicine Clinic, Nantou, Taiwan
- Yang Yu Hua
 Director of Radiation Oncology, St. Martin De Porres Hospital,
 Chiayi, Taiwan
- Ko Wan Sheng M.D.
 Hematology & Oncology, Kuang Tien General Hospital,
 Taichung, Taiwan
- Lai Geng Guang M.D.
 Radiation Oncology, Taipei Medical University, Taiwan
- Fan Jing Chao
 Director of Radiation Oncology, St. Mary Hospital, Lotung,
 Taiwan
- Dr. Liao Zheng Yi
 Liao Zheng Yi Clinic, Taipei, Taiwan
- Dr. Xiang Huai Da
 Da Xin Clinic, Taichung, Taiwan
- Xie Tian Yu
 President of College of Dental Medicine
- Shen Chong Guang
 General Manager of Sun Ten Pharmaceutical Co., Ltd.
 Dr. Zhuang Wu Zhang
- Dr. Guo Ming Long
 President of Hsin-Tai General Hospital, Taipei, Taiwan

✧ **Hong Kong**

- Professor Tong Yao
 President, School of Chinese medicine, the University of
 Hong Kong

- Dr. Stephen C.W. Sze
Research Assistant Professor, School of Chinese Medicine, the
University of Hong Kong
- Professor Yang Wei Yi
Hong Kong Baptist University
- Professor Zhao Zhong Zhen
Hong Kong Baptist University
- Dr. Paul Ng
President, International Naturopathic College

※ USA

- Mr. Frank Cousineau
President, Cancer Control Society, USA
- Dr. Ray Baldwin P.A.
Integrative Care Center
- Dr. Dan Clark, M.D.

※ Mexico

- Dr. Francisco Espinoza
Cirujano Oncology, Therapies Advance Center.

※ Malaysia

- Assoc Prof Dr. Abdul Rahman Mohamad MBBS, MMed(Rad),
AM.NR Diagnostic Centre
- Mr. Law King Nguong
Founder of Blessed Health Care, Kuching Sarawak, Malaysia
- Mdm. Carolyn Goh Siew Eng
New Start Wellness Therapy, Melaka, Malaysia

This is what Dr. Wang says...

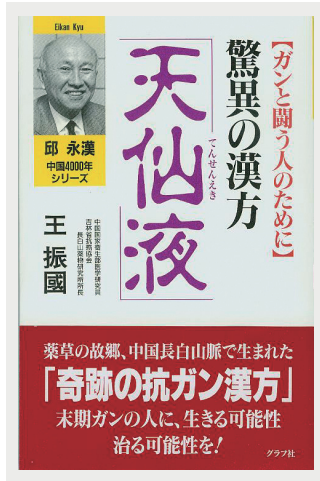
Without their guide, I will lose my direction;

Without their comments, I will lose the chance of self-criticism and improvement;

Without their encouragement, I will lose the motivation to fight!



- ↑ In 2010, the book “My Remaining Years Of Ten, Twenty Life Forces” written by the editor in chief of post weekly, Mr. Sekine Susumu, has been translated to Malayan and published in Malaysia.
- ↗ In 2009, the book “My Remaining Years Of Ten, Twenty Life Forces” written by the editor in chief of post weekly, Mr. Sekine Susumu, has been translated to Chinese as “I Want To Survive.”



↑ In Heisei 15(2003), the expert in Asian finance and economics, Mr. Qiu Yong Han, wrote in “The Astonising Kampo, TXL” in person and published in Japan.

↗ In 2009, International Rehabilitation of Cancer Association, Thailand Branch published a book “Cancer...Don't Give Up On You” based on true experiences of cancer patients.



→ From February to April of 2010, Tombo Enterprise Sdn., Bhd., sponsored a partaking tour of “Get healthy from Cancer” in Malaysia, and it was resounded by cancer patients and their family members.

BECOMING YOUR BEST FRIEND AGAINST CANCER: INTERNATIONAL REHABILITATION OF CANCER ASSOCIATION

The International Rehabilitation of Cancer Association (head office, Hong Kong) is an organization which supports cancer patients all over the world to fight against cancer. As the secretary-general of the organization, I make the head office in Hong Kong as our main base, and through the assistance of China-Japan Feida Union Co., Ltd., we will extend all kinds of anticancer activities to the whole world.

Nowadays, there are almost fifty million people suffering from cancer; we do not think cancer treatment should be just a job to choose therapies and medicine. A good treatment process must be based on a correct “concept” based on the patients and their family members. The basis of “treating cancer and getting an omnigearing health” only lies in a correct “concept.” Therefore, our association continues inviting experts, scholars and doctors to make speeches and to carry out exchange activities in the countries where our branch associations are located. We hope to achieve the common goal of “free from fear and pursue health” by transacting those activities.

International Rehabilitation of Cancer Association global network information

ASIA DISTRICT

- Hong Kong Headquarter
8/F., Hecny Tower, 9 Chatham Road, South, Tsimshatsui,

Kowloon, Hong Kong
Tel: (852) 2721-1555 / Fax:
(852) 2721-1000

- Taiwan Branch
Tel: (886) 2-2357-7128
- Japan Branch
Tel: (81) 3-5785-2223
www.tensen.com
- Malaysia Branch
Tel: (60) 3-9172-2980
www.tianxian.com.my
- Philippines Branch
Tel: (63) 2-415-8714
www.tianxian.com
- Thailand Branch
Tel: (66) 2-264-2218
www.feidathai.com
- Singapore Branch
Tel: (65) 6285-9233
- Indonesia Branch
Tel: (62) 361-225-388



- ↗ “KAMPO AND LIFE,” periodicals on medical information, published in Taiwan. (Above)
- ↗ “SIAMCA,” periodicals on medical information, published in Thailand. (Middle)
- ↗ “PUBLIC SQUARE OF HEALTH,” periodicals on medical information, published in Japan. (Below)

EUROPE DISTRICT

- Romania Branch
Tel: (40) 21-316-4393

OCEANIA DISTRICT

- Australia Branch
Tel: (61) 411-880-298

AMERICA DISTRICT

- USA Branch
Tel: 1-888-259-3707 (Toll free hotline)



↑ From March to June of 2009, Dr. Lingxian Sun, Dr. of traditional Chinese medicine in Taiwan, was invited to Malaysia for tour speeches and the subject was “put down your fear for cancer,” and the lectures were held at Melaka, Johor Bahru, Kuala Lumpur, Ipoh, Klang, Kuching, Selangor Subang and Penang etc.

AT THIS MOMENT, I SEE HARDWORKING AND FEEL TOUCHED!

On January 12th, 2010

The board chair of China-Japan Feida Union Co., Ltd., Mr. Charles Lee officially signed the research project about using “TXL” to treat large intestine cancer with the president of School of Chinese Medicine, The University of Hong Kong.



On July 30th, 2009



The author accompanied Mr. Frank Cousineau, the president of the US CANCER CONTROL ASSOCIATION to pay an official call at Radiation Therapy Centre, Shuang Ho Hospital.

On April 15th, 2009

The president and work groups of International Rehabilitation of Cancer Association at Hong Kong and CSRCA joined together to pay an official call at School of Chinese Medicine, The University of Hong Kong and took a group photo with the president, Tong Yao.



On August 10th, 2008

CSRCA held a lecture of “2008 Asian Anticancer Key Report” at NATIONAL CHANG KAI-SHEK MEMORIAL HALL, Taipei, Taiwan. Experts and delegates from Japan, Thailand, Malaysia, Philippine and Hong Kong attended the grand meeting.



On November 25th, 2006

The author represented International Rehabilitation of Cancer Association to accept the praise and present as a souvenir from Hong Kong Baptist University to thank for promoting and supporting the related activities of making Chinese medicine scientific.



On November 24th, 2006

Dr. Lai Gi Ming of National Health Research Institutes in Taiwan attended the fiftieth anniversary of founding of Hong Kong Baptist University and issued the researching report of “KAMPO, the traditional Chinese medicine, TXL” at the World Congress on Chinese Medicine Charting the Course of Development.



On April 14th, 2006

Mr. Qiu Yong Han the expert on Asian finance and economics led the Japanese visiting group to Zhuhai for paying an official call on the research fellow of “TXL,” Zhen-guo Wang.



On September 9th, 2005

President of Japan Obitsusankei Hospital, Dr. Obitsu Ryoichi (the second from the left) and the editor in chief of Japan Post Weekly, Mr. Sekine Susumu paid a joint and official call on the research fellow of “TXL,” Zhen-Guo Wang.



On August 18th, 2005

The author attended the fifteenth Conference of the Asian Pacific Association for Study of the Liver (APASL) in Bali, Indonesia and took a photo as memento in front of the exhibition booth of “THL,” the only one invited to participate in exhibition as plants used in traditional Chinese medicine. The conference is one of the most important conferences in the global prevention and cure in liver diseases.



In 2002

President Lu of Hong Kong International Rehabilitation of Cancer Association took a photo together as a memento with the expert of Asian finance and economics, Mr. Qiu Yong Han.



TAIWAN

In January, 2010

The ex-board chair of AIG, Nan Shan Life Insurance Company, Ltd., Mr. Guo Wen Te, expressed his affirmation and encouragement to the achievement of “THL” in the region of anticancer research.



In May, 2009

Dr. Abe Hiroyuki visited Taiwan and conducted his opinions and interflow in connection with the living examples of the help of “TXL” with cancer patients in Japan.



In June, 2008

CSCRA and Cultural Affairs Bureau Yilan County ran a recreation activity of “CONQUER CANCER” for cancer patients cooperatively.



JAPAN

In July, 2008

Attending “the academic conference of the 10th International Integrative Medicine” hosted by International Integrative Medicine Japan (Council chairperson: Dr. Abe Hiroyuki)



In April, 2008

Hong Kong International Rehabilitation of Cancer Association held an integrative medicine seminar in Tokyo, Japan; medicine experts from Japan, China and Taiwan received an invitation to attend it. The chair of the conference was Kazuhiko Atsumi, the council chairperson of Japan Integrative Medicine (JIM.)



In April, 2008

The delegation led by the ex-president of National Taiwan University Hospital, Mr. Yang Sze Piao, went to visit Obitsusankei Hospital, the pioneer of integrative medicine, and to find out the way of doing modern integrative medicine and the positive result.



SPECIAL COLLECTIONS OF SHARING THE MIRACLES

Part two

*Sharing the miracles
thanks to cancer*

STRONG AND POWERFUL HELPER

We have done innumerable experiments and research on “TXL,” still we need to get proof of efficacy from patients’ bodies. That’s right! For the past twenty years, the question people have asked the most, “Is TXL efficacious?” This question is perfectly proper and direct for patients and their family members to ask.

At early stages, what I knew about “TXL” was probably like all the other people that lack confidence in it and regarded it as a common medicine. But we have become confident and have been willing to take challenges and inquiries after we tested and verified true cases happening one after another of patients getting better.

To cure cancer is definitely not like eating a piece of cake. It must start with relieving the pain, improving the quality of patients’ lives and eliminating the side effects caused by conventional treatment. To achieve the goal of every stage, step-by-step, and to accumulate these little achievements are for the final outcome of a practical cure, recovering the sick body and extending life.

In the annual global meeting, International Rehabilitation of Cancer Association has been specific to ask the representatives and consultants of every country never to make a false advertisement of saying TXL is a 100% curable elixir of life. “TXL” can cause different kinds of beneficial effects on patients if it is combined with other treatments at every stage. We have obeyed this principle for twenty years and that is the main reason why “TXL” has been trusted and supported by customers for over twenty years.

In addition, TXL has been on sale and spread around the world for years and has received special attention by every national or local medical office as a traditional Chinese medicine. We totally agree with their strict examinations on imported medicine and healthy food

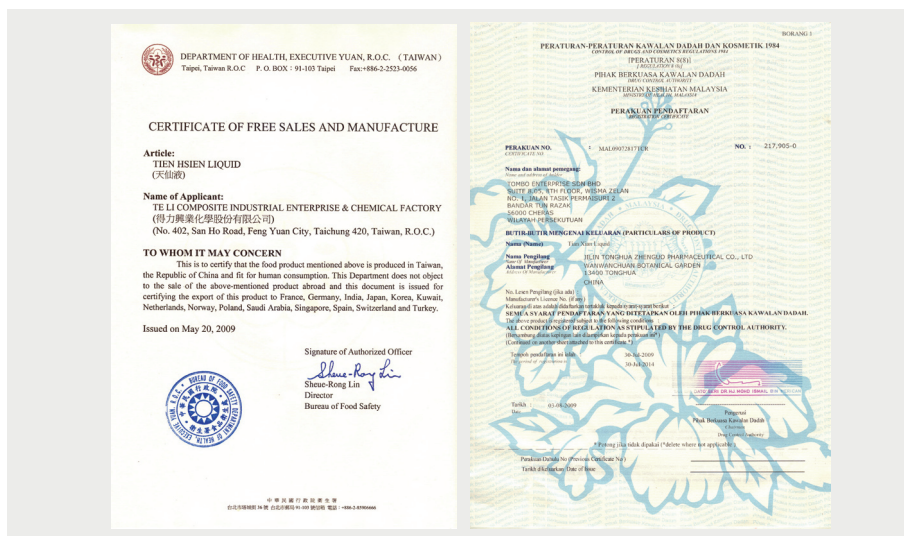
for they have the responsibility of keeping people healthy. TXL is a dosage of sticky liquid, packed in a package box, which can be kept at normal temperature. It used to be detained and checked by customs and the authority of health department, as they are not familiar with this product. The examined items are:

- Toxicity and cleanliness.
- They examined it to be certain if it is toxic and if it contained materials that should not exist there.



↑ The 9th Meeting of Consortium for Globalization of Chinese Medicine was held at Hong Kong on August 23~25, 2010 and presented a token of appreciation to China-Japan Feida Union Co. Ltd. (the headquarters of TXL) generously supporting for them.

It is true that “TXL” must be checked and examined by different standards of each country including places like the US, Canada, Australia, European Union, Japan, Hong Kong, Taiwan. After it has been 100% perfectly qualified, it is ready to be sent to the customer’s hand. However, we do accomplish three standard requests of “nonpoisonous, pure and safe” so that “TXL” can get the global identification.



- ↑ Certificate of free sales and manufacture of TXL by Bureau of Food Safety of Health executive Yuan, ROC (TAIWAN) in 2009.
- ↗ Registration of Approval of Chinese medicine, “TXL China No. 1” authorized by Malaysia in 2009.

TRUE STORIES OF REBORN FROM CANCER

Many patients and their family members lay the medical responsibility on the doctor's shoulder, but they forget that they themselves own the important role that should take responsibility during the process of treatment instead of the doctors. There is a special treatment that is called "conversation treatment" in Zhen-Guo Wang's hospital. Any doctor may spend thirty minutes, discussing with a patient every single day. However, the time patients spend together is much longer. Every time when we witness a successful case describes his or her story, we can see the "hope and expectation" from the eyes of other listeners. That is why IRCA greatly encourages all the patients to exchange their personal feelings during their treatment, for the encouraging exchanges among you works much better and more effectively than what I say.

IRCA took six months to collect true stories of "TXL." These articles tell us of a trilogy; which stands for the fear when they learn they get cancer, the difficulty of treating cancer, and the gratefulness when they regain new life. We deeply believe that every patient's longing for life is the truest and the most touching story. Therefore, you can play "the leading character" during the process of treatment to encourage not only others but also yourselves; to love somebody is to love yourselves. The time of life may be different; some are long, others are short, but the value of life can be upgraded from "mortal" to "immortal" for your bravery.

Bighearted and never give up!

SECRETS OF HEALTH

Whether you feel anything or nothing after reading all these true stories, shouldn't we all cheer up and encourage the leading character of each story for he or she is willing to share their personal condition, feelings, even privacy with us. That is not an easy "change" and "breakthrough." Several of them share very detailed and complete descriptions (including the usage of TXL), but those paragraphs are forced to be eliminated. I have to apologize to them for there is only one goal of this book, "to propagate a healthy concept." And the concept of health can be concluded and reminded with the "regulations of health."

Regulations of health

- **One center:** health must be the center of everything.
- **Two attitudes:** being natural and unrestrained when anything crops; don't live your life too seriously.
- **Three things to forget:** your age, your past and your past kindness and resentment grudge.
- **Four possessions:** the person that truly loves you; true intimate friends; interests and career you can concentrate on; places to keep you warm
- **Five musts:** must smile; must look pretty; must chat; must jump (move); must sleep
- **Six don'ts:** don't eat after you are hungry; don't drink after you feel thirsty; don't sleep after you feel sleepy; don't examine after you get sick; don't regret after you get old.

Serial no.: PR009016

附表 3

【第 38 條】

中成藥銷售證明書

《中醫藥條例》
(第 549 章)

中成藥銷售證明書

中成藥名稱：(中文) 【FEIDA】中國 1 號天仙液
(英文) CHINA NO.1 TIAN XIAN LIQUID

劑型形式：糖漿劑

包裝規格說明：20ml X 60 瓶

有效成分的名稱及份量 (為該成藥在香港銷售而須供應的說明書中列明者)：
人參(12.5%)、冬蟲夏草(24%)、黃耆(15%)、甘草(5%)、山藥(11%)、珍珠(4%)、柏
杞子(9%)、靈芝(17%)、女貞子(0.5%)、生枝蓮(2%)

製造商的姓名或名稱：吉林省通化振國藥業有限公司、中日飛達聯合有限公司

製造商的地址：吉林省通化縣豐源川植物園、九龍觀塘鴻圖道 19 號富登中心
16 樓 1-7 室

現證明——

(a) 本證明書指明的中成藥已根據《中醫藥條例》第 121 條註冊：
證明書編號：HKP-09056
註冊日期：20/05/2008

(b) 製造該中成藥所在的香港處所經定期觀察：

(c) 其他證明 (如適用的話)：

本證明書指明的中成藥獲准在香港銷售。
本證明書有效期間直至 2/11/2010 或有關中成藥註冊被取消(兩者以較早發生
者為準)為止。
發出日期：3/11/2008

代行
中藥組

香港特別行政區

DH 2002

↑ Hong Kong has been the most important base of export, import and development of Chinese medicinal herbs for hundreds of years, still there is not a good managing institution or plan. After Hong Kong returned to Mainland China in 1997, it has been dedicating itself to the goal of becoming the “port of Chinese medicine.” Whether it is the education of Chinese medicine, research, evaluation of Chinese medicine and management, Hong Kong has reached the developing goal originally set. In 2003, Chinese Medicine Council of Hong Kong announced very strict rules and systems for medicine in the market. All medicine must be examined by three processes of tests in order to get certification and approval. In 2008, “TXL” has got the first Chinese medicine with authorized registration No. HKP-05096.

Against cancer with beauty and wisdom, I'm healthier, thank you, cancer!

Taiwan



Founder of Chinese
International
Rehabilitation of Cancer
Association

Edith Shih
1952/04/20

Breast cancer cervical cancer

Getting cancer is like a drain full of sludge. Sludge must be cleaned and then fill the drain with clean water; keeping water filling in so that the drain will be clean forever. Don't you think that the drain full of sludge is hopeless! Actually, there is still a chance.

Born with a poor constitution without the concept of keeping in good health.

Since the date I was born, I have been a weak person who gets sick and allergy easily. My immune system is terribly poor and always faint if I stand too long at school morning meeting. I used to regard myself as a person with a bad health, indulged myself to act like this, and never thought about changing it.

1st time got cancer, I cut off tumors only.

I didn't feel deeply nor seriously when I first got cervical cancer in 1998. The US doctor suggested me to cut off the entire uterus because I was old and had no plan to get pregnant again. According to the information I have checked, the suggestion of a gynecologist and many women who have done that surgery, I knew about taking hormones by schedule and enduring many discomfort of the body. That is why I decided to make the choice of sturmdorf operation the tumor only. The faith I had at that time was "not worrying about my appearance, but the side effect that might happen to my body for I wanted to keep more healthy part of me."

The second time I got cancer was the time I truly thought about changing my body condition.

After the surgery, I thought I was alright and didn't think about adjusting and improving my life. Who knew that nightmare happened so soon. The next year I was found to have breast cancer and this time I noticed the look of the doctor. His pitiful eyes made me realize that I was indeed a cancer patient. I can't neglect myself anymore because curing cancer is not difficult, but the difficult parts are the recurrence and transfer afterwards. In order to avoid the third, even the fourth cancer happen to me, I decided to change my body condition for the first time in my life.

Refuse to take chemotherapy for prevention therapy.

While I was in the US, the doctor suggested me to have my entire right breast cut off (or partially) and to take chemotherapy and radiotherapy. I chose to cut partially (only the tumor) and take radiotherapy instead of chemotherapy. The reason why I made such a decision was because I have visited places where people took their chemotherapy and they all looked painful. The environment made me uncomfortable, so I asked the doctor why I should take chemotherapy. The doctor answered me with two words, “for prevention.” I don’t want to be so painful just for prevention cure. But the doctor disapproved my decision; therefore, I had to sign an affidavit stating to skip the chemotherapy.

The female surgical doctor of San Francisco Medical Center who said, “If my family gets cancer, I might think about surgery, but I won’t think about radiotherapy nor radiotherapy.” I can deeply understand the doctor’s consideration. If I want to take prevention, I want it in my own way.

During the period of radiotherapy, keeping exercising every day to increase immunity.

During the radiotherapy, I kept living a routine life. I woke up at seven in the morning and took a walk in the neighborhood. I had never exercised nor sweat, but now I do it every day. Taking a hot bath after exercising accelerates my blood circulation and makes me fresh. Then, I drove myself to the hospital for radiotherapy.

Maybe it’s because I kept walking, exercising, taking a hot bath and taking TXL, my body is strong with good immunity. At about the third week, some of the patients came on a wheelchair and the young were even pushed in on a sickbed. During the therapy, people who cure and nurse all segregate and protect themselves,

so I think “Healthy people are afraid, what about us, the sick ones?” That is why I keep doing all those things during the therapy instead of nourishing my body after the whole therapy because that would be too late. Until the last week, I drove myself to the hospital and walked like a normal people. The doctor was very surprised at my physical strength and gave me a prize medal for my courage after seven weeks of therapy.

Keep the habit of caring for my health after the therapy.

Getting cancer is like a drain full of sludge. Sludge must be cleaned first and then fill the drain with clean water; keeping water filling in so that the drain will be clean forever. Don’t think that the drain full of sludge is hopeless! Actually, there is still a chance. So, even my therapy was over, still I keep this habit of caring for my health in order to keep this drain clean forever.

Of course, the past bad habits were accumulated for decades, and I spent seven years adjusting myself. There is no hurry in such a case.

Now, I eat vegetables, tofu, five cereals and nuts every day and live a normal and simple life. I don’t have to live in the mountain or change a lot in my life; I can live an anti-cancer life in the current environment. Some US organic groups to convalesce establish camps to keep in good health in the remote highlands with beautiful scenery. People live there and eat “rare” food. I wonder if that is good and whether I can keep living like that after I return home. Would it recur? A friend of mine who also got cancer believed in drinking rare potato juice can cure cancer and he drank nothing but rare potato juice every day, still he died.

Change constitution and listen to the voice from your body.

Everyone has different constitution. You should have known

better than the doctor about the body you have used for thirty or forty years. So, I insist on “listening to the voice of your body.”

My constitution is a bit of acidity, so I started to eat less meat and quit delicate desserts. I once read a medical article which says the delicate white sugar rejects all the good vitamins out of the human body, so I have eaten brown sugar or black sugar since then. And I quit all the sweet drinks.

The wonderful thing is after you change your constitution, the body naturally rejects all the harmful food by itself. Once I ate with my friend who ordered a soup of soft-shelled turtle and persuaded me of drinking one bowl. My body began swelled after twenty minutes and I was terrified. My body was telling me not to touch the food.

Beside the body rejects harmful food naturally, my self-healing power gets stronger and activate my defending system. I used to be allergic to a lot of food and sleep lightly and easily woke up, now I eat more, sleep well, and defecate smoothly.

Thank you, cancer, now I become healthier!

Except for the change on life and diet, I started introspection on my personality. I used to be an excessively strong person who wouldn't let others find out that I got sick twice. Of course, family and doctors were there to support me, but they couldn't help me with my pain. I was the one that made my body this way and I should be the only to take the responsibility.

During the process of self-criticism, I realized that I was too competitive and irascible. Asking for perfection gives me too much pressure and this is exactly what I should change myself about. According to my personal experience, taking CAM is not just a simple treatment on symptoms but getting at root of it. Taking good

care of oneself from the body, the heart and the soul and taking advantages of the Chinese and Western medication make you listen to the voice of your own body so that you can choose your own way to take care and prevent and strengthen your body with exercise, qigong (a system of deep breathing exercises), yoga, organic diet and Chinese medicine etc. Thank you, cancer! Now my body is better, and healthier than I used to be before I got cancer!



**Among those flowers in the world
Believe in yourself
You will find the stage that belongs to you.**

Miracle in cancer cases

Kinmen, Taiwan



Yu-Pao Lee
1960/11/26

Breast cancer cervical cancer

My achievement is not only overcoming cancer but also the no. 8 patient who got cervical cancer and gave birth in the world.

I am a down to earth Kinmen woman who first got “cervical” and then “breast cancer” in 1995. Except taking conventional treatment, I chose “TXL” as nutrition supplement and overcame breast cancer and got my health back.

My achievement is not only overcoming cancer, since it has clinical history in the world, I am the no. 8 patient who got cervical cancer and gave birth in the world.

In the beginning of 1995, I found my whole body skin was rough and I got “cervical cancer” after taking a pap test. Like all the other cancer patients, I took a surgery and kept my ability of giving birth thanks to the carefulness of my doctor in charge. Two years after the surgery, I had my baby boy with joy.

You never know five years later breast cancer violated my body again. It was quite bizarre about how the breast cancer was found. I knew some kind of tumor existed inside me, but I felt nothing uncomfortable, so it was neglected until one day I went to a temple to worship Buddha, a monk suddenly walked by and said, “Pay more attention to your body these days.” I was kneeling in front of the table and there was nobody else around me, so I was wondering who was the person addressing to and decided to ask the monk. The monk said to me that “I were talking to you!”

I thought, could it be the former tumor “making trouble again?” After a while, I went to another temple to have the master perform qigong therapy. It was winter and the master who worked very hard around my armpit sweat and told me “the circulation here is not very smooth, feels like something is stuck here. You have to be careful for you will have tumor twice in your lifetime.” What the master said to me was identical with the other person’s words, so I felt creeping wondering could cancer happen again right after I got

“cervical cancer?” I went to the hospital for examination and proved that it was the 3rd stage of breast cancer. The doctor told me that I was lucky enough for it hasn’t flared up in so many years. Still, it grows to be 1.2 cm and eight lymphocytes under my right armpit were not working. In order to prevent scatters, I have to have my lymph cut entirely.

In April of 2001, after eight-hour surgery of removing lymph, I’ve become a person who can’t lift heavy things because the surgery will cause the patient’s arm lack strength. Through proper exercise and change of diet (no red meat, liquor, especial fried food), I began to take good care of myself after the surgery for I have chemotherapy and radiotherapy wait for me. After taking chemotherapy and radiotherapy, sequel tortures me and made me sleep poor, eat less, loss of hair, tired all day, and my skin of right shoulder was burn for radiation. The salve prescribed by the doctor was useless to the burn. Besides that, doctors arrange the schedule of chemotherapy and radiotherapy according to the patients’ leucocyte. Normal people contain six thousand to ten thousand of white blood cell and mine were ten hundred to thirteen hundred. That is why my chemotherapy was processed on and off.

This period of time happened to be the darkest and hardest time of my life. Thanks to my brother-in-law, who kept encouraging me and looked for all kinds of books on health everywhere to help me learn and for references. One day, he found a book introducing “TXL” at early stage in a book store. A doctor’s instinct makes him doubt and disbelieve the contents in the book, still he told me “to try once with courage” and he would be aside to observe and assist for I was getting weaker and weaker as day passes by.

At first, my feelings were quite complicated and contradictory for not knowing what kind of serious consequences might happen, and

I just forced myself to take it for the good of my body. About two weeks later, my loss of hair decreased and my strength increased. The unbelievable thing is my leucocyte increased from two thousand to three thousand and gradually to normal amount when I went back to the hospital for examination. I think I was lucky enough to make the right choice by our unexpected and I could survive after six therapies and thirty-three radiotherapies.

Cancer might happen because of destiny, but don't feel sorry for yourself because being optimistic and confident happen to be the best cure of it. After healing, my spirit becomes better and my hair grows back due to the obvious efficaciousness of "TXL," so I still keep drinking it. I have to admit it that getting cancer twice leaves me so many "scars" on my body. Luckily, it shows up and brings me confidence so that I can overcome cancer. I want to say to those friends with cancer, "There are countless modern civilized diseases. As soon as you are told to have cancer, fears do make people scared. Still, you have to be brave to face it in the end. Never accept fate or feel sorry for yourself for being optimistic and confident happen to be the best cure of cancer." And keep living normally, choose the correct medication, and take good care of your health, you can overcome cancer.

My anti-cancer secrets

Diet

- Take TXL every day to increase immunity
- Drink a cup of mixed apple juice and lemonade
- Have a mix of soybean, red bean, and black bean without sugar
- Eat brown/unpolished rice with cabbages, carrots, tomatoes and fish

Exercise

- Exercise with your hands and feet for thirty minutes every day
- Sit quietly and count your breaths as therapy for half an hour

Mind

- Be optimistic, unperturbed, and grateful

Contraindication

- Never eat fried food
- Don't eat silverfish which contains mercury



**Treat every life creature with a sincere heart
It is the beginning of happiness!**

Sharing my thoughts of having cancer

Switzerland



Yu-Ying Chen
1958/02/25

Breast cancer

I treat cancer like a chronic disease, such as hypertension or diabetes. I take medicine regularly, and learn to slow down my pace, relax...if we keep active and positive attitude toward life, and believe you can make it, then, we can definitely make it!

Being told to have cancer, most patients react with a question, “Why me?” There’s no exception for I am one of them, too.

I live a regular life and go to bed on time; I don’t eat big meals, fried food, so I really don’t know why cancer came to me. Could it be the pressure from work? Maybe! Before the doctor told me, I lived a terribly busy life. I was emotional, losing temper easily and never slept well, so I had to have oil massage very often.

After finishing Western medication, I was wondering if there is a gentle way for me. So, I read a lot of books in order to gain correct cognition and opinions. I agree with some of the patients’ and writers’ point of view which says, “Cancer is not a fatal disease, but a surviving mechanism (the most desperate one); getting cancer is giving yourself a chance to re-examine your present life style. Cancer is not a sign of self-destruction from your body, but a surviving plan to protect important organs like heart and brain. Normal cells turn themselves to be cancer cells to seduce fatal materials which cause cancer so that they will keep away from lymph and blood in order to protect important organs of the body. Cancer cells keep warning us to pay attention to the self that is long time neglected. It reminds us to love ourselves more and examine and change the life style. My point of view is “live with cancer, not against it.”

I treat cancer like a chronic disease, such as hypertension or diabetes. I take medicine regularly and learn to slow down my pace and relax; also, I read some jokes to make myself happy, thinking that I am nobody, so just play my role well and let others to worry and take care of the rest.

On the other hand, I started to take Chinese medicine which can increase immunity. It is “TXL” extracted from plants growing in

Changbai Mountain. I try to eat five different colors of vegetables and fruits every meal to balance food. I do exercise regularly to stretch my arms and legs, like walking fast, practicing boxing, swinging my arms, doing a kind of shadowboxing etc.

Family's support stops my feeling of fighting alone. I have hid myself and cried at the low ebbs, but a good friend of mine told me not to be afraid for they are all here for me, just tell them my worry!

"Friendship" is truly the best gift in the world.

Later, I formally become one of those volunteers. Contribute what you are good at, so I choose to teach students to speak foreign languages.

My temper is so bad that what I think, what I say and what I do are all mixed up. I keep telling myself to stay calm and relax and slow down. Take it easy and don't mind too much. But old habits die hard; just let me take my time. Maybe I should slow down my pace so that I can't be in a hurry (laugh).

Also, I notice that positive thinking and strong will both make us brave and confident when facing cancer. The power of faith definitely plays an important role. People all know that mind controls body and what happens to emotion shows in the body. Through the connection between body and mind, body shows reaction which makes us uncomfortable when harmony and stabilization of life is constrained and cells inside our body which should own positive quality are affected because cells have feelings and self-awareness, they do react toward the outside changes and threats. Emotional suffocation forms anger or frustration and those negative emotions get together inside the body and transform poisonous minds into poisonous body; therefore, healthy cells are threatened.

If we keep active and positive attitude toward life, and believe we can make it, then, we can definitely make it! Try to listen to your inner voice more and help yourself move forward to the right direction. I try to keep peace inside my body, heart, and mind; being joyful and listening to music which relax people and make them happy so that you will have a good mood.

I love to share, and after learning to open my heart, I understand my family, friends and colleagues more and interact with them more. Life is short, so it is a blessing to spend time with people you love. Cherish it for you have the blessing. Make this good circulation keep going and normal cells will live healthier, then we will have healthier body.

All these time (since June of 2009), my state of mind began with doubt and now turns to accept it and learn to live with it. I am actually a kindergarten student compared with those patients who have fought cancer successfully for years.

Dear friends, we are not alone for we have so many people to support us and share information with us. We can definitely pass these days. Just let us cheer and encourage each other.

Singing Loudly for peace and health

Tokyo, Japan



Araki Toshiko
1943/01/12

Breast cancer

Now, I am sixty-seven years old, still I join a singing group happily every day to sing words inside my heart; the present life is truly peaceful and healthy.

Fifteen years ago, I had a uterine fibroid, so I had to accept regular examinations of uterus and mammary glands.

Six years ago, a lump was found in my left chest when I took a regular examination and it was confirmed to be between 1st and 2nd stage of breast cancer at size of 3 cm. therefore, I went to Yokohama Niseki Hospital (now is Yokohama City Minato Red Cross Hospital) for treatment.

The doctor explained to me that I should have it all removed so that I don't have to worry about the possibility of recurrence. What can I do? I took the surgery to remove my left breast and began hormone treatment.

I lived every day with fear and doubt until one day a young relative suggested me to drink TXL. That was like a bet of life. What can I do? Without other choices, I took his advice and started to drink TXL. At first, I wanted to refuse him, so I drank only one bottle a day. But who knows I still keep drinking it after five years.

Until now, I still insist on taking it every single day. These five years, I have felt much better. I sleep well, eat well, and my body and mind are both stable and normal besides the normal average digits shown on my examination. What surprises me most is that I used to catch colds easily but now I don't.

Though I am already sixty-seven years old now, I join a singing group happily every day to sing what I want to say in my heart. Moreover, I practice Taiji for better circulation and adjust my health. Especially, I exercise and sing with my old friends to encourage each other. My present life is truly peaceful and healthy.

Almost incurable

Thailand



Suree Saekor
1951/01

Breast cancer

My state of mind has reached the bottom of it. I didn't understand why I got cancer after being a vegetarian for over ten years! And I regret too...why didn't I let my family know earlier? Although my stupidity delayed the best chance of treatment, still I was lucky enough to meet a kind and competent doctor, and TXL so that I could make it.

Last month, I went to the hospital for regular examination. The doctor told me everything was okay and my body was very healthy and congratulated me for passing nine years. I didn't know what to say...once I was so shy that I delayed my state of an illness. Nine years ago, I got a 3rd stage breast cancer and the cancer cell transferred to lymph. The doctor even told me that I had only six months left. But look at me today!

A lump was found in my left breast in 1994, and I didn't know what it was. It grew at nowhere but my breast. I was not married, and terribly shy, so I ignored it until the end of 2000. It started to hurt, so I thought about telling my family, but I didn't know how.

Luckily, I went to Crown Prince Hospital for my piles surgery and the nurse noticed that there was a lump at my breast while she was helping me with my electrocardiogram. She told the doctor and he asked me to have section of tissue examined, and the result was breast cancer. Bad news travel fast. My nephew who was also a doctor in the same hospital got the news and told me to accept treatment immediately. But I just had piles surgery and I felt too weak to stay in the hospital.

At the beginning of 2001, my siblings took me to Siriraj after discussion. After the examination, Ratanawichitrasin, the doctor in charge asked me seriously, "this is very serious! What took you so long?" the tumor was seven cm and too big to have surgery, but he encouraged me to arrange treatments for me: chemotherapy first, and surgery after the tumor narrowed.

My state of mind has reached the bottom of it. I didn't understand why I got cancer after being a vegetarian for over ten years! And I regret for not telling my family earlier about my illness. Luckily, Dr. Adune, my doctor in charge, is a very kind doctor who

encouraged me and made me confident and my big family all came and cheered me up. My siblings and relatives loved me so much that I quickly became confident to work with the doctor against my disease because I wanted to take good care of myself, trying not to bother them too much.

In addition, what brought me faith at that time was TXL! I didn't know TXL until I had section of tissue examined at Crown Prince Hospital. After the confirmation of cancer, my nephew told me not to worry for I got help from Western medication and TXL. He told me that TXL is a well-known good medicine which won many prizes in many countries. TXL was not sold in Thailand then, so we had to buy it in Hong Kong.

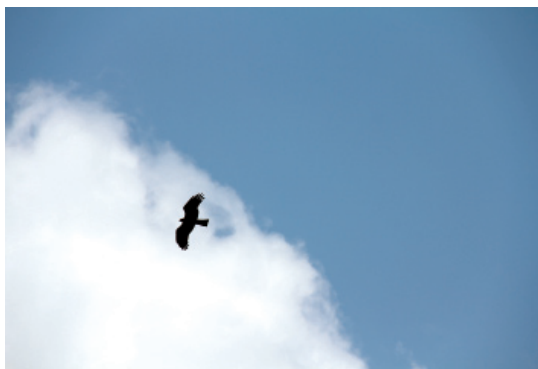
Not before long, the doctor suggested me to have chemotherapy. I could hardly take it for the first time. The second day after I got home, my nephew told me that he knew where to buy TXL in Thailand, and my brother called immediately to get it for me. It arrived on the fifth day after my chemotherapy and my nephew said this was the life saving medicine while he fed me TXL. What he said and did comfort me a lot and after taking TXL, the side effects of chemotherapy gradually decreased and I could eat and sleep much better. Since then, I have been taking TXL while I take chemotherapy. After the third chemotherapy, my nephew took a look at my wound and told me that it healed so fast that he felt it unbelievable! It was always my nephew who took care of my wound, so I thought it must have been TXL. At the fourth chemotherapy, my doctor in charge checked and told me that my wound got smaller and those rotten places got whiten and formed a scab. Doctors all felt strange about it. After the fifth chemotherapy, the doctor had my breast cut off completely. The surgery was successful but I still had to accept twenty-five times of chemotherapy to stop cancer cell

being left over. Although the treatment and recovery took a very long time, but my life remained normal and I could take care of not only myself but also my business of store.

Although my stupidity delayed the best chance of treatment, I was lucky to meet a kind doctor and TXL that helped me through those difficulties. Nine years have passed by and my body is still very healthy, like a normal person. I want to thank my doctor in charge, Dr. Adune, family who brings me confidence and encouragement, and people who work at IRCA, Thailand Branch.

I want to tell all the women that you should self-examine your breasts as part of your life each month. If you happen to find any abnormal lump or situation at your breast, you have to arrange further examination in the hospital immediately. Don't be shy like me who delay my state of illness to almost impossible to cure.

At last, to those who have cancer like me, just ignore the stage or your cancer; don't mind how long you might live; as long as you treat it the right way and relax and encourage yourself a lot, and don't feel disappointed or frustrated, you will be like me, get normal again!



**Try to think, try to change,
Try to be your own dominator.**

Good bye, nightmare!!

Florida, USA



William Ackerman
1947/11/25

Rectal cancer

The most interesting thing is that I took chemotherapy and TXL at the same time and four months later, I went back to the hospital for examination before my surgery and my doctor was surprised to find that my big tumor was gone...

I found a cyst at the bottom of my spine in August of 2006. I went to see the doctor and he noticed the signs of myocardial tremble of my heart. Though it didn't cause my life in danger immediately, the side effect of the situation would cause blood concentration. So, I had to take medicine which was an anticoagulant to lower the risk of apoplexy. When I took these medicines, I noticed there was blood in my defecation. My doctor said that I should go to an expert of intestines and stomach and I was confirmed that I got cancer in my colons and rectum after taking a series of medical tests. Because I haven't had colonoscopy examination for years, the cancer has been at 3b stage which meant there was a great chance that it would spread to other organs.

I was very restless. Before the diagnosis, I have been concentrating on my job as a public security consultant. I needed to travel to different places in the world to work, and now I had to face the doctor in the hospital for those endless treatment procedures like chemotherapy and radiotherapy almost every day. These were burdens to me, but still I held a positive attitude to prospect and believed in myself that I would recover. My wife and my sister continued looking for alternative medicine which could help me with my condition.

I started to see doctors who acupuncture and know moxibustion and I took natural medicament from orient to fight cancer. I was lucky that there are many Chinese people at the place where my sister works so that she knows some successful ways in China and Taiwan to cure cancer; that is "TXL!" After consideration, inquiry, and discussion, I decided to purchase it. And about seven days later, I received "TXL," which really meant something very special to me. I started taking it as recommended until I successfully survived through surgery and chemotherapy; it took me about one and half a year.

The interesting part was that I took TXL at the same time while I took chemotherapy, and four months later, when I went back to the hospital for the examination before surgery, my doctor was surprised to find out that the big tumor of mine was gone. Therefore, I continued taking western medicine in order to eliminate area which all the tumor existed.

Until December of 2006, I have had seven surgeries. After those surgeries, I started chemotherapy for another six months, and of course, I kept drinking “TXL.” Until the last examination of the treatment, I was so happy that the activeness of cancer cells showed negative. In fact, I didn’t have much choice during the period of fighting cancer; what I could do was follow the instruction of the prescription of doctors. I also took “TXL” at the same time to help my body fight cancer and prevent it from recurring. Now, it has been four years since the major surgery was done and there is no sign of relapse; I can still work and live as normal. Just in case, one of my important routine businesses is to drink a bottle of “TXL” every day.



**Everyone should cherish life
As flowers should blossom as much as they like
This is the craving and respect for life!**

Every single day my husband and I live is healthy

Japan



Masuda Achiyo
1938/01/02

Colorectal cancer

I rejoiced very much for today's happy ending. I made the right decision when I was ill at first besides the assistance of good doctors. Now, I am really very busy.

Wish I could experience the same result like my husband did

My colorectal cancer was discovered at my annual health examination. That was in June of 2001 and the test result of my defecation was positive, so I was confirmed to have colorectal cancer at last. Ten years ago, I had thyroid cancer, but I who paid more attention to my own health still couldn't escape this inexorable fate.

The doctor suggested me to remove it, so I had a surgical removal immediately. But the surgery failed because the stitch was bad and caused the festering wound. I had to be hospitalized and suffered a lot of pain. Four months later, I could temporarily get out of the hospital and start chemotherapy.

My daughter, who works at a pharmacy, worried so much about the side effects which might happen after chemotherapy; at this time, I remembered that my husband started taking TXL introduced by his friend after his stomach cancer surgery nine years ago and he has taken it for three years. He recovered completely and his body was healthy and there was no spread or recurrence. So, I asked my daughter to search on the internet and purchased TXL from Hong Kong, hoping that I could experience the same effect as he did. During the six-week anticancer treatment, I insisted on taking TXL, so I didn't lose my appetite or my hair; I didn't have other side effects, so the doctor was very surprised at my recovery and I was out of the hospital in the end of November.

In order to prevent from recurring, I kept drinking it.

Like most patients do, I went to the hospital for regular examinations such as blood test, ultrasonic wave test, gastroscope and proctoscope etc. Maybe I was lucky; all the test results were positive and normal.

Maybe it was my old age; I couldn't help thinking about the old days. Nine years ago, when my husband was about to retire, we thought we could enjoy our retire life; but my husband was diagnosed to have advance stomach cancer, my daughters and I were very shocked. We tried not to let him know and lied to him that he just had gastric ulcer. We didn't tell him the truth until he recovered, but he said he knew already.

At first, he disliked drinking TXL, but gradually he felt its effect and power, he turned to ask for drinking it. His change was huge. He could eat normally, drink a little bit and live quite normally. I thought TXL did deserve some credits for us to live such a healthy life.

Besides flowers and karaoke, I am interested in so many things and I don't have free time. I plan to travel eighty-eight famous places in Shikoku with my friends. Because of this plan, we have to work on our feet; we take a walk in the neighborhood even in the evening and we also practice going up and down stairs in different places. We didn't have time staying at home (laugh). Of course, I pay attention to my diet very carefully to reach the "natural, organic, and simple" requirements. I understand that my life is so perfect.

I have so many plans waiting for me to achieve one by one. I rejoiced very much for today's happy ending. I made the right decision when I was ill at first besides the assistance of good doctors. Now, I am really very busy.

Care, Love, and overcome cancer

Thailand



Kanjana Jantharangsri
1951/01/07

Colorectal cancer

Even a cancer patient is lucky enough to have someone care and encourage him or her to fight against cancer; still, I don't think it's enough. The most important role is the patient himself or herself; to take better care and pay more attention to yourself and the most important part is to take care of your heart.

Cancer, a foul disease, whoever suffers from it would feel terrible!

Why me? Am I going to die soon?

Every patient needs people around him or her to encourage, care and pay attention. Some patients lost their longing for life as soon as they heard they got cancer. Their will for living and surviving would be naturally affected if they lacked of attention and care from their relatives. This would influence the whole curative effect. I was a very lucky patient who got care and love from people around me; this made me feel unusually lucky. Although you might think those were trivialities, all those meant something major to the cancer patient. With the encouragement and confidence, the patient could fight the nasty disease.

Do you want to know what kind of loving care, attention and concern I got from people around me? Please come with me! Please keep reading!

I am single, fifty-eight years old and working as a government employee in Prachinburi now. The doctor discovered that I had colorectal cancer when I took an examination on Feb. 7th, 2008; I had a surgical removal of cancer tumor in a famous private hospital in Bangkok on Feb. 11th, 2008. The doctor diagnosed my illness as 3rd stage and I had to take twelve chemotherapies. Each chemotherapy cost more than hundreds of thousand Thai baht. I requested to transfer to the national cancer center for treatment because I could not afford the expensive expense of the private hospital. I remembered very clearly that I was not very surprised like others when I heard the shocking news three days after the surgery. When the doctor announced the result, my brother, sister-in-law, and one of my sisters all had tears inside their eyes. I thought, "They probably feel sorry for me! No matter what, I got people care for me!"

When I came to National cancer center for treatment, the doctor re-diagnosed my illness as 2nd stage of colorectal cancer. I took chemotherapy and made appointments with the doctor once three weeks for six times. During the period of my chemotherapy, my senior official who cared for me came to visit me and sent me supplementary enzyme made in Taiwan. The above care would always be in my heart.

The treatment of taking medicine ended in July, 2008. I thought I was healed, so I was very happy; but gosh, it didn't last long. One year after my surgery, the doctor examined me with colonoscopy and discovered that a new tumor grew at the place where I had my surgery. The doctor arranged me to have a proctoscope examination and three sections of tissue in order to check if there was cancer factor.

I had to empty my abdomen every time I had the examination so that the doctor could put in the colonoscopy from my anus to check the tumor; but it was very painful. On June 2nd, 2009, I had to take another surgery. During the surgery, my lower abdomen was so hurt; while I was waiting for the surgery and taking chemotherapy, my brothers and sisters were all worried about me. I lived in Prachinburi with a nurse whom I hired at the local place. They worried that who would take me to the hospital if I got ill. Therefore, my elder sister sometimes stayed at my place to accompany me after she retired; she lived in Bangkok, so she had to go to and fro. At last, my brother and sister decided to build a new house in the nearby Pak Chong, Nakhon Ratchasima and asked me to live with them in the new house so that they could take care of me when I got ill. Now my house is finished.

The large tumor surgically removed from my large intestine, the preparation before the surgery, and the recovery after the surgery

caused greater pain than I used to have. The second colorectal cancer I had was diagnosed as 3rd stage, so I had to take vein chemotherapy twelve times; and every time I had to lie down forty-eight hours for intravenous injection. Therefore, I had to stay in the cancer treatment center for several days when taking the medicine. I felt sick when I smelt food, so I couldn't eat at all when taking medicine. My subordinate worried that I lost too much weight because I had cancer twice; I weighed only thirty-six kilograms when I had the surgery, so my subordinate thought I couldn't take it and tried hard to search for medicine or healthy food to ease my side effects. The result showed that there was medicament made of Chinese medicine, called "TXL," which could be taken at the same time with chemotherapy.

After I understood the curative effect of "TXL", I bought it, took it, and I have been taking it until now. I believed that with the help of TXL, the side effect of the second chemotherapy was not obvious. I have taken seven chemotherapies and I am counting down when the twelfth chemotherapy will come; still, I am worried if cancer will come back the third time after twelve treatments are done.

During the second treatment, I got care and attention from my siblings, my subordinate, and my good friends. Who lived far away called me to introduce me all kinds of herbal medicine and healthy food and sent me books about self-care of cancer patients and recipes for cancer patients; those who lived near came to visit me at the research institute and kept buying me healthy food while I was taking chemotherapy. Sister Ms. Ying (Napada) who worked at TXL company was generous to me and cared for me. Though we have never met each other, she introduced me several ways of taking care of myself during and after chemotherapy and sent me books about food for cancer patients such as "Increase your immunity with what

you eat” etc. Every time she calls, she reminds me, “Don’t forget to drink more water and take a rest!” I want to thank her for her care and encouragement.

Even a cancer patient is lucky enough to have someone care and encourage him or her to fight against cancer; still, I don’t think it’s enough. The most important role is the patient himself or herself; to take better care and pay more attention to yourself and the most important part is to take care of your heart. People say that “heart is the master and body is the servant;” if the patient is sad and lack of confidence, I could assure you that cancer would do whatever it wants to make you lose weight so that you would not take the treatment and finally give up. I took care of not only my mind, but also my body. I took care of my heart by doing good works, becoming a vegetarian for religious reasons, worshiping Buddha, chanting scriptures, sitting in meditation, observing the five precepts, and listening to Buddhist doctrine. I did all these before I got cancer, and I did more after that.

So, when I knew I got cancer, I was not very shocked and sad; I put up with all kinds of treatments. As for taking care of my own body, I insisted on spending at least thirty minutes trotting every day, practicing qigong, reading books on food for cancer patients and trying to do exactly the same, such as no pickled foods, no processed foods, no fish sauce seasoning, no monosodium glutamate, eating sea salt, preservative free soy sauce, and natural food like river fish, pollution-free vegetables etc.

Finally, I hope to encourage you all with my experience; I hope you could pass the difficulty, accept good treatment and behave yourself and do good works. No matter what will happen to us in the future, please believe that doing good works will speed up karma and cancer can’t do anything to us. If doing good works didn’t cause

good effects, then those good works we did would follow us to the next life. If you don't believe in the next life, you only believe this present life at least your offspring will remember those good works we did which made them proud, set them examples, and would be widely spread.

As the poem says,

Vegetation and fragrant pollen, lying a dear elephant.

The enchanting ivory still exists, the meaning inside its body will make known.

The king's style will magnify, everything organic will disappear.

Remains exist within the seas, the world is full of kindness an evil.



**Life is not the facts you repeat from memory;
Life is the happiness you remember.**

The origin of TXL and me

Taiwan



Bi-Yuan Wang
1967/07/19

Nasopharyngeal carcinoma, lung cancer

To be honest, I have tried to learn all the medicinal herbs, formula, and healthy products on the market which claim to be able to fight cancer or cause cancer when I intended to take nonpoisonous naturopathic medicine. Why would I choose “TXL” later? There was a story.

In February of 1995, my illness was diagnosed as the fourth stage of nasal cancer by the doctor. I didn't think that bolt from the blue or the end of the world could be able to describe how I felt at that time. It was just a little flu; how come it turned out to be a shocking cancer? Should I take the treatment, live like that, or leave peacefully? I was struggling in my heart.

The doctor said the cure rate of radiotherapy for stage four was only 15% chances; how high would it become if I take chemotherapy, too? Even he couldn't be so sure of it. At that time, I didn't know how seriously the western medication would bring to the whole body, so I would give it a try even it could increase just 1% cure rate. I wanted to seize the chance to live.

Beginning of an arduous battle.

Since the treatment began, I have had side effects of radiotherapy and chemotherapy like all the other cancer patients; I felt so sick that I vomit seriously, and my buccal mucosa was inflammatory and ached with a feeling of burning. The function of salivary glands' producing saliva was gradually decreasing; both of my cheeks were dark like sunburn because of radio. I could still talk and laugh with people on the first few days, like I gave no thought to "cancer;" as the treatment increased, a challenge on life or death was about to come.

My oral cavity all ulcerated, and the corner of my mouth was inflammatory; my vocal cords were burned so that I couldn't talk but use a pen to write down what I need for some time. Chemotherapy made me not only drowsy all day but also difficult fall asleep; the worst part was it took away my appetite when I couldn't eat because of swollen and painful throat! The easy motion like swallowing made me suffer every day; I began to be afraid of food, seeing food,

even smelling food. I felt so sick when I thought of “food” because I would vomit overwhelmingly. The damage inside my oral cavity made it difficult for me to have a meal and even drinking water gave me extraordinary pain, not to mention other liquid or solid food!

People need food to survive, but I was suffering this extraordinary pain for food at this moment. “Three routine meals” every day became the most painful torture for me. When thinking that I had to face it three days a day, I with strong will to live still wanted to give up for the physical pain. Under this kind of situation, I still had to endure doggedly and keep every uncomfortable feeling to myself. When all the people in earnest offer a bit of advice to “eat” more, how could they understand my bone-piercing pain? The word “pain” was just imagination to healthy and normal people, right? To me, it was a true feeling like a sharp knife piercing through my heart.

Body and mind were exhausted, and I felt like I had nothing left.

On the days of taking chemotherapy, I did my best to fight, but I dared not expect too much. I remembered every time after I finished injecting chemotherapy shots, I had to get up to urinate every twenty minutes, twenty-four hours a day for detoxification. I had to be careful not to catch a cold; such a torment was really exhausted for my body and my mind.

I began to regret for taking therapy after facing the decadent body because of radio. Frankly speaking, who could assure me that there was no possibility of reoccurrence or metastasis hidden behind the western treatment? After enduring for some time, I didn’t see any “hope” but felt non-stop pain; moreover, there was an indistinct fear of “medical limitation” that I felt in my heart.

Dependent origination with “TXL”.

After trying so hard and so long to fight the disease, my condition

finally gave me a little something in return. I had strabismus for a long time, but my eyeballs could finally move. Since my eyes were repressed and “deformed” by the tumor, I haven’t had the courage to look in the mirror. I was not the first one to know that my eyeballs could move; it was discovered by an intern. A few days later, I noticed that my eyeballs could move like a normal person, and I was so excited; but “diplopia” still existed, so I could only stare at objects in “short distance.” At least, I could read a little books and newspapers, and this excited me a lot! Because “reading” is always the pleasure to let myself go; on my indisposed days, I could have something to “focus on,” and I wouldn’t be a lazy person who did nothing all day long. That “don’t ask to see distant view clearly but ask for clear and bright before my eyes” was the exact portrayal and situation at that moment.

It was providential that the first newspapers I started reading was nothing else but an advertisement of “anti-cancer medicine” after I got my vision back. Owing to my condition, I became sensitive at any words about cancer suddenly; I paid attention to the article and learned that it was an advertisement of “TXL.” I remembered that someone mentioned it before about how efficacious it was; but who would care when you still had a healthy body? At this moment, it not only caught my eyes but also interested me so much that I was imbued with researching it; still, I doubted its magical curative effect.

Magical wave motion theory.

To be honest, I have tried to learn all the medicinal herbs, formula, and healthy products on the market which claim to be able to fight cancer or cause cancer when I intended to take nonpoisonous naturopathic medicine. Why would I choose “TXL” later? There was a story.

At that time, there was a friend in direct selling who kept introducing me the products of pollen and glossy ganoderma which she claimed to have curable effect on cancer. At first, I tried to stay away from her because of economic reasons. In order to make me believe in her products, this friend took me to her company to take an examination with a “wave motion” machine newly made in Japan for checking constitution; it could show if your body was healthy by the “wave motion” (which showed “Qi”), and you could tell if any healthy products were suitable for you by the index shown on the machine.

The checking process was like this; first, you chose “items” you wanted to check, such as cancer, liver function, intestine and stomach, endocrine etc. After setting, hold the testing stick tight so that the wave would go through your body and the machine would show index to analyze the healthy condition of your body. The “standard” of the machine was set at seven which meant if the index number was below seven, your body condition needed improving; if it was above seven, you were in perfect health; if it was at exact seven, it meant your healthy condition was okay.

The most magic part was if you wanted to know whether certain product was suitable for you, simply hold the testing stick in my hand and touch the product in the other hand, and the number shown on the machine would indicate if it was the right product for you according to the wave emotion theory. Every person has different constitution, so the testing result will be different.

On that day, the index number I got was “two” on cancer condition and I was kind of depressed when I saw the number; I was also very surprised that this cold machine could tell exactly a person was healthy or not simply by wave motion theory. When I was notified by this machine that I did have cancer, I could only praise it profusely.

Then, in order to find a product which could improve my body condition, my friend put the pollen and glossy ganoderma which she strongly recommended in my hand and the machine showed “seven” which meant this product was suitable for my constitution. When I exchanged them to “TXL No. 1”, the number magically rushed to “eleven” which excited me a lot. The examiner couldn’t stop nodding and telling me, “That’s it! You only have to take this product afterwards.” The testing result made me confident in “TXL No. 1” for the first time.

In fact, I took not only “TXL” but also other anticancer products such as shark cartilage (chondroitin), HYPERIMMUNE MILK, *Saccharomyces cerevisiae*, *Spirulina* (dietary supplement), citric acid etc. All these were products with curable effect on cancer as everyone knew; however, their index numbers were not as high as “TXL.” Since none of them made me as confident as “TXL,” so I told myself to keep my mind on TXL. That’s it!

Tired-out body like full-scale reconstruction is underway.

My chemotherapy and radiotherapy at the hospital happened to finish at that time; I had to suspend all the western therapies in order to give my damaged cells a chance to restore. The doctor asked me to go home and wait for notification. Taking a good rest helped store strength for the coming of the next treatment.

After I got home, feeble and exhausting body paralyzed because of illness was like “full-scale reconstruction is underway.” Self-reliance became important at home because there were no meticulous care, consummate medical system and emergency treatment at home. In the hospital, I got injection to relieve pain of my body; I got antiemetic when I vomit; I got oxygen cylinder when I had difficulty breathing; moreover, there were nurses you could ask

for help at any time you needed it and interns who were patient and unassuming. As soon as I got home, I became helpless and I was not sure if I could handle any kind of sudden situation. And the side effects caused by the chemotherapy didn't stop disturbing my body because of the suspending of the treatment; they didn't mitigate or improve gradually at all.

Then, I thought about "TXL" which was put at the corner of my bedroom. I dared not take any medicine not provided by the hospital when I was still under their monitor. But now I was home, I decided to throw away all those western medicine and stop the chemical medicine from adding any burden to my body. My original intention of taking "TXL" was to eliminate the pain caused by the side effects of the conventional western treatment. That's my only hope!

All indications were revealing messages of improvement.

Half a month passed, my state of illness showed a little achievement; one day, I was complaining "loudly" about all the uncomfortable feelings I had because I had been sick for a long time, relatives around me found that my spirit and physical strength were getting better. I remembered that I was exhausted all the time and I would faint on my halfway to the toilet; but now, I could go to the convenient store near my house to buy newspapers and then walked home.

The burned skin of my cheeks caused by the radiation was shed slowly and became lighter complexioned. My throat could swallow thick liquid food such as congee, juice and milk. These little messages were telling me that my whole body was gradually recovering. Then, I noticed that the worst damage, the ulcer of my oral cavity, was gradually getting better. My throat was hurt but

not swelling anymore; I got better appetite and I could carefully “swallow” some solid food. Although I could never “open up to eat or drink” like I used to do, I was grateful that I could just “eat.”

Reaction of detoxification meant I was about to fully recover from all illness.

However, my body had a little condition in about one or two months after I took it. One morning, I woke up and found that I had a “rubella;” my skin was like bit by thousands of misquotes and it looked like tiny spots. But I didn’t feel itching; after I registered at the dermatology in the hospital, I learned that it was call “urticarial.” Intuition told me that it happened because of “TXL.” Something peculiar about it was that the characteristic of “urticarial” was overwhelming itching, but I didn’t feel any uncomfortable itch except for the rash on the appearance. So I went through books looking for information on “urticarial” (there was no computer at that time); then I realized that it was an antagonism when abnormal protein inside the body was destroyed and that meant the reaction of the body was getting rid of the remains of the waste material inside. It was an effect of “detoxification!” I threw away the medicine for skin disease prescribed by the dermatological doctor without explanation, put up with the ugly appearance and let the rash flare up as possibly as it could, and kept taking “TXL.” One week later, “urticarial” has already disappeared.

After that, my body had great and obvious improvement; first, the “diplopia” situation which has bothered me for half a year has finally disappeared! The victory of war of resistance or retrocession of Taiwan didn’t excite me or bring jubilation as much as my getting my sight back! You could only describe the mood of lost and found with “wild with joy.” Then, my hair lost because of chemotherapy began to grow as thick as fetal hair; stuffy nose and coughing were

stopped, so I didn't need to "sit" up until morning like I used to. I had suffered from insomnia for a long time, but my physiological clock gradually adjusted back to normal; I looked better and better and no more like a sick patient.

In order to test the "limit" of my physical strength after recovery, I went to the outskirts with my relatives for fresh air. To our surprise, I could climb up a hill without gasping for breath during the whole journey. Going on spring outing without help from anyone became the first step toward the outside world after my "regeneration; I am more and more confident in my recovering.

The joy of regeneration.

I am energetic and look good with better complexion now besides my husky voice, my being slightly hard of hearing and my lifelong tinnitus. But all these unwell won't stop me from living a normal life. It still takes time for my salivary gland to function gradually; other conditions like headache and feeling sick and tired are no longer existed.

Besides, my appetite improves greatly, and my throat is almost healed. Now, my appetite is so good that I can eat a horse when I am hungry; every food tastes good to me. It is hard to believe the old me who treated food like poison at that time now become a new me who is so full of vitality.

When I go back to the hospital sometimes, I like to walk through the passageway of the hospital waiting room at the radiotherapy department which is full of cancer patients. I want to show them my rebirth, a new me who is young and vigorous. I don't need to talk much and they will ask me of their own accord about how I get well. At this moment, my answer is very clear.

Cancer is not terrible !

Thailand



Mr. Sun Kosawisut
1932/10

Prostate cancer

Cancer is not as terrible as people usually imagine; whether the symptoms of cancer mean getting better or worse depend on the attitude of each patient. The most important of all is to keep an optimistic mood. There is still hope in your life, and you must insist on the spirit of fighting!

Whenever a doctor diagnoses a patient and says, “You have cancer!” it is like you are suddenly pronounced judgment by a criminal court to execute by shooting at the prescript time before you have a chance to know anything about it. Some patients may pass out, or stupefy, pale, or their four limbs may become soft and weak because your life will change completely from then on.

Life is like shrouded by a dark chaos and makes you lose your intellect so that you are surrounded by depression, sadness, frustration, disappointment, lonesome and loneliness. What you think every day is that your life is going to end soon and you are getting closer to your grave! What you see in the future is something either fearful or deplorable; sometimes you may even say to yourself, “I can prepare my own funeral in advance.”

But my nine-year experience makes me realize that cancer is not as terrible as most people think; some cancer can be curable. The most important part is whether the patient has confidence in himself or herself and whether she or he can treat it right. Treating cancer takes “two things;” one is the physical treatment, the other is mental treatment. You must build a strong determination that you can win over cancer mentally; do not frustrate, and then increase your body immunity by every possible way so that cancer cells can’t become rampant. “Don’t let the bad cells be free and unfettered.”

I got cancer in 2001 when I went to see a doctor for hematuria; the test result showed that my PSA was up to 69ng/ml. Besides, I took digital rectal examination, and the doctor said that the possibility of getting cancer was quite high for me because my prostate extended and the symptom of elevated PSA. Then I took exams such as MRI, CT, BONESCAN and biopsy in order to confirm my illness; the exam result confirmed what I got was ADENOCARCINOMA and it was between the second and the third

stage. I was very surprised, quite afraid and at a loss; my whole family was like shrouding under a dark and tremendous cloud and it was “dark” everywhere.

About one month later, I gradually began to accept the reality. Everyone in my family encouraged me one after another, and they even held a meeting to draft fighting cancer plans. I made great effort to look for content about cancer from books in order to increase knowledge on it; I also tried hard to ask for advice of experts on this. In this way, my determination was increasing and I was feeling more comfortable.

Four treatment plans were pose for me by the doctor; first, radical prostatectomy or surgical remove testicle; second, radiotherapy; third, chemotherapy; four, taking hormone. I did not want to take the former three ways because I was too old to take risks. I discussed with the doctor and decided to take some medicine first and see what symptom would happen. So, I took CASODEXA every day and TXL at the same time.

After four or five months, my PSA was gradually dropping when I had physical exam, and the other symptoms were improving. Because I was worrying that side effects might cause my quality of life to fall and weaken my immunity, I have never taken surgery or other treatment.

The doctor gave me another medicine called ENANTONE later; it was an intramuscular injection and I have used 3.75 milligram every month until now. The recent physical exam I took was in June of 2003, the result showed my PSA dropped to 3.7ng/ml and it was at the normal range.

The MRI exam in December of 2002 showed my prostate shrank to the size of 4.6 x 3.4 x 4.2 cm (when I took CT SCAN exam on

March 5th, 2003, the size of prostate was 7 x 7 x 5 cm.) I was quite satisfied with the above treatment result. I once read a medical research report and the statistics showed ten percent of cancer patients restore health through their own efforts; there exist self-adjustable cells and increasing immunity function inside our bodies. Therefore, patients should build up our own systems to resist disease by every possible way.

It has been nine years since my disease flared up. Now, everything in my life is normal; I just did not forget that I am still a cancer patient. Besides arranging regular physical exam at the hospital as the doctor in charge suggests, I insist on taking TXL in order to prevent recurring. From the experience of fighting against cancer for years, I could share what has inspired me with cancer friends:

1.Your psychology is the key. Cancer patients must relax their frame of mind, do not get anxious, sorrowful, and angry; keep optimistic, try to laugh more, keep your body relaxed, read some books or plant some trees when you have free time, or you can listen to music.

2.Keep good cooperation with the doctor in charge on your treatment (including western and Chinese medicine.)

3.Avoid high fat diet, such as meat dishes, and try to eat more fish, vegetables, and fruits.

4.Try to get enough sleep, seven to eight hours every day.

5.Keep appreciate exercise for thirty minutes every day.

In addition, what I want to emphasize is that cancer is not that scary as people usually think. Whether the symptoms of cancer mean getting better or worse depend on the attitude of each

patient. The most important of all is to keep an optimistic mood. If you can do that, I think you are at least 50% cured; as for the other 50%, you should take scientific treatment.

Finally, I wish all those patients who have cancer do not feel despondent; keep a strong will and fight against the disease until you succeed and then step on the road to happiness with your family again.

There is still hope in your life, and you must insist on the spirit of fighting!



The vitality of the small sapling still looks exuberant even growing in the muddy earth; and you, are you fighting hard against the environment for your living, too?

My testimony...

Philippine



Mrs. Marible Lim
1966/01/09

Pancreatic cancer

The most difficult part was to make the first step when we collect information, especially when we were not so sure of what we did was right; we could only place hope on the information we have read. At least, we are sure that we walk on the right road to recovery now. I may not fully recover yet, but it was not very easy to stand in front of you eight years later for a pancreatic cancer patient like me; it is a great miracle.

Getting serious illness is suffering and difficult to endure. I knew exactly how cancer could make you feel unwell and pained because I had experienced this eight years ago, too.

After the result of MRI was revealed in July 2001, my husband and I searched for doctors one after another, trying to find the best way to cure my cancer and prolong my life. I could not remember how many oncologists we have asked; all of them are experts on curing pancreatic cancer whose cure rate is extremely low. This cancer is easily spread; I encouraged myself and asked the doctor a question that if I did not take any surgery, how long could I live. His answer surprised me because he told me that I could live only for another six months, one year most.

No sooner did I hear those words, the world seemed to stop, and I could not listen to what the doctor was going to say next; I felt like a prisoner who was just sentenced to death, and I felt my whole body was paralytic and my tears kept dripping down my cheeks.

I was like all the other patients who wanted nothing but to be cured quickly and completely. At that moment, the quickest and the only way I knew was surgery, and there were no other choices. I had prepared myself for a surgery which might take twelve to twenty-four hours...and I knew my gallbladder would be removed, and so would my partial liver and duodenum. If they found any tumor which was either too close to my pancreatic or too big at size of two inches in diameter during the process of the surgery, it would be called off. Of course, this would do some harm to the rest of my body; no matter how hard the surgery was, I agreed to have it because this was much better than just waiting feebly. As I mentioned earlier, I thought the surgery was the only opportunity I had until the problem of blood.

You did not ask me, but I had to tell you that I am one of Jehovah's

Witnesses who have strictly adhered to the prohibition on ingesting blood in the Bible, including the rejection of blood transfusions. Every time when I refused blood transfusion, I infuriated the doctors who exert pressure for me to feel the danger and to convince me of accepting the blood transfusion of surgery.

I felt emotionally depressed after each medical treatment because it was impossible to operate a surgery without blood transfusion; I never disobey the principle of the prohibition on ingesting blood in the Bible, even though I might lose my life for it.

This was the main reason why I insisted on no surgery; if I were not a Jehovah's Witness, I would not follow the prohibition on ingesting blood in the Bible, and I would have the surgery, chemotherapy or other course of treatment. Then, you would not have seen me alive in front of you because I might have died already.

Then what should we do? My husband and I started collecting information; we have read a lot of materials and found a treatment called "alternative treatment," so we tried to learn this method to cope with a disease by the whole body. In my case, I could not just concentrate on dealing with my pancreatic which cancer cells existed in, I had to take my whole body into account. We learned to treat the whole body in an omni-bearing way, not just focus on the sick part.

Every evening, we read different books until midnight in order to understand more about this alternative treatment. Every report supported our faith that "surgery is not the only way," and it may not be necessary; all we have to do is to change our habits of life. But this alternative treatment is not easy to carry out; you have to be patient and have self-discipline, and believe in what you are doing. At that time, we were racing with time for what we got was

only six months, and every second was important...every movement, every decision was a key point, if we did something wrong at this time, we might even make all previous work undone.

On the other hand, the other difficulty caused by cancer would be “the people with good intention” around you. They support you, care about you, and keep advising you what they thought the best way for you; but every opinion from them would bring you pressure for they wanted you to try their ways, or directed you how to cope with cancer, you would naturally feel vexed... but I have learned not to be dominated by pressure. The most important of all, you have to face squarely your cancer, not just prattle indulging in empty talk.

The most difficult part was to make the first step when we collect information, especially when we were not so sure of what we did was right; we could only place hope on the information we have read. At least, we are sure that we walk on the right road to recovery now.

I admitted that I had lost faith in the decisions made by my husband and myself; for many nights, the thought of I was not able to see the sunlight tomorrow bothered me. There was one time that the suffering attacked me so badly that I was eager to have the surgery...but I thought about the blood problem, I became more certain in choosing alternative treatment.

I ate many nutritious supplies, and I have tried many kinds of them; whatever I read about in the materials or someone brought me, I took them all, but I realized that it was not enough. One evening, I was so sick and I felt there was a deep wound at my stomach like a rat was gnawing there, so I woke my husband up and told him that it might be my time then; since I did hope that we could find a natural (herbal) treatment, we prayed to Jehovah with

our devout attitudes, hoping to find a medicine which could cure me directly.

On the next day, a sister who professed our religion in China came to visit me, and she appointed me with an expert in cancer research; he introduced me the Chinese medicine, TXL, which is called “Chinese No. 1” in Asia, and this was the first time I felt joyful after I got cancer because I got something to hope for.

At the beginning of taking this medicine, my body seemed to resist and reject this medicine for I remembered my body defecated something black; every time I took TXL, my body felt like fighting, and I had a feeling it was working, so I kept taking it, and hoped one day I could be cured.

Six months passed so quickly and I was still alive; however, my body was still feeble, and my condition was still uncertain...the only examination I could do was to use human chorionic gonadotropin (HCG) to test the level of malignant tumor. And the principle of this examination is that when a displaced cell becomes a malignant cell, the situation is like pregnancy, the body will secrete a hormone, so we could tell the stage of the malignant tumor by the reading of HCG measured in the urine; the higher the reader is, the more serious the person is.

If the reading is higher than fifty, that is the positive reaction of cancer; if it is lower than forty-nine, then it is negative. My first reading was eighty, and it was very high! A few months later, we tried to lower the HCG reading, and it dropped from eighty to seventy-three, then sixty-four; I continued taking TX products and paid more attention to my diet. I quit sugar, salt, fat, oil, white flour, and I ate only organic food. Every time the anguish attacked me, TXL helped me relax it and I did feel it works.

Sometimes, I felt my condition was okay, and I stopped taking TXL for two weeks; during this time, I supplement with common food only, and I was confident, thinking HCG would not be affected. In fact, the reading rose from fifty-six to sixty-four point five.

So I started to take TXL again, and the HCG reading dropped again. I guessed that was just a coincident last time, so I stopped taking it again, and the same situation happened again that my HCG rose again. What did this mean? For the past two years, my HCG reading dropped from eighty to fifty-one, and I have never thought that I could still be alive and standing in front all of you eight years later. Isn't it unbelievable?

Once, I told a doctor that I had pancreatic cancer and he was so shocked because I could maintain a healthy body without taking a surgery. He could not believe that I am a cancer patient, and every time when there is a doctor who does not believe that I am a pancreatic cancer patient, I will explain to them I take TXL, a natural Chinese medicine, and they always shake their heads, saying they do not believe it. They said what I got was not cancer for their experiences told them that patients with pancreatic cancer could live only a few months even they got natural medicine supplemented.

I could never accept what they said for two years ago when I was very weak, they insisted on my having the surgery; some oncologists did confirm what I got was cancer, and they arranged all kinds of examinations such as CT scan, MRCP, and they settled the date of the surgery for me, scaring me by saying that I would die if I delayed my decision. Now they see me as a healthy, strong, spiritual person and say that maybe I did not have cancer!

When I was feeble, they were so sure of what I had was cancer; now I am healthy and strong, and they are not so sure any more.

Why was it? Was it because they felt helpless with my disease, or they felt reluctant admitting the efficiency of the alternative treatment I chose? Because I paid attention to my diet, chose my personal treatment, and got the faith from Jehovah, I escaped from death; from what they have reacted, I was very happy that I did not entrust my own life with them.

I would like to thank all my relatives and friends who have helped me with this chance; you made me own health again. Of course, all the glories should belong to our all mighty God, Jehovah whom I deeply believe is the one that leads me to find the best and the most proper treatment for me; TXL is one of them. I may not fully recover yet, but it was not very easy to stand in front of you eight years later for a pancreatic cancer patient like me; it is a great miracle.

In the past eight years of fighting cancer, the feeling of the recovery of the body has become a challenge; when a person feels that his or her health recovering, he or she will become slack and live the former life style again. For example, they will eat those delicious foods or something that might worsen cancer; but I never let that happen. Yes! I feel recovery, but that that does not mean cancer will never come back and damage my health again. Many cancer patients neglect that; they become negligent and slack, and live the way they used to be, and that's it! They let cancer damage their lives again, and many of their situations get worse, even their last hopes vanish into thin air.

I choose to eat organic food and have insisted on it until now; I continue having healthy food, drinking fresh vegetable juice in order to take good care of my body.

I did all these for good reasons:

First, my body, emotion, and my spirit have all been through

suffering which is difficult to believe.

Secondly, I do not want to waste this second chance of owning this healthy ...beautiful body.

Thirdly, I love my family.

Fourthly, I want to attend upon my lord, Jehovah with my enthusiastic life.

I would like to emphasize a clear message to the audience at this spot; please give up your old lifestyle and diet habits which make you have cancer. When you feel healthy and recovered, please continue to take the product and medicine which care for your health and make you better; do not be attempted by delicious food for these foods are the exact food you have to quit; you must and should keep a good lifestyle and diet habits. Take efficient medicine but have delicious and useless food; on the contrary, eat good food only without taking efficient medicine is not good enough.

In the end, I want to tell those friends with cancer that I know you can also triumph over cancer ...we can defeat cancer! TXL is my personal choice, but you can give your body a better nutrient through diet and supplementary products, and give your body raw material which it can re-build itself. Then, fill your heart, soul, and spirit with love, forgiveness, and mission. Remember these, and I believe that we can recovery from cancer and we can beat it!

(This article was narrated at Sheraton Hotel, Manila Philippines on November 8th, 2009.)

Devotion of Love changes my life

Malaysia



Mr. Mohd. Zaki Zakaria
1966/08/07

Pituitary adenoma (brain tumor)

Seven years ago, my wife pulled me out of my illness with her persistent confidence; but several years later, I failed to steal her back from the hands of Death...this regret hourly reminds me to cherish my life more, and it becomes the strength to support me every single day.

At this moment, there is a very deep thought and feeling inside my heart when I reminisce again what I have been through these years. Maybe I have experienced too many things, or maybe an unsusceptible man with slow thought and action can feel something after all.

My hometown is in the suburban district of Sungai Petani, Kedah. I have always been an introverted, taciturn, and passive man; nothing seems to be indifferent, and I do not really have my own view or judgment. But I was very lucky to marry a virtuous and dutiful wife and raise two daughters whom I love dearly. When I felt I was so lucky, I did not notice that “misfortune” stealthily has already come to my front door.

Since 2002, I have felt a heavy head and had headaches very often. I thought maybe I should change my job to do something easier, so I got a job at a school in the beginning of 2003. I worked as a common secretary at the school then, and the job was much easier than what I did before. Although the pay was not very good, my everyday life was with more regular pattern so that I could spend more time enjoying family happiness with my wife and daughter.

However, I still had had a headache for a year and it was getting more and more serious; at first, one or two painkiller could stop the pain, but later, it did not work no matter how many painkillers I took, even the prescription prescribed by private clinic was of no avail. I became afraid of light; if I saw shiny sunshine and lights, my headache got more serious. In order to avoid sunlight, I had to lock myself in the room at all time. Sometimes, my headache would last twenty-four hours, and sometimes, I had several uncomfortable feelings such as dizzy, vomiting, looking pale.

Probably in May of 2003, my headache happened more frequently

and my line of vision became blurred, too; my left eyelid drooped and I could not open my left eyes. At this moment, I got panic, so I went to Kuala Lumpur General Hospital to see a doctor. After scanning check, the doctor told me that there was a 3 or 4 centimeter big tumor in my pituitary gland, and it was one of the brain tumor called “Pituitary Adenoma.” It kept growing and compressed my cranial nerves and that caused my headache; when it continued growing bigger, it compressed my left optic nerve, so the vision and the visual field of my left eye were influenced. If the tumor kept growing at one particular side, hemianopsia and blindness of one eye might happen.

In order to prevent the brain tumor from growing too big and influencing my optic nerve of my right eye, the doctor advised that I needed a surgical removal of the tumor immediately. But the successful rate of the surgery was only 50%. There was no other way I could think of, so I followed the doctor’s arrangement to be hospitalized in the Kuala Lumpur General Hospital. While I was waiting for the hospital to arrange the surgery date, my wife was very attentive and showing consideration for me; she was always there with me, giving me mentally support and helping me with my life while I was hospitalized. She was a strong and vigorous woman who kept encouraging me and helping me conquer my negative thoughts. She also continued asking for opinions of other doctors and hoped to find different treatment at the same time. She hoped that I had better not take the surgery unless there was really no other way out.

When there is a will, there is a way. One day, I was reading a Malaysia magazine in the hospital, there was a page with a report on the magical curative effect of “TXL” in treating cancer. Although there were many different kinds of anticancer products and healthy

food, I did not know why I was particularly interested in this Chinese medicine, so I took the magazine to discuss it with my wife right away. One of her relatives was a doctor, and surprisingly, this doctor encouraged me to try this Chinese medicine when we went to ask for opinion.

With the relational doctor's encouragement, my wife and I decided to begin to try taking TXL. At that time, my spirit was terribly low, my body was emaciated, and my eyes were glazed. At the initial stage of taking TXL, probably the effect of the medicine made my head ache so much within the few hours every time I took it. I was worried about it, but my wife was very composed because she believed that was the effect of the medicine working inside my body; as long as I persisting in taking it, I would be fine in a few days. With her encouragement, I could always become stronger when I was passive and frail.

About two weeks later, I felt my left eye was light and relaxed, so I told my wife how I felt. My wife looked at my eyes happily and said, "You can open your eyes!" We were so happy at that moment. One month later, we went back to the hospital for examination, and the doctor was surprised to find that my condition was improving and the tumor had shrunk one centimeter already. The doctor said that my eyelid could open by itself because the size of the tumor had shrunk and it did not compress my optic nerve any more. Therefore, my wife and I got more confident with this Chinese medicine, and we adjusted our diet carefully.

One year later, the scan report in March of 2004 showed there was no trace of tumor in my brain. The MRI check report in July proved that the tumor disappeared already.

I quickly went back to my life and work as a secretary at school

as before and my wife still took care of my daily life meticulously. I could regain my healthy body so successfully owing to my wife's wholehearted loving care and giving. I thought my whole family could begin our life totally without worries since then.

However, in the middle of the year 2008, my wife started to feel uncomfortable, and her abdomen was often hurt. In the end of 2008, she was in the hospital for examination and the doctor confirmed that my wife had stomach cancer. I advised her to take TXL then, but she refused. She said she was a government employee and she could get some special welfare if she accepted surgery, radiotherapy and chemotherapy in the government hospital; she said if we could afford the Chinese medicine, I should be the one to drink it for I need it to prevent cancer from recurring. She insisted on choosing to take the treatment in the hospital and let me have the Chinese medicine in private.

She was the most kindhearted, the strongest, and the most stubborn woman that I have ever seen and I regretted that I failed to persuade her. I could do nothing but be looking on helplessly while she was suffering from her pain, radiotherapy and chemotherapy. She got very weak and left me in May, 2009; my heartache was beyond words.

This was the experience which I could never forget. Seven years ago, my wife pulled me out of my illness with her persistent confidence; but several years later, I failed to steal her back from the hands of Death...this regret hourly reminds me to cherish my life more, and it becomes the strength to support me every single day. The passive and downcast part of me was gone, and I have learned her active and strong will when facing every difficulty.

Now, I have a little business of my own; although it is just an

ordinary shop, it is the support of my daughters and my life. Everything I have, including this moment when I can ponder normally and live a healthy life, is my wife to exchange with the love of her life, so I certainly know how I should cherish it.



**Please stand up
Move your feet
Set to music of your life**

The picture was provided by the painter,
Mrs. Chi Yu Lu, who is temporary lodging in US.

The war on cancer - Chinese medicine successful protocol

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